UNE Expands Its Property

BY DANIELLE CROPLEY
Nor'easter Staff

UNE is an ever-changing institution whose dual-campus properties are ever-growing. As evidence of this property growth, the Biddeford campus purchased a 1.6 acre property next to the Welcome Cottage on Hills Beach Road, as of September 2010. According to Bill Bola, Vice President for Campus Services, the motivation to purchase this property is two-fold. On one hand, UNE is always looking for good opportunities to support the growth of its campuses and on the other, it is a Buyer’s market in today’s real-estate business, and since the opportunity presented itself, Bola and his team took advantage of said prospect.

Even though the motivations behind the purchase are solid, the current use of this newly acquired land and cottage is not yet determined. Bola says that he and his team are trying to find the best plan to execute in terms of what Please see EXPANSION, page 2.

Follow up on Harold Alfond Athletics Complex

BY DANIELLE CROPLEY
Nor'easter Staff

As of June 2011, the Harold Alfond Athletics Complex will be breaking ground at UNE. As proposed on December 10, 2010, UNE has plans to build, maintain, and use this new field house to reach all areas of campus including academic, intercollegiate, recreational, athletic, and various other needs. The status of this project is moving very quickly, says Bill Bola, Vice President of Campus Services; however, there is still a long way to go.

To recap on the events leading up to the plans for the Alfond Complex, a donation was made in the amount of $7 million by the Harold Alfond Foundation, which is to be matched (dollars for dollars) by UNE in approximately 20 months, according to Harley Knowles, Vice President of Institutional Advancement. Knowles

Please see FOLLOW UP, page 5.

World News

BY KATELYN KAULBACK
Nor'easter Staff

Israel Joining Sanction Against Iran

The Israeli government has decided that they will join the United States and Europe in joining international sanctions against Iran. This will ban all trade between Iran and Israel. Even though Israeli foreign ministry spokesman Yigal Palmor stated that there is no actual trading between the two countries occurring, there was nothing that specifically banned it either. This ban comes after rumors of Iran exporting nuclear warheads to occur. There was nothing that took action against Iran’s nuclear program. The United States and Europe in stated that there is no actual trade between Israel and Iran. This will ban all trade between the United States and Iran.

For a council of representatives to rewrite the constitution, the ability to either appoint a new president, or ask Mebazza to continue his presidency until the scheduled elections in the fall. Fouad Mebazza, UNE Associate Professor in Brazilian history, the students participated in multiple service projects around Brazil, including the communities of Ciudad Esperanza, Born Pasteur, and Currais Novos. The nuns of the Saint Joseph convent in Biddeford have a mission located in Natal, which is where the UNE students spent their first service day. Some of the projects included: painting houses in poor neighborhoods, working with community-based organizations, and playing with local children. The last days of the trip consisted of relaxing in the seaside town of Ponta Negra.

Due to the success of last year’s program, the Center for International Education is offering the Citizenship Seminar course again this summer. The Citizenship Seminar course is the
Recent Survey Initiative

BY CONSTANCE GIYNN
Nor'easter Staff

Over the past couple of years, UNE’s administration has been taking an aggressive 360 degree approach in meeting the students’ needs and wants. This has been accomplished through multiple assessments and surveys. These programs aim at assessing student expectations and better understanding why some students stay at UNE while others leave.

One of the first surveys students are assigned a metric for their first year of school, which has thus far proved to be very helpful.

Once in attendance at UNE, first-year students complete the MayWorks survey in the fall. MayWorks is an interactive assessment tool and determines elements such as level of confidence, concerns, and so on. The results display where some students are feeling vulnerable in relation to aspects such as finances, academics, and career path, and the findings allow the administrators to reach out and present different resources to help struggling students.

At a conference like NURDS, undergraduates are able to present their research and newest findings with peers and other faculty mentors. This NSF-supported conference promotes ‘scientific exploration through peer collaboration.’

Organized and run by a committee of undergraduate and graduate students, NURDS provides a comfortable environment for undergraduate students to present independent projects, honors theses, or senior thesis. Student research presentations include oral, poster, or ‘data blitz’ sessions before an audience of peers. The poster sessions offered on each day of the conference are a great place to see what others are so excited to be a part of and an opportunity to converse and make connections with fellow students. Since a majority of attendees plan to go graduate school, the conference entails future presentations at larger conferences, and NURDS is a great forum for practice.

During this year’s conference, students also have the opportunity to attend workshops organized by UNE students and faculty designed to provide attendees a first-hand experience in various fields of life science research. The workshops provide this year consisted of topics on coastal ocean observing systems, remote sensing for oceanographic applications, local intertidal fauna, seal necropsy, atomic force microscopy, and astronomy. These workshops tend to give conference attendees who participate time to relax, have fun, and in some cases get their hands dirty.

The NURDS 2011 conference acts as a great opportunity for undergraduate students to receive valuable feedback and network with peers and faculty from multiple universities. Also, it was a great learning experience for UNE students interested in becoming involved in undergraduate research projects who would like to attend graduate school in these disciplines. This symposium was held on the 2nd and 3rd floors of Allerd along with the Campus Center MPRs. The keynote address was given by Dr. Jeffrey M. Osborn, Dean of the School of Science and Professor of Biology at The College of New Rochelle, and Past President of the Council on Undergraduate Research (CUR) on Saturday March 4th at 3:15 pm in the Campus Center.

BRAZIL

CONTINUED FROM PAGE 1

fourth year theme of the university’s core requirements. This class option allows students to participate in a ten day study abroad program. This is a great opportunity for students who cannot afford a full semester abroad, or cannot give the time commit of a full semester. The trip will be led again this year by Dr. Paul Burlin, Professor of History. He has over fifteen years of experience with Brazil, and has previously taught there, and is fluent in Portuguese. Holly Haywood, Senior Multimedia Specialist, is filming and documenting the trip again as well.

