Dean Hahn presents vision for UN-ECOM

BY MICHAEL CAMPINELL
Nor'easter Staff

On January 27, Dean Hahn, the new dean of the College of Osteopathic Medicine, announced his plan for the next five years of COM. His plans include reorganizing parts of the administration, increasing the class size from 125 students to 225 students, creating a scholarship fund of $1 million, and possibly creating a second COM campus either nationally or internationally.

Dean Hahn spoke for over an hour and addressed the many challenges COM is facing and how he would like to resolve these various issues.

In these areas he would like to improve are medical education, research and clinical challenges. Within each of these, are both internal and external challenges that the school must address in order to solve properly.

To resolve the medical education challenges, Dean Hahn would like to begin using more effective strategies for adult learning, increasing a need for accountability by using better assessment tools and to focus on shifting and changing health needs.

To solve the issues that COM is facing, Dean Hahn recognizes the issues of funding, examining regulatory

Please see HAHN, page 2

UNE sends Love for Haiti

BY MARISSA SIMEES
Nor'easter Staff

The earthquake that decimated the country of Haiti only twelve days into the New Year has sent shock waves around the globe. Here in Maine, more than one thousand miles to the north, the pain of the Haitian people has been felt and Mainers are digging deep into their pockets to see how they can help.

On January 23, students at the University of New England gathered together to develop an initiative to raise funds for Haiti. More than forty students and staff members attended a meeting held by Associate Dean of Students, Daryl Conte, in the Campus Center on the Biddeford Campus. There was an immediate outpouring of ideas as to how to raise the money.

At the meeting, one student suggested taking donations at already planned events like the annual “Lock In” or “The Drag Ball.” Another student recommended hosting an event in which local bands and musicians would be invited to come to campus, ticket sales would then go to Haiti. The final decision was that all of these ideas would be addressed in the near future but something more immediate was needed.

Because of the urgency of the situation, it was decided that the fundraiser needed to happen quickly. With the holiday of love, Valentine’s Day, right around the corner, the fundraiser was coined Love for Haiti. Valentine’s Day flowers are currently being sold to students and faculty; all the proceeds would go directly to the people of Haiti. A special twist was added to incentivize students to participate: Dean Conte has agreed to deliver flowers, on and off campus, dressed as Cupid for an additional charge.

Dining Services and Sodexo

Please see HAITI, page 2

Maine gubernatorial race starts off

BY MICHAEL CAMPINELL
Nor'easter Staff

The 2010 Maine gubernatorial election will take place on Tuesday November 2, 2010 and primary elections will take place in June of 2010. Currently there are 23 candidates trying to be elected for the position. The candidates range in skills, experience and in background. There are seven confirmed Democratic candidates, eight Republican candidates, two candidates from the Green party and six independents. There are also many potential candidates from each party.

The wide range of backgrounds is one of the most notable features of this election. Candidates range from business owners, one who is the mayor of Biddeford, past representatives of the past State Attorney General and a variety of others. Some are new to the politics race and others have decades of experience. Even the experience within those who have been in politics varies. Some have been involved in state politics while others have been restrained to local politics.

Although the numbers may seem high, this is fairly normal for a gubernatorial race. The 2002 election had 15 candidates, where current Governor John Baldacci was elected. In 2006, the field held 21 candidates.

The number of candidates

Please see GOV, page 2

UNE selects new VP of Student Affairs

BY BRIAN MULDOON
Nor'easter Staff

After 26 years of her service, Barbara Hazzard has retired from her duties as Vice President of Student Affairs and Dean of students and UNE has turned to Dr. Cynthia Blotten to fulfill her duties. Since her days as an undergraduate and graduate student at the University of South Carolina, Dr. Forest has spent her career working up the ranks of higher education. Starting off as an RA, Area Coordinator, and Director of Resident of Student Development, Dr. Forest has followed in the footsteps of her family having careers in education.

“I grew up in a family in education,” says Dr. Forest. “My father was a principal and I was always tagging along with him. My sister was a teacher, coach and assistant principal, her husband is a teacher, coach and assistant principal. Our dinner conversation was always about how to educate students on a

Please see FOREST, page 2
FOREST
CONTINUED FROM PAGE 1
Higher level and to I have it in my blood.
Dr. Forest spent the last five years of her extensive career start ing up a consulting firm working with institutions throughout the country and teaching classes at LaSalle College and Bay Path College. Before that, she spent 21 years at Framingham State University where she obtained numerous titles including Associate Dean and Dean of Students. During her time there, Dr. Forest took a sabbatical and received her Doctorate degree at Harvard University.
"It has been a fun ride, I have had a wonderful career so far and I look forward to my new experiences."

Now Dr. Forest joins UNE at a time where our campus is developing and shifting immensely.
"I enjoy the work and I enjoy all the resources and diversity of academic opportunities that a metropolitan campus has to offer. I am excited. I see UNE as a very exciting place because it is growing and changing and I love that. The president has recruited a very exciting team of deans and when I came I found people here really share my values of education and collaboration and inter professional connections and it felt like a great fit for me."

Dr. Forest looks forward to working with students and improving the UNE community, and has been very busy in her first few weeks here.
"I met with RAs and orientation staff on my first day and I am making myself available to staff. I want students to know that I am approachable and want students to know who I am, and I want to get to know them."
"I always say to myself 'never forget what it feels like to be a student.' We want to do everything we can to support students - student success is really what we care about."

Dr. Forest will be relying on student input to help develop ideas on how to improve the University and increase student engagement.
"We want to see our students graduate and ensure that they have all the available tools to do so. How are services align with what students need - student services, career services, and counseling services. These are areas that I will look at everything we are doing and make sure we are giving students everything they need to be successful."

Another COM student, who served at both meals, was excited and thought many of these students will be working with the rest of the nation.
"It is a high profile election, with both Brown and Blitzer fighting for Kennedy's coveted seat. The election drew national attention from all sides of the political spectrum. The end result stunned Republicans and Democrats alike, leaving the latter rather uneasy.

The last main issue Dean Hahn wanted to address was financial challenges. In order to solve this problem, he would like to reallocate and restructure University Health Care, the part of the University that had budgeting issues earlier this year.

Dr. Forest took a sabbatical and received her Doctorate degree at Harvard University.
"This is because your current established residency is in Maine. If you live on campus or live off campus, you are eligible to vote in Maine elections, since Maine is a "New Hampshire" state. In order to prove your residency is to bring a piece of official mail (government mail, something from the post office or something from the school) to the boards on Election Day. Although you will not be technically registered at this time, you can register within the next few weeks and the ballot you casted will count towards the election in which you are voting.

GOV
CONTINUED FROM PAGE 1
that is done between the various health profession schools. Since many of these students will be working together in the future, it is important to start building inter-professional relations early in education.

Dean Mark Hahn.
UNECOM Dean Mark Hahn.
also added for himself and his administration including clear goals, prompt and effective decision-making, open communication and accountability will go along with accountability.

He added, "Together, our goals will be reached by embracing both excellence and evolution in everything we do."

How are students reacting to the presentation by Dean Hahn? Liz Cavrollo, 2nd year med student and the remaining anonymous, said "Our goals sound very ambitious and I think many are excited to see that Dean Hahn can do for COM." This is an optimistic position.

Another COM student, who would not give her name, also thought the presentation was exciting and thought many of these students will be working with the rest of the nation.
"I think many are thinking and how we can improve." If you see Dr. Forest walking around campus, do not be hesitant to introduce yourself. She is very excited to meet new students and get to know as many people as possible. Her goals to make UNE a better institution should give every student confidence that they are receiving a once in a lifetime experience.

