Resources


Researchers evaluate the effect of weight loss in preventing symptomatic knee osteoarthritis in women.


A study on the potential effects of weight loss on diabetes status and risk for development.


To create sufficient evidence to determine whether weight loss can be labeled as an effective treatment method of hypertensive patients, researchers created a randomized controlled trial.


In this study, researchers assess the results of the Trials of Hypertensive Prevention II. Specifically, they analyze the long-term effects of weight loss on hypertension.


The American Heart Association summarizes the relationship between obesity and a variety of concomitant diseases.


Researchers look into the relationship between adult weight loss and breast cancer risk among postmenopausal women.