The program is a partnership with the Universidade Federal do Rio Grande do Norte and the Natal chapter of the Partner of the Americas. The course begins on May 23rd, and runs until June 1st, but there will be two class meetings during the few weeks prior to departure. The class will again travel to Natal, Brazil, where they will take classes at the Federal University of Rio Grande do Norte. The trip itinerary will be very similar to last year’s trip.

The cost of the trip is $2,675, which includes round trip airfare from Boston to Natal, transportation within Brazil, one meal per day, tours of different cities, classes at the university, and two classes before the trip. Students will also be charged the summer tuition rate for one credit. It is suggested that students also budget $350 dollars for additional meals and for personal spending. A passport and visa are required for the trip, and are not included in this cost.

Typically, the Citizenship Seminar is taken by seniors, but all classes are encouraged to apply for this program. Space is limited, so pick up an application in the International Education Office as soon as possible. Small scholarships are also available to help defer the cost. For more information on this program and other study abroad opportunities, contact Trisha Mason or Brenda Larned in the International Education Office, or visit http://www.une.edu/international/abroad/ug/world. cfm.

EXPANSION

CONTINUED FROM PAGE 1

to use this property for. Right now, the square foot structure on the property, which is also under consideration at this time. Ideas presented thus far, are using this property not only to expand UNE’s waterfront access, but also as a possible site of entertainment, space, temporary academic housing, or a recreational dock or pier. At this point, it is not just Bola and his team that are responsible for this plan; they are simply the first part.

Once Bola and his team have set up their "strategic plan to maximize UNE's holdings and space available for student use" the terms and conditions surrounding their plan go on to be reviewed by committees, including Facilities all the way up to President Ripich. Either way, the land that now belongs to UNE will be one full of opportunities, such as more frontage of the Saco River, which can only continue to expand from this point on.

Bola said, "We have a strategic land acquisition where we're always looking for the right land at the right time to meet the progressive programming needs of UNE." With that said, Bola wants it to be known that students can look for finalized decisions by May, and implementation of said plans by next academic year. Bola knows it is important to constantly be aware of UNE's needs, and this property purchase is just one way to support that growth.

For a preliminary program and more information please visit the website: http://nurds.une.edu.

Organizing Committee - (Listed in Alphabetical Order)

Karan Couto
Daniel Crear
Joshua Dutton
Barbara Fortier
Markus Frederich, Ph.D.
Jennifer Harris
Gale Loechler
Chelsea Martin
Stephanie Podolaki
Ellen Shores
Travis Smith
Casey Toombs
Megan Wood

American Education Office as
Students Petition for an Indoor Track

BY ALEX RUBIN
Nor'easter Staff

Breaking ground for the Harold Alfond Athletic Complex is set to start in June of this year, but certain students are hoping that the plans are not yet set in stone.

Currently the building has plans for athletic and recreational facilities, food, office space, classrooms, and parking. Many students also thought there was a track going in, however, this concept is false. There are no current plans for an indoor track to be built inside the new complex. When this was brought to the attention of a few students, they decided to take action and let their voice be heard.

A petition is currently in progress for an indoor track to be included for the plans in the new field house being built on campus. The idea for the petition was thought up by a group of students from the men's and women's cross country team. They are not the only people who are interested in this addition however, "we had the thoughts of the community, faculty, staff, and other students in mind when proposing this," says team member, Kimberly Hentz. Once the petition was started, it was clear that more than just this group of individuals was in favor of a track to be put in.

Since the new facility is supposed to be a sports/activities complex, and is taking place of the current fitness center, it would be a great idea to have an indoor track in the building as well. The space would not only benefit all the sports teams, but anyone on campus interested in keeping up with their physical fitness. The track could also be used by faculty and staff, as well as rented out to community members and even high school teams in the area. It would also open up opportunities for additional intramural, club, and varsity sports, including the possibility for a track team in the future. It could also be beneficial to the health majors and profession on campus.

Some students are worried that their tuition may increase or that they will have to pay for it in some way, however, as said before, "Students should not expect any fee, rate, or tuition increases, because this is a structure that will improve the campus and more importantly the student population." With over 700 signatures on the first day from members of the UNE community, it is apparent that there is an overwhelming amount of people in favor for this addition. There would be no negative impact to anyone because the university already has plans for the costs, and the overall benefit to the UNE and surrounding communities is priceless.

The current indoor track in the campus center is simply not big enough to provide a safe, comfortable running environment for the number of students using it on a daily basis. Being in Maine in the wintertime makes it difficult for people to get outside and run or walk not only because of the cold weather, snow, and ice, but also the limited road availability. Local authorities have even had a problem with runners using the road because they were considered an obstruction to traffic. Providing a larger, more suitable, indoor track would allow everyone to have a safe and accommodating running environment.

The future of the track lies in your hands. Keep a lookout for USG meetings, petition signings, and other information sessions or events concerning the possibility of an indoor track being added to the Harold Alfond Athletic Complex.
Two Year Projection: Portland Campus

The Portland Campus.

BY ALYSSA FASTNACHT
Nor'easter Staff

As the University of New England’s Biddeford Campus has been experiencing rapid growth in front of our eyes, for the next two years and beyond, the Portland Campus will be doing just the same. Where the Biddeford Campus has grown in size, Portland is growing in its own integrity and personality.

The College of Dental Medicine is expecting its pioneer class of 40 students in the fall of 2012. The school is looking into a number of ways to offset the cost of renovations and equipment for the simulation labs on the Portland Campus, including looking for donors to name a “head” after themselves to be used in the labs. The heads will be models for the dental students to practice on.

In addition to the Dental School, the University will be introducing an accelerated 17-month BSM Nursing program starting in December of this year. This program is open to students with Bachelor's degrees in any field of study. The first class will have 18 spots available, but is expected to grow rapidly according to Dean for Enrollment Management, Karen Lucas.

Besides the two new programs, there are a few existing ones that are also growing, specifically the Social Work and Physician Assistant programs. Beyond traditional classes, the online population has also grown immensely. In order to accommodate for the increase of online students, UNE has hired a number of people to be resources for those students who are not on campus every day, and to help build the online student community.

