Primary problem: lack of functional independence

RB showed improvement with ambulation distance, long-distance ambulation to improved functional independence with transfers, level of assist, and activity tolerance, with improved posture and functional independence.

Feedback allowed RB to see his progress and provided continued motivation to continue achieving set goals.

Goals were modified and progressed based on performance and long-term functional goals. The focus was altered from long-distance ambulation to improved functional independence with transfers and ADLs.

Table 1. This table shows weekly goals and updates for RB’s 8-week treatment period. Although the initial goals were established, modification in goals were made towards the end of the treatment. Once RB was able to ambulate a household distance with assistance, we redirected our goals to focus on independent mobility. This modification was made to help accelerate RB’s discharge to a more independent assisted living facility.

References