"It takes a different set of skills to create excellence than it does to maintain the status quo."
Barbara Swartzlander has been a librarian for over 23 years and she joined Ketchum Library at the University of New England in 1987. Barbara likes to walk on the beach, work out at the gym, and garden.

Her best favorite book is "the book she is reading now," as she enjoys all the books she reads. Barbara graduated with an MLS and MS/ED from Indiana University in Bloomington, Indiana, and now she is the Director of Reference Services in the Library.

Barbara Swartzlander, Cadence Atchinson in the reference office. Cadence graduated from Simon's Rock in Berkshire, Massachusetts. She worked in Vermont for two years and has been at Ketchum Library for four years.

Cadence likes to run as she says "I can run far, but not necessarily fast." She also enjoys traveling and gardening. Her favorite recent book is "Wonder Sport" by Melissa Bank.

To help students get as much information as possible, I interviewed Barbara and Cadence and asked them many questions about the services offered at UNE Library Services and the best ways students can take advantage of all the enormous information that is available. Collaboratively, Barbara and Cadence graciously answered all my questions.

Barbara Swartzlander and Cadence Atchinson work together to help students in the library.

Feature Spotlight: Barbara Swartzlander & Cadence Atchinson

BY CHEIKH SAAD SIDI HAIBA
Nor'easter Staff

Cheikh Saad Sidi Haiba: For a different viewpoint or support for two years and has been at England Libraries. Barbara and Cadence: it helps people get involved in the field of technology and networking.

We are trying to go more to Web 2.0. We are on Facebook and our name there is University of New England Libraries.

Please see LIBRARY, page 5

The Man, The Myth, The Brickster

BY STEVE SCRIVENER
Nor'easter Staff

In fact, Brendan is actively involved in the Gay Straight Allegiance (GSA) and fully supports homosexual rights. He says, "My stance is that homosexuality should have the same rights as heterosexuals and it's time to grow-up. This should be a non issue in America: Land of the Free."

Bugsy took an unorthodox road through high school which is considered normal in Massachussets, public school in rural Texas, then public high school back in MA. It's tough for him to analyze the transition from high school to college. But with his very optimistic attitude, he says that his time at UNE has been a blast so far.

When he's not BBMing, packing a hamper, or creepin' on Facebook, Brickley enjoys watching some of his favorite movies such as Goodfellas, Scarface, Confessions of a Shopaholic, and The Notebook. He says that the highlight of his freshmen year has been that he is the first of his grandmother's grandchildren to attend college. His favorite movie quote is, "Fighting for peace is like screwing for virginity," by George Carlin.

As a final note, when asked about hometown, Brendan said, "I do want to have kids someday, later on in life. But I'm not ready to even start thinking about settling down. However, I do think I will make a good father, especially since I've made a great role model to follow. I don't know if I want a girl though, that would be too much work."

Staff Spotlight: Barbara Swartzlander & Cadence Atchinson

BY CHEIKH SAAD SIDI HAIBA, NOR'EASTER NEWS

Cheikh Saad Sidi Haiba: If a student is having trouble finding a book or an article, where should they go? Barbara and Cadence: If someone is having trouble, the website has help, and different reference Librarians can be contacted. Students should also come and see us in the Reference Office for further assistance. We will walk them through the steps needed to find a trusted source of information.

If you don't know more, you don't know. If you don't know more, you don't know. If you don't know more, you don't know. If you don't know more, you don't know.

Cheikh Saad Sidi Haiba: What do you think about Web 2.0? Barbara and Cadence: it helps people get involved in the field of technology and networking.

If you don't think you can start thinking about settling down, you're not ready to even start thinking. Brendan is doing great in his freshmen year. He graduated. I gave him respect because he rocked it all year long. He never seen anyone support the Saints, but I know I will go to and it's going to tick me right off.

It's not just the fact that people are lying to us, and more importantly lying to themselves when they start thinking about settling down. But I'm not ready to even start thinking. Brendan is doing great in his freshmen year. He graduated. I gave him respect because he rocked it all year long. He never seen anyone support the Saints, but I know I will go to and it's going to tick me right off.

Cheikh Saad Sidi Haiba: Are special classes available for new students? Barbara and Cadence: Any student can come in for help anytime. We offer instruction sessions for all Bio-104 classes and any professor is welcome to come in and schedule an instruction session for their classes.

Cheikh Saad Sidi Haiba: What do you think about Web 2.0? Barbara and Cadence: it helps people get involved in the field of technology and networking. People will try to defend their new found stature of the NFL by getting in huge arguments claiming that they called the Superbowl winner in week one and that they knew it all along. I guarantee no matter who you watch the game with you will hear the line "I've been a fan of the (insert winning team name here) for a long time" or some variation of that.

It is only natural to pick one team to root for during the game, but that does not mean that they are "your" team after that Sunday. For instance, I am rooting for the Saints on February 7th. Partially because I hate Peyton Manning and most things associated with the Colts organization, partially because the city of New Orleans has a deep passion for their football team. But my rooting for the black and gold has absolutely nothing to do with me being a Saints fan. I was actually rooting against the Saints throughout most of the season—call me a hypocrite, but I hate the Colts too much to have even a ounce of me want to see them hoist up the Lombardi trophy.

So go out, buy your beer, eat your bratwurst, stay in that recliner all day, and enjoy the football game (it really should be a fan party). But on February 8th if you all of the sudden have some brand spanking new NFL Superbowl XLIV Superbowl Championship trophy. There is only one person you are kidding is yourself.
Anour Majid. If you don’t believe "ies," is the place where students are, who to ask, and what was pouring. I am so grateful that and I spent many nights just waiting. For example, Dan Rothermel, PhD carefully walked me through with Donna Gaspar Jarvis, the don’t have to expose new students to life at UNE in the fall of 2009. Rangapriya Rayasekar is from India, the largest democracy in the world, India is large occupying 1.269,210 square miles, and is second only to China in population with around 1.2 billion people. Rangapriya has been studying at the Biddeford Campus for one semester, and she finds her first experience at UNE "a very easy going and enjoyable experience and one that will last long. Just like other students, in cluding me, Rangapriya appreciates the services the LIC is offering to students. Despite the fact that the learning process is more productive when the number of students is small, she thinks that she would be happier if there were more students in each class. She is happy with the flexibility of the education system that allows students to change their majors and minors at will. Rangapriya praises all the efforts made by Donna Gaspar to bring everything together, to help Americans and International students," as she spends a considerable amount of time in the Multicultural Lounge. Over all, while the number of International students at UNE is small in both absolute terms and in relation to the total student body, it seems to be growing, and the experience for those students has been a positive one. Cambodia, located in South- east Asia, is about the size of Missouri (69,898 square miles) and is the home of approximately 15 millions, 93% of whom are Buddhist. Bud was a student at the Royal University of Phnom Penh, in the Institute of Foreign Language, and he appreciates that most teachers at an UNE; or at least those he has met, are PhD holders. He says that "teachers here are easier to communicate with, and their office hours are extremely helpful because I get to spend some one-on-one time with them so I make sure I can understand what I couldn’t in class. As an Education major, Bud spends some of his time just talking to his American colleagues about English, Education and he really appreciates that he’s been allowed to choose what he wants to study at UNE. Rangapriya Rayasekar is from India, the largest democracy in the world. In India, large occupying 1,269,210 square miles, and is second only to China in population with around 1.2 billion people. Rangapriya has been studying at the Biddeford Campus for one semester, and she finds her first experience at UNE "a very easy going and enjoyable experience and one that will last long. Just like other students, including me, Rangapriya appreciates the services the LIC is offering to students. 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BARBARA SAID SIDI HAIJA: What do you do when somebody asks you a question you don't know the answer to?