Whether students are in graduate or professional programs, the increase in numbers will provide great opportunities for working in an interdisciplinary atmosphere. Graduates will leave UNE having already experienced working with professionals outside of their own scope of study and, therefore, be more well-rounded and marketable to future employers.

With this growth, the campus has been looking for unused areas to repurpose as classroom and student space. As the campus population is estimated to increase by 20% in the next two years, the extra room is necessary to accommodate for all of the students.

For example, Goddard Hall is being arranged in order to make room for two classrooms to hold 40 students each, and Alhambra Hall is also being renovated to be converted to more useful space. Special care is also being taken to maintain the historical integrity of all the buildings being worked on.

Lucas also spoke about the University’s interest in looking into purchasing real estate in the Stevens Avenue area in order to expand the campus. A few possible locations have been talked about in the past, but there are no definite plans as of yet. However, with the drastic changes in demographics on the Portland Campus, it wouldn’t be surprising if they decided to move forward with a purchase.

Where many schools have been looking for areas to cut back on, UNE has had incredible growth opportunities over the past few years and it doesn’t look like it will be stopping soon as the Portland Campus is really coming into its own. Both Lucas and Joanne Toone, Director of Integrated Marketing Strategies, added that the University is spending a lot of its time focusing on finding out what the needs of the population are.

Whether it’s a new style of dining for a primarily commuter school where students can grab lunch and dinner on the go or converting residence halls that may not be needed in the future to more functional office or classroom space, the Portland Campus is really creating an identity for itself and will continue to sculpt itself over the next couple of years.

An Increase in Students Brings an Increase in Learning Assistance Services

BY KYLIE GALLIANI
Nor'easter Staff

As both the Biddeford and Portland campuses continue to expand, the number of students continues to grow as well. As the student population increases, the student services should additionally increase in order to meet the greater needs of the students. One way the University has responded to this growth is by making adjustments in the Learning Assistance Center. The 2010-2011 academic year has brought in more staff members available to help students, as well as more times in the Learning Assistance Center. After evaluations of the previous year in the learning assistance department were made, the University received an allocation for an increased tutoring budget for both campuses. On the Biddeford campus, staff members focusing on science majors and students in the Pre-Pharmacy program have been added in response to the influx of students in those fields. The staff is able to aid students in areas of difficulty such as chemistry and physics, both required courses for some of the most abundant majors on campus. More times of availability have also been provided with the purpose of offering further opportunities for busy students.

On the Portland campus, four staff members were added to work both on campus and online to reach a broader selection of students. The University researched further into available technology, and began using them in terms of learning assistance. For example, the staff can now support students not only with direct service and tutoring, but also with online tutorials and even video-chat via Skype. By utilizing these services, a greater amount of students have access to assistance with their work—even when not on campus.

The past year has definitely been a year of growth and expansion on both campuses, and that growth will continue in the years ahead. The University evaluates its resources and services each year in order to assess the students’ academic needs are met. The Learning Assistance Center plays a large role in this process by working alongside students to discover the most abundant areas of difficulty and making adjustments accordingly. Not only are the staff and the peer tutors focused on helping students through areas of weakness, but they are also available to further strengthen present academic skills. The University is aware of growing student needs, and intends to continue providing as much academic assistance in the Learning Assistance Centers in both Biddeford and Portland as the campuses grow.

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03/01/11
- Caller reports that while he was out someone ripped the door off his basement. Caller reports that it appears no theft has occurred.
- Caller reporting that his wife, whom he is separated from, stole his credit card number and used it to buy insurance.

03/02/11
- Caller reports concern about a male subject standing near their door wearing a ski mask. He is also wearing a light colored puffy jacket. He has been getting in and out of a black Chevrole Blazer for the last 30 minutes and keeps pulling his ski mask on and off.
- Caller reporting a suspicious male and truck that keeps coming to the area.

03/03/11
- Caller reports neighboring house was taken from Padua Hall.
- Caller reports his neighborhood is being threatened with a hitchhiker who was outside his door yelling at them.
UNE Enrolls in RecycleMania, an Intercollegiate Waste Reduction Competition

BY LAUREN ENO AND RYAN KINGSTON
Nor’easter Staff

Between now and April 2nd, UNE will be participating in a waste-reduction competition called RecycleMania. The goal of this competition is for colleges around the country to reduce waste as much as possible, as well as to raise awareness of waste management options. This marks UNE’s second year being involved in the benchmark division of the competition. Each week, members of Earth’s E.C.O., the Environmental Interest Pod, and work study students in the Office of Sustainability, measure and submit the amounts of trash, recyclables, and redeemable bottles and cans to the RecycleMania website, allowing us to keep track of our progress.

RecycleMania started in 2001 as a waste-reduction competition between Ohio University and Miami University of Ohio. In the ten years that the competition has been running, participation has increased to more than 500 colleges and universities, several of which are located outside of the United States. This year, 630 schools are participating. The competition itself contains a few sub-competitions, ranging from reducing overall waste to having the best recycling rate per capita. In this way, even smaller schools have a chance of winning the competition division.

Reducing waste is important for many reasons. With less waste produced, less energy is spent carrying and disposing of waste products away for disposal. This also means a reduction in greenhouse gases, important in fighting climate change and reducing our school’s carbon footprint. In fact, involvement in the Waste Minimization competition of RecycleMania is one of the Tangible Actions of the American College and University Presidents’ Climate Commitment (ACUPCC). UNE signed on to this commitment in 2008 and is currently in the process of formulating an Action Plan to achieve carbon neutrality. Involvement in the competition is a small, but important, part of achieving the goals outlined in the ACUPCC. It is also noteworthy that our waste at UNE is sent to an incinerator in Biddeford, a source of air pollution and thermal pollution of the Saco River. Reducing waste at UNE is important not only for reducing our carbon footprint, but our overall environmental footprint in the community as well.

