

LIBRARY READER



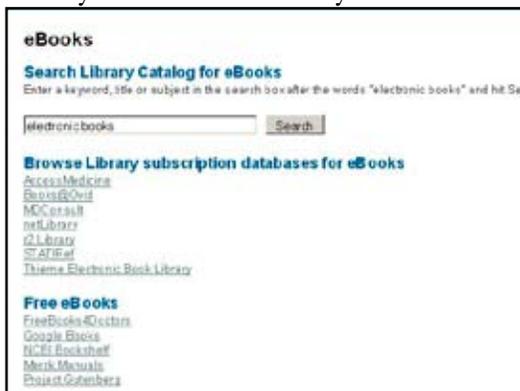
What's New in the Library? Expanded Hours! More study space! Improved website!

And more! UNE library Services is always working to improve your library experience while a member of the UNE community. Read about some of the big changes for this year:

Expanded Hours - *very* expanded hours! We are pleased and excited to announce that the Biddeford and Portland campus libraries will be open **24 hours 5 days a week**, Sunday through Thursday, beginning this fall term! Friday and Saturday hours will be slightly less. The plan is dependent upon having adequate student staffing overnight. Now you'll be able to count on having safe, resourceful study space when you need it. Physical and electronic library materials will be at your fingertips, as will computers, printers, and vending machines for snacks and drinks.

More Study Space - On the **Biddeford Campus**, the computer area on the main floor is expanded. Shelves were removed on all floors to make room for more tables and chairs and bring in more natural light. On the **Portland Campus**, in the reference area, tall bookshelves were removed and replaced with shorter and fewer ones, leaving room for more tables and chairs.

Improved Website - We have two new webpages. The **eBooks** page helps you quickly find electronic books in our catalog, or shows you where to browse our eBook collections. The **Suggestions** page is a way for you to give us feedback on what you think the library needs to make it better- including suggestions for a new book, movie or journal to purchase, ways to make the space more comfortable or the website more usable, or anything else you'd like to suggest.



New study space on the 2nd floor of Ketchum Library.



More study space in the reference area at Abplanalp Library.

Need some background info on a topic?

Start with:  **CREDO**reference
Smart Research Starts Here

Look for the icon on the library homepage, or find it under "Databases By Title" -- "C" -- Credo Reference. Encyclopedias, Dictionaries, Biographies and Quotations that you can cite with confidence!

STAFF PICK

Brought to you by Bethany Kenyon,
Library Access Services (Portland)



True Food: Eight Simple Steps to a Healthier You, by Annie B. Bond, Melissa Breyer, and Wendy Gordon. I tend to approach nutrition the same way I approach books about nutrition: with the best of intentions. Both my eating habits and my bedside table (where my in-progress books reside) can attest, however, that I seldom stick with my original plan. Imagine my surprise when I not only reached the final page of *True Food*, but also discovered that I'd been taking many of the suggestions to heart! Hello, fresh summer veggies, so long, processed foods! (Ok, not all processed foods, but still...) This book has many suggestions for not-too-difficult ways to incorporate good food practices into our lives, and the writing is so engaging that you'll barely realize you're learning to change habits. With tips on every page, related recipes, and simple suggestions, *True Food* makes a new approach to food easy.