Barbara: I will help them navigate databases and resources to find an answer. If we can't locate an answer, I can refer them to another person who may be able to help them.

Cedence: I try and find it. I can rarely find an answer to one international question, trying to find an answer for someone. I had to call all over the place: Poison Control, Department of Health and Human Services, and other places until I got a good answer.

BARBARA SAID SIDI HAIJA: What is the biggest challenge you encounter every day?

Barbara and Cedence: We have a lot to offer and always looking for new ways and new resources to help students out. The UNE Library Services webpage offers resources worth over a million dollars!

MC CENTER
Continued from Page 3

Organizations
The Multicultural Center Lounge in Decary Hall

The Multicultural Center is part of the Student Union Programs and Services at UNE.

The Multicultural Center Lounge in Decary Hall is open and has seen the space change and expand. Sometimes it appears that students feel intimidated to come in.

The Lounge is also open to clubs and organizations and other groups and have seen the space change and expand. Sometimes it appears that students feel intimidated to come in because it says Multicultural/LGBTQ on the door, but they shouldn't. It is a place where everyone is welcome.

The lounge is also open to clubs and organizations and other groups.

SLOVAKIA
Continued from Page 2

Organizations
The Slovaks are a very proud nation. They are grateful for their high mountains, the Tatry, which has a summit of 8641 feet. Additionally, Slovakia is known for its beautiful women, traditional goat cheese called "Bryndza," and of course for the great hockey. Currently, Slovakia has 18 active NHL players. Most notably of them is Marian Gaborik, who is leading the league in goals scored. Over the course of the years there have been as many as 79 players from Slovakia in the National Hockey League, which is very impressive for such a small nation.

However, the Slovaks are not only successful in producing great sport icons. Many famous artists, actors, and singers such as Andy Warhol, Paul Newman, John Malkovich, Paul Simon, and even Angelina Jolie have their origins in Slovakia.

The Slovak people are very happy in spirit and tradition. They love to celebrate, and also enjoy drinking quite a bit. The most popular liquor is the so called "Slovka," which is a plum brand. Many Slovaks make homemade plum brand.

Other popular beverages are distilled out of pairs, cherries, apples, and juniper. All these liqueurs are some of the Slovaks finest specialties, and "Slovka" is particularly common when making vacation in Slovakia.

Even though tourism has been rising in Slovakia, the country is not known for great tourist attractions in particular. Only about 30 percent of the population speaks English, which makes vacationing a bit harder for outsiders. However, if somebody is looking for a fun, cheap, shut down time, without seeing any world known sights, Slovakia is the perfect place to travel.

BIDDEFORD POLICE BLOTTER

1/19/2010
UNE employee backed a UNE vehicle into a student walking.

1/21/2010
Student reports being assaulted by roommate in Padua Hall

1/23/2010

1/24/2010
Assisted Area Coordinator to provide medical attention for intoxicated student in Avila Hall.

1/29/2010
Assisted intoxicated student transport to hospital.

1/31/2010
Responded to Avila Hall for reported suspicion of drugs.

1/31/2010
There was loud music and noises while patrolling East Hall at 4:20 in the morning.

2/1/2010
Received call from Housing about a physical altercation that occurred between two females in Featherman Hall.

NORTHEAST NEWS FEATURES

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Continued from Page 2

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NORTHEAST NEWS FEATURES

SLOVAKIA
Continued from Page 2

Organizations
The Slovaks are a very proud nation. They are grateful for their high mountains, the Tatry, which has a summit of 8641 feet. Additionally, Slovakia is known for its beautiful women, traditional goat cheese called "Bryndza," and of course for the great hockey. Currently, Slovakia has 18 active NHL players. Most notably of them is Marian Gaborik, who is leading the league in goals scored. Over the course of the years there have been as many as 79 players from Slovakia in the National Hockey League, which is very impressive for such a small nation.

However, the Slovaks are not only successful in producing great sport icons. Many famous artists, actors, and singers such as Andy Warhol, Paul Newman, John Malkovich, Paul Simon, and even Angelina Jolie have their origins in Slovakia.

The Slovak people are very happy in spirit and tradition. They love to celebrate, and also enjoy drinking quite a bit. The most popular liquor is the so called "Slovka," which is a plum brand. Many Slovaks make homemade plum brand.

Other popular beverages are distilled out of pairs, cherries, apples, and juniper. All these liqueurs are some of the Slovaks finest specialties, and "Slovka" is particularly common when making vacation in Slovakia.

Even though tourism has been rising in Slovakia, the country is not known for great tourist attractions in particular. Only about 30 percent of the population speaks English, which makes vacationing a bit harder for outsiders. However, if somebody is looking for a fun, cheap, shut down time, without seeing any world known sights, Slovakia is the perfect place to travel.

BIDDEFORD POLICE BLOTTER

1/19/2010
UNE employee backed a UNE vehicle into a student walking.

1/21/2010
Student reports being assaulted by roommate in Padua Hall

1/23/2010

1/24/2010
Assisted Area Coordinator to provide medical attention for intoxicated student in Avila Hall.

1/29/2010
Assisted intoxicated student transport to hospital.

1/31/2010
Responded to Avila Hall for reported suspicion of drugs.

1/31/2010
There was loud music and noises while patrolling East Hall at 4:20 in the morning.

2/1/2010
Received call from Housing about a physical altercation that occurred between two females in Featherman Hall.
Ode to a Starling: A poem

BY TRAVIS SMITH
Nor'easter Staff

I rose from shudder late one foggy morn,
Unmindful of the trauma you had borne,
To see your frantic, fevered, frightened form
Where you had taken refuge from the storm.

You dodged and weaved and heeded not the
Unmindful of the trauma you had borne,
Slightly surprised when I walked
slightly surprised when I walked
seats. Two years ago, both the up­
tour once again made a stop at
Firstly,
Tour fourth season. Each
Firstly,
Four members:Justin and Ryan (the
Firstly,
The band performed a list of songs
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and has been playing for over ten
Firstly,
and Todd (the DJ). The band is
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The best of the decade

BY ALEX RUBIN
Nor'easter Staff

Artists: From Country to Rock and Roll, these artists all had their highlights in the past decade. While some have been around since the beginning, and others just arose, all these artists will be remembered for what they gave in the last 10 years.

Lady Gaga
Taylor Swift
Red Hot Chili Peppers
The Killers
Green Day
Dave Matthews Band
Jack Johnson
Bowling for Soup
Shinedown
Nickelback

Album: These albums hit top seller lists and brought the music of the decade to teens and adults alike.

“No line on the Horizon” (U2)
“Transatlantism” (Death Cab for Cutie)
“Elephant” (The White Stripes)
“Love and Theft” (Bob Dylan)
“American Idiot” (Green Day)
“Fearless” (Taylor Swift)
“No Strings Attached” (NSYNC)

Books into Movies: There seems to be a theme going on in the past decade. Some of the greatest books of all time have been made into movies. Some argue that a movie can never live up to the book, but others believed that the producers of these movies did an excellent job of re-creating the wonders found in these extraordinary books.

Harry Potter
Twilight
Chronicles of Narnia
Lord of the Rings
Where the Wild Things Are
Da Vinci Code & Angels and Demons

Movie: The movie itself says it all about why these are some of the best of the decade.

Dark Night
Slum Dog Millionaire
Iron Man
Million Dollar Baby
Children of Men

Shooter
P.S. I Love You
Greaser
The Notebook
Horror Movies: These scary films have imprinted people’s minds this last decade, and they will continue to scare the next generation, and the next.