The best way for UNE students to get involved in the competition is to reduce the amount of waste leaving the university. Perhaps the simplest way to help reduce the amount of waste we produce is to reduce the amount of disposable materials we use, such as plastic cutlery, disposable water bottles, and the disposable cups provided in many on- and off-campus dining locations. If you are in charge of a club or organization, send emails out about events rather than posting posters to place around campus. You can also reduce waste by reusing the things you do buy instead of throwing them out or throwing them in a recycling bin. Write on both sides of a piece of paper, donate old books and clothes to places such as Goodwill, and use reusable shopping bags instead of plastic ones. Also, buying products in bulk not only reduces the amount of waste you produce, but is also often less expensive per serving than buying single-serving packs.

If you are not sold on the environmental benefits, there are financial incentives to reducing your waste as well. Very recently, Dining Services enacted a policy in which any student that uses a reusable mug for their drinks in on-campus dining locations saves twenty-five cents per cup. If you bring a reusable cup for your morning cup of coffee, you’ll save a few dollars a week. Many stores offer similar discounts if you use a reusable shopping bag.

Over the next few weeks, look for RecycleMania-related activities sponsored by UNE’s environmental groups, and don’t forget to recycle! Just remember that the Waste Minimization competition is not about putting more items in the green and blue bins. It’s about reducing the total weight of materials hauled off campus, whether they consist of cardboard, plastic, metal, or trash. So the best way to help? Buy less, reuse more.

For more information on RecycleMania, the ACUPCC, or UNE’s current environmental initiatives, check out these websites: www.recyclemania.org, www.presidentsclimatecommitment.org, and www.une.edu/sustainability. To get involved, contact Ryan Kingston at Rkingston@une.edu or Lauren Eno at Lenono@une.edu.

What Juniors and Seniors Should Be Doing this Time of Year

BY KATELYN KAULBACK
Nor’easter Staff

Are you a junior or senior thinking about what you should be doing after UNE? Are you a little confused or unsure of your future plans? Well, Jeff Nevers from Career Services has the answers for you!

Q: I’m a senior, and I’m waiting to hear back from the graduate programs I have applied to. What should I be doing in the meantime?

JN: This is interviewing season, so seniors need to perfect their interviewing skills by reviewing why they are right for the program and why it is right for them. We conduct mock interviews in Career Services, where we tape you and review your answers. It might sound painful, but it is really helpful. This is also the time to make alternate plans. Graduate school might not be happening for some, so they need a ‘Plan B.’ For seniors who get accepted to multiple schools this is decision time, where they can finally pick where they want to go based on who chose them.

Q: I’m graduating, but I do not want to attend graduate school. What should I be doing to prepare myself for the workforce?

JN: First, seniors need to be confident in their abilities and desires. Seniors really need to learn to sell themselves to employers. Under-stand what you can do for them. Come see me and I’ll show you how to “brand” yourself. Second, seniors need a game plan to determine where and how to look for jobs. Sometimes people can fall into when searching for jobs, so putting together a search strategy is paramount. Obviously a top-notch resume is important too. Get an interview suit. Determine which employers interest you. Determine what you can do for them. What are your skills and experiences that they can put to use? Practice writing cover letters. Step up the networking.

Q: I have specific questions about my future plans. Is there anyone on campus I can talk to?

JN: Come see me if you feel stuck or lost. I will put you on track and keep you busy. It doesn’t matter what your field or your goals are, the principles remain the same.
Dear Diva's Advice

BY ANONYMOUS

"DISCLAIMER: Nor'easter News is not responsible for any of the content in the Dear Diva Advice Column. Dear Diva, in some instances, is meant to be humorous. Please take her advice lightly." 

Hey! I'm back y'all! I know Spring Break is just around the corner for you outra control college kids. I've got a lot of questions lately about some possible Spring Break drama and issues. The Diva is here baby, let her help you out! 

"Dear Diva,
I have been working SO hard to lose that extra weight for Spring Break. I've been eating really healthy as of late, and I've been running and hitting the gym everyday for the past month! Although, I'm getting down to the wire and I'm not sure I'm going to make my goal... Do you have any last minute suggestions for me? Thanks, Needs to Fit Into New Bathing Suit."

Dear Needs-to-Fit,

"Dear Diva,
I'm not doing anything interesting or fun over Spring Break. All my friends are talking about traveling to far away places, particularly warm paradises. However, I will be stuck in the cold New England. Do you have any suggestions for things to do that are cost efficient? Seriously, Low On Funds."

Dear Low On Funds,

Of course! Baby! They don't call me the penny pincher for nothing! You're thinking too extravagantly. Who says you need to go away to some tropical paradise to enjoy your break. It's just that a break! So take one! It doesn't matter your location, sometimes diarrhea. Remember, INFLENZA is a respiratory illness. We have medicines that will help reduce your symptoms and help you get well faster. Rest and clear fluids are vitally important.

IF YOU HAVE INFLENZA come to the Student Health Center or see your primary care provider. Keep to yourself as much as possible, stay away from public areas and stay in and stay bed. Fever reducers like ibuprofen or Tylenol may help you to feel better and reduce the severity of your illness. If you do become ill, come to the Student Health Center or go see your Primary Care Provider. How to tell if you have INFLENZA: Fever, body aches, and a hacking cough are the biggest signs, sometimes a sore throat, or nausea and vomiting.

According to Scrib

Student Health Corner: INFLENZA Is Here!

BY CHERRY BAKER MSN, FNP-
Nor'easter Contributor

The first cases of influenza have hit the UNE Biddeford Campus. Beware of the simple things you can do to prevent getting INFLENZA. Avoid contact with others that are sick especially if they are coughing. Wash your hands; A LOT! Get vaccinated, we still have lots of Flu Shots and it is not too late to get one. Get plenty of rest and sleep. Eat a healthy diet. If you do become ill, come to the Student Health Center or go see your Primary Care Provider. How to tell if you have INFLENZA: Fever, body aches, and a hacking cough are the biggest signs, sometimes a sore throat, or nausea and vomiting.