Saw Series
The Ring
The Grudge
The Orphan

Disney Movies: No one thought Disney could put out better movies than the classics, but they managed to surprise us with these movies of the last decade.

Wall-E
Up
Finding Nemo
Princess and the Frog
Shrek

Song: These songs played on people’s radios throughout the past ten years, and they will continue to be sung and heard for years to come.

“Hey ya” (Outkast)
“Can’t Help Myself” (Taylor Swift)
“Rehab” (Amy Winehouse)

Technology: Technology has gone from the huge screen desktop only some households had in the 90’s to having your computer, cell phone, and music all on one device. Here’s some of the technology we’ve come up with since the 90’s.

Ipods
Computers/Laptops
Cell Phones
Flat Screen TVs
X-box Play Station and Wii DVDs
Smart Cars
Digital Cameras
Touch Screen

Sport Highlights/Upsets: For all those sports fans, here’s some moments to remember within the past ten years.

Michael Phelps
Lance Armstrong
Boston Red Sox Win World Series in 2004
Patriots beat Rams in Super Bowl XXXVI
NFL Cancels 2004-2005 season

Celebrity Make up and Break Ups: What would all the magazines have to talk about without the celebrity make-ups and break-ups? Here’s some of the biggest couples, or should I say ex-couples of the past decade.

Jon and Kate
Brittney Spears
Angelina Jolie and Billy Bob Thornton and Brad Pitt and Jennifer Aniston
Rihanna and Chris Brown
Nicole Kidman and Tom Cruise
Jessica Simpson and Nick Lachey

Deaths: May these people rest in peace, and be remembered for what they gave to us.

Farrah Fawcet
Steve Irwin
Patrick Swayze
Bernie Mac
Pope John Paul II
Brittney Murphy
Anna Nicole Smith
Steve Irwin
Christopher Reeve
Farrah Fawcet

Art: The following women will be remembered for the extraordinary roles they played in the movies of the last decade.

Meryl Streep
Julia Roberts
Angelina Jolie
Keira Knightley
Rachel McAdams

Website: While our technology grows everyday, these websites have brought people together from years ago, as well as all over the world.

Facebook
Twitter
MySpace
Ebay

Movie: What would the decade be without its video games?

Halo
GOW
Call of Duty
World of Warcraft
Guitar Hero

Technology has set a new standard for what video games will be like.

Video game: What would the decade be without its video games?

Halo
GOW

Readers: These movies were all fan favorites and help the government take unobtainable, a precious medal in which the name describes it perfectly. Luckily for the government, Jake is able to fill in for his brother’s shoes and he travels to

Please see AVATAR, page 2 of this issue.

For more see AVATAR, page 2 of this issue.

people, the Na’vi. While the two are studying the land, Jake gets separated from the group. Later that night, Jake once again nearly dies from a group of crazy dog like animals and Neytiri (Zoe Saldana), a Na’vi, comes to the rescue. Neytiri takes Jake to meet the king and queen who order him to learn the customs of the Na’vi. I’m going to stop the narration right here; after all, it wouldn’t be very fun if I ruin the ending! Overall, I think this movie was fantastic; however, I felt the story line was slightly predictable (although that didn’t stop me from griping my face when I thought certain characters were going to die). Although Avatar was written 15 years ago, James Cameron felt that the technology was not yet up to par and the movie needed to wait before being filmed. They spent four years filming and creating the movie, and it is definitely apparent. The special effects and 3-D animation is absolutely incredible and the innovative technology will set a new standard for all movies to follow. There is no doubt that this movie is a must see in IMAX 3-D... just be prepared for the lines!
“The Last Five Years” starring Beth Peters

BY ALYSSA FASTNACHT
Nor’ester Staff

This past semester UNE put on the musical “Gretce” at the Biddeford City Theater. Students in the show were lucky enough to work with our own East and West Area Coordinator, Beth Peters, as the vocal director.

Peters’ passion for singing and performing began in middle school, but truly took off during her high school years. Between taking voice lessons and being involved in the music department, she developed a love for the performing arts.

After high school, Peters went on to get her first degree in music education at the University of Maine where she learned that music was her passion, but not something she saw herself doing as a career. It’s the performing as opposed to teaching that really draws her in, so she decided to get her master’s degree in higher education. In her graduate year, Peters spent some time at UNE as an Orientation Intern, and is now in her second year as a full time Coordinator of Campus Programs.

With all of the work that comes with being an AC, Peters had doubts about finding the time to devote to such a rigorous rehearsal schedule. But with the support of the Office of Residental Education and Housing staff, she has been able to find the right balance. “Amanda [Beant] helps a lot. She gave me the CD and practices my lines with me because she knows the musical so well.”

Peters auditioned the last week of school before winter break. She received a call the next day asking her to return for callbacks, and the next thing she knew, she had the part. Rehearsals began on December 28, and were held three to four times per week. Acting opposite her is Cliff Faintigrossi, an actor from New York who just recently moved to Maine.

“The Last Five Years” debuted in Chicago in 2001. Written by Jason Robert Brown, it is the story of the past five years of one couple’s relationship through song. The only two characters in the show are Jamie Wellerstein, a writer, and Cathy Hyatt, a struggling actress. Cathy moves backwards through the relationship beginning with the fifth year, and Jamie starts with the first day they met. The two cross over in the third year, and sing the only duet.

Directed by Linda Studi-vant and Kevin Smith, the Musical Director, “The Last Five Years” is a relatable and captivating show with a bit of comedic flair. It is expected to be a great contemporary musical, which really appeals to the college-aged student. Peters remarks, “Even if you don’t have a musical background, you’ll enjoy it. The music is gorgeous. It’s what really attracted me to do this show.”

Mark Nahorney, who is the Director of Boards for Biddeford City Theater encouraged Peters to try out and get tickets to be sold at the Box Office in the Campus Center for students. With your ID tickets are $7 and $15 for faculty and staff. Performances are this weekend beginning Thurs­day, February 4-6 at 8:00 pm, and Saturday and Sunday, February 6-7 at 2:00 pm. “Of course family is obligated to come,” says Peters, “but the support of students is incredible.” For more information visit www.citytheater.org.

UNE prepares to say goodbye to Larissa Bonnet

BYJOCELYN KOLLER
Nor’ester Staff

Larissa Bonnet, Associate Director of Campus Programs for the Biddeford Campus of UNE, left Thursday, January 28 for a new position in Wyoming.

Bonnet worked in the Campus Center and for Off Campus Student Services. She was the Advisor of the Activities Program Board, as well as other clubs, organizations and departments. She also oversaw Event Support and the Main Office of the Campus Center.

Through her work with Off Campus Student Services, Bonnet wanted to give off-campus students the same access and experience to on-campus services, activities and events. She was a very prominent member of the UNE community, as she organized and helped run a number of programs and events on campus.

Bonnet has been a part of the UNE community for four-and-a-half years. She began her work as the Coordinator of Campus Programs, and was promoted after about two years to her position as Associate Director.

Bonnet received her Master’s Degree from the University of Colorado and is originally from Wyoming. She is returning to her home state to fill the position of Director of Campus Life at Sheridan College and be closer to her family.

Although Bonnet says she will probably not be returning to Maine or to UNE, due to the extensive move she is currently going through, she says she will miss it very much. Bonnet also expressed her love for working at UNE, and said that she was glad to have witnessed the University’s progression over the four years she spent on campus. She believed that UNE is a unique and ever-changing place, and that it will continue to be in years to come.