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Professors Say the Darndest Things

BY LAURA CARTER
Nor'ester Staff

This semester is almost half over. I’ll say it again…this semester is almost HALF over. It is crazy to think about, it feels like just yesterday we were all returning from winter break and just beginning our semesters. With the snow days, it prevented the grind of the actual start of the semester—but alas—that was short lived and now, as you can clearly see the snow is beginning to melt, and the sun is beaming rays of warmth on our lovely section of Biddeford. Valentine’s day has passed, and the mole or gopher or some other form of marsupial has told us its fate in regards to weather. Soon it will be March; then soon it will be April. Professors, in the meantime, have been piling up the work—and throwing exam after exam directly into our faces. Of course that is what we pay them for, and at least they say some clever things in the meantime…here’s my week in quotes, because my professors say the darndest things...

- “Don’t expect fireworks, I’m not that good.”
- “I want to be provocative, but not crazy.”
- “Being a cartographer is no joke.”
- “You don’t procreate with people you hate, that’s just not comically harmonious.”

Professors Say the Darndest Things!

As students we spend hours upon hours in the classroom, listening to our professors lecture on about what we need to know. At any point during these hours have you thought to yourself that you just couldn’t believe what came out of your professor’s mouth? Often times do you find yourself wondering how exactly what they said was relevant to the lecture? If you said yes to at least one of these questions…It is likely that your professors say the darndest things and you should write down these random and obscure things and send them into hours@une.edu. By doing so, your anonymous professor quote could appear in the next Professors Say the Darndest Things in the upcoming issue of Nor’ester News. Don’t pass up the chance to share something funny that your professor said; these things are priceless.

Professors Say the Darndest Things!

BY HILLARY ROZENAS
Nor’ester Staff

Children laughing as the sound of their skates skitter and the freshly brushed ice. Music playing overhead at families and friends gather for a day of exercise and fun. What better way for college students to enjoy the last few weeks of winter than an affordable day skiing with friends, or a romantic night away from campus life? The Westbrook Skating Rink, conveniently located on Pool Street and only minutes from campus, is where students can enjoy this local experience. The family friendly environment is a great escape for college students at UNE. Students, faculty and staff drive by this venue every day, yet those that stop are the only ones able to discover the recreation that it has to offer. Local businesses such as the skating rink rely on the UNE community in order to flourish. As seen throughout campus, UNE works closely with the community in order to provide local support. In turn, these businesses give back to the students and faculty by providing us with low budget entertainment. The rink is absolutely known to be one of these local amenities. They are constantly doing fundraisers for different clubs and organizations throughout the Biddeford/Saco area. Last year, UNE’s Habitat for Humanity club was lucky enough to hold a fundraiser at the rink. The rink extended its Saturday night hours and allowed the club to attain all of the admission profits from the evening. Westbrook Skating Rink was also able to benefit from the advertisement as well through the money they made off of concessions and skate rentals.

As financially insecure college students, it is hard to find places to go that are both affordable and fun. Good news! The Westbrook Skating Rink provides students with extremely reasonable pricing. The cost to skate on the weekdays is only $3.00. On weekends, holidays, and vacation days the cost is only $3.50. Don’t have skates? Not a problem! The rink has $3.00 rentals on both figure skates and hockey skates and they also have hockey sticks and packs available for use. However, skaters are more than welcome to bring their own equipment. When things aren’t going as smoothly as one would hope, or there is the need for speed, the rink extends their services and offers skate sharpening for only $5.00. No matter what needs may exist, it is clear that the Westbrook Skating Rink does their best to accommodate any and all skating abilities.

With being in close proximity to campus, students are able to take the UNE Shuttle Bus to the Westbrook Skating Rink for no cost! The Shuttle Bus runs a regular 45 minute route throughout the day and makes stops at the Campus Center as well as Sokolus Hall. It then travels to downtown Biddeford and the Saco Train Station. The bus will also stop anywhere along the route when flagged down. Not only is this form of transportation convenient to those students that do not have their own transportation, but it is also eco-friendly.

The Westbrook Skating rink is open to family and friends alike on Monday-Friday (3-8pm), Saturday (12-5pm) and Sunday/ Vacations/Holidays (12-8pm). Although the weather can sometimes be a bit hit or miss for skating adventures, the rink is always kept as nice as possible. While driving by one can frequently see the owners hard at work smoothing out the ice before a night of music and fun! Skaters are also able to call ahead to hear about cancellation and ice conditions before venturing down to the rink. For more information, give them a call at (207)284-9652. Happy skating!
**Office Exposé: Student Affairs**

BY BRANDON HOTHAM
Northeast Staff

Location: Decary Hall, 129
Phone: 602-2372
Email: student-affairs@une.edu

Office Members:
- Linsey Pilon, Assistant to the Vice President for Student Affairs
- Suanne Johnson, Administrative Assistant
- Daryl Conte, Dean of Students
- Mark Nahorney, Assistant Dean for Community Life
- Angela Shambarger, Judicial Coordinator/Student Affairs Operations Coordinator
- Linsay Pilon, Assistant to the Vice President for Student Affairs
- Suanne Johnson, Administrative Assistant

When walking into the Student Affairs Office, which is tucked away in the corner off the main lobby in Decary Hall, one can easily note its warm and welcoming atmosphere. As you enter the door, you will no doubt be greeted by the kind voice of either Suanne Johnson, Administrative Assistant for the Student Affairs Office, or Linsey Pilon, Assistant to the Vice President for Student Affairs.

I chatted with Linsey Pilon for a bit to get some additional information about the Student Affairs Office that maybe students aren't aware of. It might be easier for students to figure out the purpose of offices that are named more directly, for example Health and Wellness Education or Residential Education and Housing. This is the case, simply because their names are more direct. However, what about Student Affairs? What does this office really do?