Bonnet says that she enjoyed all of the campus events she took part in, but especially remembers last years Recycled Percussion show, in which her and the fellow event staff worried over the safety of the Biddeford City Theater when the group began metal grinding (which was a fire hazard to the theater).

Although she had a rewarding experience UNE, Bonnet said “The opportunities in life are few and far between, and you have to take them when you come.”

As for who will fill Bonnet’s position, the University will begin a national search mostly likely toward the end of February, and possibly fill the position by the end of the semester. In the meantime, student workers along with Tim St. John and Mark Nahor­ney will combine to cover Bon­net’s position.

Tim St. John, Coordinator of Student Involvement and Ori­entation, who will be helping to fill Bonnet’s position, says of her leaving: “Larissa will be missed not only for her hard work and dedication to students at UNE, but for the person that she is. She has developed such close bonds with so many students, faculty, and staff throughout her years. We are all sad she is leaving, but are very excited for her as she moves onto another journey.”

The University of New Eng­land wishes Bonnet the best of luck in her future endeavors and will miss her helpful spirit around campus.

A special thank you to the following venues for helping to make our article possible:

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UNE students perform on stage with Recycled Percussions.

Beth Peters and Cliff Fantigrassi perform in The Last 5 Years.

What is it?

A uniquely shaped tree in the winter.

A puppy enjoys the winter cold.
Super Bowl preview

BY SEAN DOYLE
Northeast Staff

After a grueling 16 game regular season two teams stood atop the league as the "teams to beat", these two teams are the Indianapolis Colts of the AFC and the New Orleans Saints from the NFC. The Saints started the year 13-0 before suffering their first defeat, while the Colts went 14-0 before "losing" their first game.

Both teams have star studded rosters with playmakers on both the offensive and defensive side of the ball. Both have dominant quarterbacks who are capable of picking apart any defense in the league. The Colts and Saints took roads to the Super Bowl that were both arduous and long.

The Colts and Saints had very stellar regular seasons. The Colts finished 14-2, while the Saints finished 13-1.

Key Matchups. One of the most anticipated matchups will be between the two high powered offenses in particular between the starting quarterbacks of the game. Peyton Manning, who many see as the greatest of all time, versus Drew Brees, who is one of the top quarterbacks in the NFL. Brees and Manning will never physically trade blows on the field at the same time, but because of their intemet will to win they will be dealing each other.

In the regular season Manning won the MVP, but many considered Brees a worthy challenger to the crown. Manning threw for an outstanding 33 touchdowns, but he was one up on Brees, who threw for 34 TDs. Manning: 4,500 yards, and Brees: 4,300. Brees QB rating of 109.6 and Manning was 99.9. Brees bring these guys are good. In all of these categories the two are in the top three for the entire league, if not they are in the top five.

The next matchup to watch will be the Colts front four of pass rushers versus the Saints offensive line. The Colts' Dwight Freeney and Robert Mathis wreaked havoc on opposing passers this season accounting for 23 sacks together. The Saints offensive line back allowed just 20 sacks which was fourth in the league this past season. In this game something that could help devise the impressive passing attack of the Saints, will be the potential of keeping an extra tight end or back in to block the opposing pass rushes.

While the Saints defense is not particularly suffocating, or any other flattering adjective that is so commonly expressed when describing an NFL defense, it does force a lot of turnovers. While the Saints defense caused a league leading 39 turnovers. The Saints do have the ability to make the big play. But they are not facing any scrub of a quarterback. they are facing one of the game's absolute best in Manning, not to mention one of the best receiving corps in the league headed by Reggie Wayne, Dallas Clark, and Pierre Garcon.

A-Factors. For the Saints having a young man in their backfield by the name of Reggie Bush is huge, he is a long play waiting to happen. Tuckling Bush in the open field is about as easy as tackling a tornado. With "moves on more of moves", Bush can hurt defenders with jet power, quickness and other Ceteze like terminology. But he is not only danger on a sprint to the outside, he can burn a team on a punt return.

The bigger situation for the Saints is a little bit up in the air between Matt Stover and Adam Vinatieri. Stover was the primary leg man for the Colts knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom." On the other side for the black and gold, Matt Stover and Adam Vinatieri. Stover who was the primary leg man for the Saints knocked home 9-11 field goals this year in ten games, while Vinatieri put 7-9 through the uprights. While Vinatieri's postseason career is much stronger, "you got to dance with the girl you who took to the prom.

Spring into intramurals

BY SEAN DOYLE
Northeast Staff

Although the spring semester starts in January it is still called the spring semester oddly enough. With that said intramural activity will be blooming and blossoming during these winter months.

With the intervention of an ice rink in the river lot, students will be able to enjoy broomball and shinny, or in layman's terms, pond hockey, as well as other more traditional intramural games.

The newest and most exciting versions of extracurricular amateur sports will be broomball and pond hockey. Broomball, a "variation" of hockey, is played with teams of five and a goalie, players wear sneakers, and while wielding a broom, they will try to put the ball in the net. While pond hockey is similar to traditional hockey, the game will require teams to have a co-ed roster with two players of each sex on the ice at all times. All players will be required to wear their own skates and shinny pads which will be provided by UNE intramurals. Broomball should provide a nice alternative to hockey for those who are interested.

Pond hockey will also be played on the lot; on the lot formally known as "river". Teams will consist of five, but teams will not have a goalie. Again teams will be required to wear helmets with full face masks, pucks and goals will be provided but to play all combats will need their own sticks. All shots must be taken from the attacking side of the center ice. The nets will be reduced in size and there are specific rules about "net hanging" and goalie play. All sticks must be kept lower than the waist at all times, including on short attempts no slap shots will be allowed and penalties will result.

Registration deadlines for both broomball and hockey will have to be in by February 9.

As again in years past UNE will offer their traditional intramural sports, but will also offer some newer, odder sports, for instance table tennis, "netball" and dodgeball.

The registration is February 23 in the Fall the intramural program is really looking forwards to a good showing again this spring. Registration is due February 16.

In addition to these sports, UNE will offer indoor volleyball. After a strong showing back in the fall the intramural program is really looking forwards to a good showing again this spring. Registration is due February 16.

Rockcabbage and a one day indoor water polo tournament will be held for a different vibe. Not to mention much later when the snow melts and the mercury rises students can look forward to softball, wrestling, beach volleyball, and volleyball. This is the one time of the year that the weather will be hot this spring season even the temperatures are not.

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Basketball playoff push

BY AFREDIETTE
Nor'easter Staff

While everyone was at home finishing up breaks and getting ready for another semester, the men's basketball team was gearing up for conference play.

The players had to report back to school right after the New Year, and had a game against Bates College right away. After the loss against Bates, the team opened up TCCC play with a win against New England College. The team had a game three days later against conference foe Curry College, and lost in a nailbiter 91-86.

This semester the team returned with a very different look, contrary to what many people might remember before they left for break.

The team lost their senior and junior captains, Masahl Robinson and JF Roseman, along with the TCCC leading scorer sophomore Victor Oxenretus.

Coach Jason Mulligan went out and brought in two new transfers, first year player Keith Beasley and Anthony Coleman. The two have brought athleticism, energy and talent to the Nor'easters.

Coach Mulligan said, "Coleman gives us a dimension we have not had in my time here at UNE." Mulligan continued saying, "this length and jumping ability allow him to play above the rim. This added dimension will be fun to watch."

After the loss to Curry College, the Nor'easters have put together a 5 and 1 record in the conference and overall standing at 5-3 in TCCC play as of January 31st, and are in prime position for a strong push to the conference tournament.