When asked this question, Pilon described “We support the role of the Vice President for Student Affairs. We oversee many of the non-academic student services at UNE.” That’s quite a role. No wonder such a broad name: Student Affairs. It’s no doubt an appropriate name, however. Some of the programs and offices that the main Student Affairs Office oversees are Athletics, Residential Education and Housing, Admissions, Registrar, Campus Life and Orientation, Learning Assistance Services, International Education, Multicultural Affairs and Diversity, Disability Services, Health and Wellness Education…Just to name a few (there are many more).

Pilon described the Student Affairs Office as having a very strong “random-question department.” She recommends that the Student Affairs Office should be your first stop if you don’t know where to go. It can also be a great resource if you are having difficulty navigating any sort of problem. The office also handles absence notices if you are sick or have an emergency and need to miss class. They will contact all of your professors to let them know about your absence, you of course are still responsible for making up all the work (sorry, they can’t really help you out there!).

Besides oversight of a vast array of student-centered initiatives, the Student Affairs Office also performs various other tasks. Some include: production of the Student Handbook, assistance in the production of UNE’s university-wide commencement each year, implementation of the annual Undergraduate Student Awards Ceremony, data management, and employee contracting.

Pilon started working at UNE in 1992. Since then she describes that there have been “a lot of changes” When the previous Vice President for Student Affairs and Dean of Students, Barbara Hazard, first started at UNE, there were only 6 employes in the entire Student Affairs Division. At the present, there are more than 130 Student Affairs staff members and administrators across the various programs and departments that the Student Affairs Office oversees.

For students that are already familiar with the office, you know Johnson and Pilon can easily fill the “requisite mom” quotient, as Pilon described in our interview. The other members of the Student Affairs Office are also extremely welcoming and supportive. It is clear that they work as a team. They seem to do a lot of work, but also have a lot of fun. It doesn’t seem uncommon for laughter to arise in the office. The members of the office are approachable and truly care about students, their interests, and their concerns. When asked what her favorite part of working in the Student Affairs office was, Pilon answered with an emphatic and energetic, “Students! Rightly so. For more information about the office, feel free to contact them using the aforementioned information.

**SAD – What You Never Need To Be**

BY DEIDRE DICKER
Northeast Staff

If you’ve been feeling down lately, it might not be that you are sad, but that you have SAD. SAD is a condition called Seasonal Affective Disorder that is related to light. Most people suffer from this condition in the winter months, usually starting in August and lasting until March or April. This disorder tends to affect people who hibernate in front of these lights for half an hour each morning may help you feel better and to understand the months that you simply don’t feel your finest – even if these months aren’t at a disordered level.

So what can we do if we find ourselves with the SAD blues? McCabe recommends Vitamin D and exercise. There are also light lights made especially for this condition called lightboxes – simply sitting in front of these lights for half an hour each morning may help you feel better and to understand the months that you simply don’t feel your finest – even if these months aren’t at a disordered level.

Don’t be sad!
BY DEANNA BAUMERT
Nor'easter Staff

The team's game against Amherst College gave them their first ECAC East win this season and boosted their overall season record to 3-13. Senior Jack Nolin was the first to score in the game with a power play goal at 14:01 in the first period. Amherst came back less than 30 seconds later to tie the game at 1-1. The tie was then broken with 2:34 left in the second period by sophomore Paul Kashmanian's first goal of the season. The end of the second period ended in a tie as well but throughout the third period, UNE dominated the scoreboard.

First-year Sean Sullivan, junior Justin Miner, and first-year Zach Lokey each contributed a goal to the third period effort that ended in a 5-2 victory.

Three back-to-back losses for the Nor'easters came next against Hamilton College, Skidmore College, and Castleton State College. They broke out of the slump with a 6-4 victory over Franklin Pierce at their final home match on February 8th. Kashmanian, and juniors Mike Tiano and Ted Fabian made the three first period goals. Sophomore Tyler Fleurent made the only second period goal for the Nor'easters and Kashmanian and Sophomore Scott McMamaman made the final two goals for the team in the third period to seal the win. First-year Conor Brogan was in the net for all three periods and made a total of 19 saves.

Another conference loss came three days later against Tufts University. UNE lead for the first two periods but Tufts made two goals early in the third period, giving them a 6-5 win.

The next match against Connecticut College gave the Nor'easters a 6-3 win to put their overall record at 5-17. Miner scored the only goal in the first period on an assist from sophomore Adam Laite who then scored in the second period following a goal by McMamaman. UNE continued to dominate in the third period with the help of two goals from Fleurent and one by sophomore Brendan Brickley, who scored his first goal of the season with 7:14 into the period. Goalie Brogan was in for the entire match and made 42 saves.

Brogan also earned the ECAC Men's East League Goalie of the Week for his performance in the matches against Franklin Pierce and Connecticut College, during which he stopped all 20 shots attempted by the opposing team, leaving Trinity scoreless going into the second period. Trinity answered with three goals in the second period but UNE once again ended the period ahead thanks to first-year Nick Michaud's first goal of the season, made with 10 seconds left. McMamaman scored in the last minute of the third period and Trinity was only able to notch one more goal, resulting in a final score of 5-4 and the Nor'easter's final win of the season.

Their final regular season match against Wesleyan University the next day ended in a 14-1 loss. A week later, they faced #3 Norwich University in the quarterfinals of the ECAC East Men's Hockey League Tournament. A final college career goal by Nolin in the first period and a third period goal by Miner gave the team their only two goals of the game, while Brogan and Senior Mike Roper made 20 saves each.

The team's final overall record shows progress in the hockey program, with this season's win record being double that of last season's. We hope to see this progression carry into future seasons as the hockey program continues to build itself up.

BY DEANNA BAUMERT
Nor'easter Staff

The UNE women's swim team has given all they had this season to finish with an impressive 7-2 record.

In their final dual meet of the season, the women came home with another victory. The meet against Colby-Sawyer College ended with a score of 175-80. Sarah King took the win in both the 200 yard freestyle (2:09.26) and the 100 yard freestyle (1:06.12) while teammate Alex Gabriels won the 50 yard freestyle. Seven all-New England performances were achieved by four of the Nor'easters, including one each from Sweeney and Gabriels, two from junior Sarah Shea, and four from Wareham, who also broke four of her own records in the 50 and 100 yard butterfly and the 50 and 100 yard freestyle events. Four more records were broken during the Championships: Sweeney broke the 1000 yard freestyle (11:13.78), 1650 yard freestyle (18:34.18), and 200 yard backstroke (2:15.67) records and Shea broke the 400 yard individual medley record with a time of 4:59.22.

In January, Wareham earned UNE's Athlete of the Month for the third time in her college swimming career. Her numerous victories in both individual and relay events during the month were responsible for this achievement.

The women have also received recognition for their academic accomplishments. The team had a grade point average of 3.21 for the semester, which earned them College Swimming Coaches Association's Scholar All-America honors. This is the 13th semester in a row that the team has earned this award.

With such a successful 2010-11 season, we look forward to seeing a successful 2011-12 season as well!
Women's Basketball Thrives

BY SEAN DOYLE
Nor'easter Staff

Women's basketball finished the regular season with a regular season record of 19-6, and an excellent conference record of 12-1. At the time of this article they were moving on to play in the semi-finals of the ECAC tournament.

The women closed the regular season on a nine game winning streak, and headed into the playoffs to play for the TCCC championship.

In the quarterfinals of the TCCC championship the ladies played the Golden Bears of Western New England College. In this one, UNE came out on top by a score of 68-55. Senior Carrie Bunnell, led the way for UNE with a team high 22 points. She was helped all game long by junior Kelley Paradis, who added 18 of her own points, to help lead UNE's offensive attack. Paradis also added seven rebounds and turned away four Golden Bear shots. Senior Chelsey Messaros, juniors Margo Russell, Kelli Feliter, and sophomore Beth Suggs, all added seven points apiece to enhance UNE's offensive play.

After beating Western New England, the ladies moved on to host Roger Williams in the championship. UNE would draw Smith College in the first round of the ECAC tournament. There they would host Smith at home and go on to win by 10, 64-54. Paradis led UNE in scoring with 22 points on an efficient 8-10 from the field. Russell and Bunnell again provided scoring assistance with 13 and 11 points respectively. Suggs cleaned the glass for a team high seven rebounds.

All year long the women relied on Bunnell, Russell, Paradis, and Suggs. They all averaged double figures in points, except for Suggs who averaged seven points and led the team in rebounding.

Men's Hoops: Stumbles and Falls

BY SEAN DOYLE
Nor'easter Staff

After what many would consider a rebuilding year, the men's basketball team posted a final regular season record of 4-21. The team had just three seniors, compared to the eight underclassmen. While the overall season fell short of the team's expectations, they did have some sunny days, over a cloudy and cold winter.

The team's first win came back on the 27th of November against Mount Ida. In this contest senior Chas Rentropce saw his first action of the year, scoring an impressive 18 points off the bench. UNE's second win came against Endicott in their biggest win of the season over, at the very end. UNE took it, by a tally of 74-72. Again UNE relied on hot shooting from Bunnell, who went 7-8 from the floor, and had a game high 19 points. Paradis again played well, while filling up the stat sheet for 11 points, six rebounds, five blocks and three steals. Russell added 10 points, eight rebounds, seven assists and three steals, for her impressive stat line. UNE's free throw percentage was a standout as well notching his first career double-double, averaging 11 points per game, and points off of turnovers told the story in this one. They caused 19 turnovers, which were converted into 21 points, and they shot 81% from the charity stripe, on 17-21. UNE never trailed in the game, but Roger Williams made a strong comeback but they eventually fell short.

The women then traveled to play Salve Regina for the league championship. UNE was moving onto face the team that dealt them they're only conference loss all season. In a game that featured the two teams who won the league the past two seasons, fans would be sure to get a good game. The fans got a good game, but not a favorable outcome. The women came up just short, losing 76-74. At the time of this article they were on a nine game winning streak, and heading into the season record of 19-6, and an excellent conference record of 12-1. At the time of this article they were moving on to play in the semi-finals of the ECAC tournament.

UNE's standouts this year were Fenner, Winn, Rentropce, and Knotek. Fenner averaged just a tick over 15 points per game in 13 games played while Knotek, Rentropce, and Winn all averaged over ten points per contest as well. Winn averaged 14 points per game and shot just over 41% from beyond the arc. Rentropce finished his UNE career while averaging 11 points per game, and Knotek led the team in rebounding.
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Waiting for Godot Review

BY LAURA CARTER
Nor'easter Staff

From the 18th till the 20th of February, Arts at UNE held a performance of Waiting for Godot (written by Samuel Beckett) at the North Dam Mills. The performance was two acts long and included five actors, one being UNE’s very own James Muller. The tree town topics, including the main set piece for the play was created by Professor Andy Rose’s Sculpture class, and added something extra to the atmosphere of the evening.

At first, in my opinion, Waiting for Godot was very confusing and uninteresting. I arrived on Friday evening thinking that I was going to totally hate it. By the end of the first act, my brain was boggled and I didn’t have the slightest inclination of what was going on at all—not between characters, not in the sequence of events, not in any way shape or form. The second act is what really pulled this play together for me—and it blew my mind. I left that evening raving and talking incessantly about the true “meaning” of the whole thing. This was truly a brilliant and eye-opening experience for me.

The first act of the play focuses mainly on the characters Gogo and Didi. They’re two friends who are passing time together as they wait for this mysterious stranger, Godot. Within their dialogue and actions, a third character comes about—that of human nature. These characters are both on the lower end of the spectrum as far as income and status (this can be seen in the way that they are dressed and by their actions); these two characters are entirely focused on the next best thing. Once they become happy—they ask “what do we do now?” and then sit and think about the next thing that can take up their time as they wait for Godot. Halfway through the first act, a bizarre character named Pozzo arrives. At the end of the act, nothing made any sense—but this is more due to the text of the play, and not the delivery by the actors at all.