The Nor'easters have six conference games remaining on their schedule with three of them on their home court. The Nor'easters are looking to keep their strong play up, in hopes of boasting as many games as possible at home during their playoff mix. With the conference play underway the expectations of the team are very high. After last year's amazing run to a conference championship and a 16-1 TCCC record, teams are definitely gunning for the Nor'easters.

Coach Mulligan said that the Nor'easter's had to feel very confident playing in both games and they had to play excellent to win both games. By focusing on their efforts in both games they were able to win both games.

Player of the week: Quentin Thompson

BY MATT PENET
Nor'easter Staff

Sporting a 7-9 overall record and a 3-2 conference record, the University of New England's quest to defend its conference title is off to a rocky start. After beating rival Southern Maine and then-ranked number eight in the nation UNH, the Nor'easters dropped six of their next seven games to fall to 3-7. They have won four of their last six since then, helped by the play of several players.

Sophomore Quentin "Q" Thompson has been one of those players.

Thompson has been effective for the Nor'asters playing as a forward due to the lack of true big men on the squad. Over the last four games, he has averaged 13.5 points and 8.5 rebounds per game. Of his thirty-four rebounds, sixteen have been off the offensive glass. Considering the fact Thompson is competing for the ball with opposing players who are usually bigger than him, this is even more impressive. For the season, Thompson is third on the team in scoring with 13.4 points per game and leads the team with 63 rebounds per game. He also is second on the team in assists.

Thompson is a great role model for young players. Listed at six feet three inches, he has to match-up with much taller players every game. He has grown out and succeeds every game. It never seems like he is trying too hard or is giving up. He hates to see loose balls, and physical under the hoop, and can run with anyone on fast breaks. There is always a focused look in his eyes during the game, nothing is going to distract him. It is hard not to admire his determination to succeed. Thompson has helped the Nor'asters get back on track after a rough start during a brutal non-conference schedule. The conference season is just getting into full swing, and with just three home games left this season the Nor'asters are going to need Thompson to be providing 110 percent in order to reach the title game once again. Best of luck to you and the team for the rest of the season Q, and we will see you in the conference title game.

UNE Hockey- Scott Mcmaman Q and A

BY HUGO MARGOC
Nor'easter Staff

Eight games before the end of the regular season, and the UNE hockey team is 1-1-5-0 so far. The record is not very impressive at the first glance; however, one has to take into consideration that this is UNE's first season in the highly competitive NCAA D3 ECAC East hockey league.

The building process of a successful team takes a few years, and the Nor'asters are taking the first step into the right direction. We all have our own opinions about the success of the UNE hockey team. How do the players themselves think about their team and the life at the University of New England? The Nor'aster news talked with one of UNE's key forwards, sophomore forward from Amherst, New Hampshire, Scott Mcmanaman about his experience at UNE.

Q: UNE's record is not very impressive so far. How do you think your season has been going up to this point?

A: At this point I would like to thank everyone who supports our team and comes to the games, even if we have not won many games thus far. I am very happy to see the stands full of fans who have not given up on us. It is the most beautiful thing in the world to play hockey in front of a large crowd, and we are very fortunate to get to experience that here at UNE.

Q: What do you think about the fan support during the home games this season?

A: At this point I would like to thank everyone who supports our team and comes to the games, even if we have not won many games thus far. I am very happy to see the stands full of fans who have not given up on us. It is the most beautiful thing in the world to play hockey in front of a large crowd, and we are very fortunate to get to experience that here at UNE.

Q: With 575 feet and 170 pounds you are not one of the biggest guys in the game. How do you think your team came out of this experience at UNE?

A: Not really. My quickness and gritty style of play make up for my lack of size. So far, I have been a very effective player, and I think I have made up for my lack of size. It is a lot smaller school than STFX, and I really feel like I am a part of the community here at UNE. Everyone is very friendly, and I love the fact that, since it is such a small school, everyone knows each other. As far as the hockey goes, the level of play is very similar, however, college hockey in the States is more about speed and skill. In contrast, the Canadians tend to play a lot stronger.

This year you have been one of the leading scorers on the team. Currently you have six points in 16 games. Are you happy with your production, and do you think you can pick up some more points as the season goes on?

A: We are not a very offensive team. Goals are hard to come by in this league. We are getting many good opportunities. I definitely believe that with some luck and a couple of good bounces I can score some more goals, and that goes for the whole team.

Q: A lot of athletes have many different rituals before their games. Do you have any secrets for your success?

A: When I get ready before a game I always put my right gear on first. Also, not many people know this but for the last 10 years I have been listening to Mr. Jones by The Counting Crows before every game.

Q: Lastly, who has been your favorite hockey player growing up?

A: My favorite player always was though Jaromir Jagr. He is a very skilled play maker, and I have always admired his ability to set up plays and dazzle the crowd with unbelievable moves.

Thanks a lot Scott. Good luck for the remaining games of the season, and enjoy your time at UNE.

Join the Nor Easter News

Do you enjoy reading UNE's student newspaper? Would you like to see your name in print?

We are always looking for new dedicated and hardworking students to join the news team.

For more information, please contact Marissa Simeos

mimoses@une.edu

Sports 11

THURSDAY, FEBRUARY 4, 2010

Nor'easter Staff
Men's Basketball

January 5th, 2010
Bates College used 11-2 run during the second half to break open the game against the Nor'easters. The Bobcats pulled out a 73-60 non-conference win over the Nor'easters. Sophomore Victor Oroanya and Anthony Johnson, lead the team in points, with Oroanya netting 14, and Johnson 10. The first half had six ties, seven lead changes, before Bates closed out the half on a 13-5 run and stretched the lead to 30-21.

January 9th, 2010
Sophomore Victor Oroanya made 15 of 16 free throw attempts, on his way to a career high 26 points to lead the Nor'easters to their first win of the season, beating the Wolves 82-77. Anthony Coleman added 12 points for the Nor'easters . Junior Chas Rentrope came off the benchleaving 18 points and grabbing 8 rebounds. Marcus Winn scored 11 points and Chas Rentrope added 10 points.

January 12th, 2010
Curry College used a 22-3 run to erase a 15 point second half deficit, on its way to a 68-63 win. Sophomore Victor Oroanya lead the Nor'easters with 17 points. Classmate Marcus Winn connected on 5 of 6 three-pointers to finish with 15, and senior Macchale Robinson chipped in with 12. Sophomore Anthony Johnson posted a double double with 14 points and 11 rebounds.

January 16th, 2010
Sophomore Victor Oroanya scored 20 of his 25 points in the second half, which included 6 three pointers as the Nor'easters faced off against Colby College in TCCC play. Sophomore Victor Oroanya delivered a strong game in net, making 19 of 29 shots, as the Nor'easters improved their overall record to 7-9.

January 30th, 2010
The Nor'easters finished the game with a 15-5 run over the final 4 minutes of the game to come away with a 87-79 victory over TCCC play. Sophomore Victor Oroanya scored 20 points to lead the Nor'easters. Brown scored 15 points as Thompson recorded a double double, scoring 11 points and dishing out 10 rebounds.

February 2nd, 2010
Kyle MacLennan scored the only goal for the Nor'easters as the team fell to Colby College's men's hockey team 7-2. Colby scored 5 times in the first 5 minutes of the game, as they took the victory, and extending their unbeaten string to 10 games. The loss dropped the Nor'easters record to 1-12.

February 13th, 2010
Another easy victory for the Lady Nor'easters against Thomas College, bearing them 55-32. Senior Kate Diggins guided the Nor'easters with 14 rebounds while sophomore Kelley Paradis paced the team with 16 points and six rebounds.

February 16th, 2010
UNE pulled out a big win in this meet against Gordon, 133-84. Three of the UNE swimmers won two events each to help aid the team. Sophomore Lizzie Wearham won both her events, 100-yard freestyle and 100-yard butterfly.

February 17th, 2010
The Lady Nor'easters went 1-1 on the day winning against Norwich 98-22 and losing to Bates 48-88. Lizzie Wearham led the team with a first place finish in the 50-yard butterfly.

February 20th, 2010
UNE pulled out a big win in this meet against Gordon, 133-84. Three of the UNE swimmers won two events each to help aid the team. Sophomore Lizzie Wearham won both her events, 100-yard freestyle and 100-yard butterfly.
Haiti: A revelation of our true society

BY BRANDON HOTHAM
Nor'easter Staff

"News Flash: A 7.0 earthquake hits Haiti; Suddenly, America's are Driven to Care..." This fake news flash is all I can think of when I read, read, and reread the 45-year devastation that has occurred in the country of Haiti. How tragic? It really is an issue. I mean, this natural disaster has totally turned the country apart. Weeks later, news stories are talking about fixing up the nation and helping the country rebuild itself. Well, better be thankful that we stepped in, or knew who would have happened to this little country? I mean, before this earthquake Haiti was... wait. What was Haiti? Haiti was the poorest nation in the Western Hemisphere. Haiti is a country where 55% of its population lives below the international poverty line of $1.25 US a day. Haiti is a country where it's GDP per capita average annual growth rate has continued to decrease since 1970. Haiti is a place that is full of poverty and disease, at least when compared to America and most other countries in the Western Hemisphere. I sure am glad that it only took an earthquake to get my fellow Americans to help out.

I know, by this point (if you are still reading), I may have pissed you off. Let me say before I continue with my opinion, I'm not doubting or trying to take the attention away from the efforts that are going on to help Haiti. I mean, I couldn't take the attention away even if I wanted to. I have supported, and will continue to support, the efforts that are going on to help this country after this horrible natural disaster.

Honestly, though, it's face it. Let's be real. The media in America has taken away what the true intention should be. It has taken away the attention from the people and done what America always does best; it has made this disaster about itself. The news no longer talks about the devastation in Haiti without making it about America. The media focused on this disaster is always about what "America is doing." It's "America can help." It's "Never about the people and the issue. The focus, or subject, is our country. Why? So that we can feel better about ourselves? Big tough America steps in and saves the poorest country on the western side of the world. Oh, we are so great! Go us!

A year's time

BY HARVEY O'CONNOR
Nor'easter Staff

It's been one year since Obama took office. One year, and apparently Obama's presidency is already over, say some. Accord­ ing to a slew of talking heads, he's ruined (the already ruined) economy, failed to force a health-care bill (that proposed to refor­ m a corrupt system), and is prepar­ing to sell our souls to China in exchange for a few trink­ e t s . Apparently, in only a year's time, Obama has stolen our hope for change, and strives to... what? What, now, they say? They don't know. What concerns me most are the many Americans who voted Obama into office who now, when asked, will now tell you they feel as though they wanted their vote. Somehow, or another, they are convinced that Obama is ruining America. He's as old as a barely flintstone-era baby—bubbling baby—even still—some are saying his policies have failed and his words are predictably far. Grandiose backing, but no longer has that new-car scent of freshness, but I think the naysayers are a bit preemptive in their projections. I don't think anyone in this State of the Union Address this past week, "change has not come fast enough." I realize Obama won—he has hundreds of millions of Americans who are unemployed, underinsured, or otherwise in dire straits—he's gracious in that way. But I have a prediction that many of those who feel change isn't happening swiftly enough are most likely some of the very same people who racked up thousands of dollars in credit card debt, purchased a home they knew they couldn't afford, and/or bought a vehicle whose gas habit exceeded budget constraints. Accountability—it's a funny thing. But this gets glossed over.

At the beginning of each day—I can hypothesize—Obama meets with one advisor after the other. He's told of the countless Americans without jobs. He's briefed on the status of Iraq and the re-emerging war in Afghan­ istan. He hears of figures and data and statistics—all concerning our well-being and overall prosperity. He has to make decisions, swiftly but with care. He must consider the Right, the Left, and the plausible responses of America's citizens. He must act as a globally minded leader while striving to maintain America's (fake) ranking as supreme power. Global Warming, Terrorism, Poverty, Hauger. Global Catastro­ phy, etc. It's a lonely life he inherit­ ed. But he's not at his ranch on vacation, or boning an intern. At least he's working. He's meant to have co-workers; other self-motivated civil servants of justice and progress, but they seem to be engaged in a juvenile schoolyard war of sorts. The Right is hell-bent on block­ ing anything Obama sets out to achieve—no matter whether or not they inherently agree. On principle, they will not vote for his bills or support him in the Senate. The Left—well, those bastards would like to be just as narrowed and just as dense. The Left, if they are to achieve anything with their majority and presidency, must not allow some balls and stop exchanging away everything that was once hoped for. But when they do ac­ tually get something, what? They may be too weak to stand up for the wrong sorts of things. They appear to be convinced that the perfect society exists within a literary or philosophical infer­ ence—hearing false past.
What I wish I knew as a first year

BY ELEMINE EMERY
Nor'easter Staff

Welcome back for the spring semester (even if you're coming from spring outside). I'm going to continue my column this semester for the avid readers... which I'm hoping is a few of you. I want to discuss the majors and the people that I beg to read it (Haha). So far, I have given some academic advice and social advice, but I'd really like to be more specific for each of your different interests. I talked to a variety of upperclassmen to get some advice about a lot of the majors here at UNE.

I will be going to the Physician Assistant School on the Westbrook campus in June, so I figured I would start with advice about the medical biology, pre-PA major. There is a huge variety of things you can do as a pre-PA major is a huge variety of things you can do as a PA. What I wish I knew as a first year

"Being an occupational therapist is a very specialized profession and if you choose it, it should be something you genuinely care about doing." -Katie Brems

"The classes at first don't really seem very important, but once you get into junior year, you really start to get into the things that you will need to know for your professional future." -Jamie Hoffman

Psychology

"Don't be discouraged about being a psychology major in a school that's primarily science based. Although it's a smaller program, it's well established with a great team of professors." -Audrey Coan

"The most interesting classes offered at UNE for a psychology major is becoming a more popular route for many companies and businesses and there are serious consequences for violating these policies. The trend is growing for many schools, businesses, companies, and even public places (i.e. bars, beaches, state parks, etc) to create smoke or even tobacco free zones." -Christina Perazio

Business

"I would suggest students take statistics and quantitative reasoning during their freshman year. In addition, I would urge them to get involved as a treasurer or some other type of leadership position because businesses really love to see that type of initiative with a potential employee." -Ahmed "medmed" Ellakdy

Marine Biology

"Get involved on campus with clubs pertaining to your major and establish relationships with the professors. It's always good to have connections with professionals when it comes time to apply to graduate school or internships, and research." -Perri Fine

Aquaculture and Aquaculture (and the Work Environment)

"Get involved early on. It may seem geeky to be in the aquarium club but it will benefit you later." -Nicole Greenwood

Art Education

"Do a double major because you will definitely have time and make sure you're patient because all art classes are 3 hours long. Also, even though this is primarily a science based school, there are some great artistic profs." -Anonymous

Psychobiology

"Don't be closed minded about your major. Everyone has a different type of learning style that will open your eyes to different ideas." -Michelle Franco

Letter to the editor

Thursday, February 4, 2010

Submitted by Meg Ladd, Department of Health & Wellness Education

In reading the most recent issue of the Nor'easter News I had a few comments regarding the article on page 14/15 about the tobacco policy that was written by Mike D'Apice.

I am a staff member here at UNE who sits on the Tobacco Committee. As a committee member, we are charged with a health policy, not a rights policy. Tobacco use has been shown to be the leading cause preventable death in the United States and furthermore "involuntary" exposure to secondhand smoke is one of the most serious public health threats facing the country. The author also mentions that the environment at college is meant to prepare students for life after school and the work environment as a whole. However, working in a to­

bacco-free/smoke free environment is becoming a more popular route for many companies and businesses and there are serious consequences for violating these policies. The trend is growing for many schools, businesses, companies, and even public places (i.e. bars, beaches, state parks, etc) to create smoke or even tobacco free zones.

I hope that when students talk about the proposal of a Tobacco Free UNE they understand the full scope of the issue. The policy is not taking away an individual right to smoke, it is creating a policy that protects the health of the people who choose UNE as their school or place of employment. Everyone has the right to smoke. If this policy is approved and implemented it would just change that one does not have the right to smoke on UNE grounds.
Ridiculous text book prices

BY ASHLEY POWNESKI
Norcester Staff

Ridiculous! di·dic·u·lous (adjective) completely unreasonable and not at all sensible or acceptable

As a junior at the University of New England I have learned to become more resourceful when it comes to textbook buying. I love UNE, even though it is pretty expensive. I'm sick of textbooks stealing what little I have left after five years of college.

After the stress of registration, final exams, grades, and paying the bill, buying textbooks is one of the things I dread the most. Freshman year I remember walking in with a list of my classes and trying to find all the books, nearly getting into fights for the last used copy and standing in the long line awaiting the demise of my checking account.

After five semesters here I have done almost everything but everything. I've gone a few semesters without buying books at all, turning to friends, the library and the learning center if needed to read, study, or answer questions. As I took more advanced classes, I had to purchase both a book and two. So, I bought them from various websites and friends. Buying from friends was good for a while because I was often willing to pay more than the bookstore would buy it back for, but still cheaper than they would sell it for. But soon enough, I get sick of the high prices as well.

I understand that it's not completely our campus store's fault for the high prices, on top of their profit margin there are publishers, authors, overhead and freight fees paid on every book. Publishers are known to release new editions after only rearranging chapters and adjusting the amount of new information. Sure I'm exaggerating here, but they have such a captive audience, we often have no choice but to purchase the new edition while our books from last semester are worthless.

There is also the dreaded shrink wrapped DVD/CD book and the "UNE special edition" which means there is no required text book.

Which brings me to my next point, for the books we can return, there is no excuse for extreme markup. Sure there is a little overhead: employees, bills etc. but the authors and publishers have already been paid, and there is no freight, we carried the books to them!

In my quest to avoid the campus bookstore and wasting money on a situation that is not only good for my wallet, but good for the environment too! I now rent my books from Chegg, com. There are many other websites you can rent from, but this one plants a tree for every book you rent or sell to them. I have not been disappointed by Chegg to write this article, I just believe in their philosophy: "Don't buy it.

Overall, renting leads to less waste and more money for whatever else you want to spend your hard earned cash on. I have never bought a textbook for the first semester I tried it, but it went flawlessly. You search for your books by title or ISBN. I usually search the ISBN, but that means you don't love each other as much on the other 364 days of the year? Has the true essence of what this day is supposed to signify been completely made over by societal plastic surgery and shiny pink cellophane?

Sure, back in the day, this holiday used to be fun when we were little kids and everyone got a Valentine in class to fill our homemade boxes with, because we had to include everybody. But, as we got older, and Industrial companies brainwashed us in our old age, the happiness that we all once felt was left to only those with another half. Not to seem bitter or angry against couples, but Valentine's Day deserves happiness and love, but has this day become one to make certain people feel super awesome and others to feel super awkward?

Maybe it's just me, but I think that we've forgotten what Valentine's Day is truly supposed to represent. It was never intended to be a day to exclude single people, nor is it a day to hate and curse for all eternity. February 14th should not be a day where couples skip around and frolic through the milk chocolate flowers, or a day where teenage girls or middle-aged women ban together for a giant ex-boyfriend bash. It may be something minute and trivial, but showing someone all the ways that you love them shouldn't involve a trip to the mall. It should be from your heart, not from your wallet. And it most definitely shouldn't be an exercise in fear or to just one person.

Expressing love should be an act that is carried out on a daily basis, for every person that you love; no gift tags, no wrapping paper, and no candy hearts necessary. Valentine's Day has been set aside to remind us to express our love for those people who make our lives better. Maybe the Wal-Marts and Targets of the world are going to try and cloud our judgment with pretty pink bows or shiny cubic zirconium things, but don't forget the true meaning of this day.

Now, for fear of seeming like I live in a candy-covered universe where I eat Dandies and chase I love rainbows, I'm going to end this little love rant. However, tomorrow when you look at the calendar, don't count down the shopping days left till Valentine's Day, and don't count down the number of days till your least favorite day of the year. Forget about the gifts, the flowers, the little love notes that make even Cupid want to vomit, and just "be." I mean the word 'present' isn't in the word 'valentine,' and even though the word "vile" is, if you rearrange the letters, you can also spell "live," which is what Valentine's Day is really about.

That's my opinion, just something to think about.
SMMC Endorsed Community Involvement

12th Annual Mary’s Walk and Kerrymen Pub Road Race

Sunday, March 14th

Join more than 2,500 walkers and runners at this great event which raises funds for the Maine Cancer Foundation. To register for the SMMC Striders Team:

1. Go to www.maryswalk.org
2. Click on “Online registration”
3. Complete the online form and be sure to indicate “SMMC Striders Team”
4. All team members and their donations will be tracked through the website.

For more information, call Karen Chasse at SMMC (283-7238) or Denise Lasante at SMMC PrimeCare (282-9080 Ext. 1013).

Saco Community Garden

The Saco Community Garden (SCG) will be creating a garden following organic practices with affordable garden plots at Haley Park on King Street in Saco for growing healthy food and flowers. It is a place for people to rent a plot and garden for themselves. There is enough room for 48 individual plots in quality loam augmented with MOFGA certified organic compost. Onsite amenities will include: water hookups, garden shed, wheelbarrows and hand tools, on-street parking, and compost area. In addition, Master Gardeners can be contacted to assist those new to gardening as well as answer any gardening questions throughout the season.

Garden Plots Now Available!

Each rental plot is 10 feet by 10 feet. The annual fee is $25 for Saco residents and $30 for non-residents. Applications are now being accepted through May 31st. Saco residents will be given first priority up to March 1st, at which time plots will be rented on a first-come, first served basis regardless of residency. To review the guidelines and download a garden rental application, visit www.sacomaine.org/departments/parksrec/community_garden.shtml. You may also call 283-1025 for a Guidelines and Application Packet to be mailed to you.

Completed applications, with checks payable to "City of Saco" and "Saco Community Garden" in the memo line, can be mailed to: Saco Community Garden, c/o Margaret Mills, 168 Simpson Road, Saco, ME 04072.

Next SCAN Deadline: February 16 Release Date: March 5

SCAN is published the first Friday of each month. Please direct all requests to Editor Karen Chasse at 283-7238 or e-mail: info@smmc.org. Please write to us at Community Relations & Development, Southern Maine Medical Center, 1 Medical Center Drive, Biddeford, ME 04005, if you wish to have your name removed from our SCAN mailing list or our list to receive future fundraising solicitations supporting the Medical Center and its affiliates.