As a whole, the second act brought everything together. What especially blew me away was Pozzo’s monologue. In this monologue, Pozzo (right before making his exit), turns around rapidly and literally begins shouting about life; baring everything about how one minute we are here, the next we are dead, and that we literally spend our whole lives “striving for the grave.” This speech really hit me. I do not know if it was more-so the words, or the experience from the live performance and dedication by the actress that made this part so memorable to me, but that—above all else—was my favorite overall. The more I thought about that, the truer it became to me. His character at one point during the speech says that even from birth we are beginning to die, and that they are “in fact the same instant.” I couldn’t form words—much like Gogo and Didi couldn’t either. I am still unsure of the true meaning of the play itself, but I know what it means for me, and I really enjoyed it overall. I liked Waiting for Godot so much that I even went again the second night for the Saturday showing. The first time I enjoyed more because of the initial surprise of everything, but again the monologue in the second act given by Pozzo was still my favorite thing. If you have never read it, or seen it performed, I highly recommend it—it is worth all of the initial confusion to ultimately reach the understanding.

Messages for Mr. Godot

The Nor’easter News has the distinct opportunity to print messages each week that were left for Mr. Godot. Mr. Godot will respond to messages that UNE students leave to him via the newspaper!

• “Mr. Godot: I have taken an interest elsewhere. My apologies for any inconveniences.”

• “This woman waits for no man!”

A messenger for Mr. Godot informed the Nor’easter News that unfortunately Mr. Godot would not be available as planned to respond to these remarks. We were assured that Mr. Godot will provide his feedback in our next issue. Feel free to leave Mr. Godot further messages on the tree that will be responded to.

Biddeford City Theater Presents the New Musical EDGES:

Love, Heartbreak, Humor and Facebook: Who Could Ask For More?

BY DEAN SMALLEY
Nor’easter Contributor

UNE’s Theater Production Class at City Theater, Biddeford’s historic opera house, will be presenting the 2007 Jonathan Larson Award-winning coming-of-age musical, EDGES. The contemporary song cycle tells the story of four young adult’s progression into the modern world and the reality of adult life. Along the way they explore the meaning in life, coupled with more happy-go-lucky topics. Like the peculiarities will friendship on Facebook.

“Songwriting duo Benj Pasek and Justin Paul prove that musical theater is not nearly as lame as Andrew Lloyd Webber and Elton John would have you believe”, said Time Out New York. New York City’s comprehensive source for arts and entertainment listings.

Once again, the University of New England has given the City Theater’s staff an anxious group of students who are enrolled in the college’s Theater Production Class.

Professor of the class, as well as the director for EDGES, Linda Sturdivant, will guide the students in theater production for this show. They will be involved in everything from stage work to event publicity.

The cast of EDGES are friends of the City Theater. Three of them have been in recent City Theater shows, Michael Lynch and Ashley Christy, both University of Southern Maine graduates in Musical Theater, performed together in the City Theater’s production of Blood Brothers. Michael Lynch and Travis Grant were just in the very popular City Theater production of A Christmas Carol: The Musical. New to the City Theater stage is Susie Pepper. Susie was Miss Maine 2009. She and Ashley Christy were just seen in Windham Center Stage’s production of The Wedding Singer. EDGES opens on Friday March 11th, and will close on Sunday March 20th. All of the Friday and Saturday performances will start at 7pm, while all Sunday shows will begin at 2pm. Tickets for all shows are $20. This black box production’s seating is limited to 100. Tickets are available by calling 282-0849 or online at www.citytheater.org

COURTESY OF LINDA STURDIVANT

by Benj Pasek & Justin Paul

Michael Lynch, Ashley Christy, Susie Pepper and Travis Grant.

University of New England’s Residential Education and Housing’s “Caught Being Good!” Campaign!

Are random acts of kindness your thing? Do you normally do the right things and not get recognized?

This program is meant to reward those members of our community who choose to make the right choices on a regular basis. You may just find yourself receiving a “Norman Dollar” for a kind act. So continue to do the “good” that you do! It’s time to recognize that we are a community of good people! It’s time to get “Caught Being Good!”

SAVE YOUR NORMAN DOLLARS! THEY WILL HELP YOU TO WIN AMAZING PRIZES AT THE “CAUGHT BEING GOOD” WRAP UP EVENT AT THE END OF THE SEMESTER! STAY TUNED FOR FURTHER ANNOUNCEMENTS ABOUT DETAILS!
**Queer Maine: A Review**

**BY KATIE MCDERMOTT**  
Nor'easter Staff

I’ll admit, the last thing I ever want to hear is yet another cliché song about picking up the clubs, dancing until the break of dawn, and throwing up your hands like “you just don’t care.” The Top 40 over the past few months have lacked serious lyrical taste and originality. However, recently, DJs all over the world have begun to realize that if you take the background bass and general beat from one song, and throw the chorus of another song that is a complete fit for an genre, the outcome could either become extremely exhilarating to our ear drums, or could come together to form an appealing and electrifying sound.

Milkmak is a pseudonym for artist and DJ Gregg Lukas. As a freshman at University of California, San Diego, Lukas began experimenting with glitch/electronic music, and shortly after he began to create his own unique mashups. His first album, Lactose and THC, took only 13 months to record and was downloaded over 26,000 times since its release in January 2008. Circle of Fifths was released only a year after in March of 2009, followed by his latest album, Algorithms, which just dropped a few weeks ago on January 25th. Milkman began performing at local colleges, and almost immediately was performing shows from coast to coast. Now a highly regarded DJ, Milkman performs regularly with artists such as Kid Cudi and Three Six Mafia.

Algorithms, as I said before, is in the latest of Lukas’ creations, and makes his album extremely diverse and nearly matchless. Similar to Girl Talk, which is a more renowned sound across college students today, Milkmak uses singing and what that can apply to everyone if they give it a chance. Each track on the album exhibits its constant fluidity from artist to artist, making it perfect music to dance to, work out to, or to simply blast in your dorm room for all to hear. Going from song to song, I was surprised each time to see which lyrics, bass, and background music that he pieced together. Not only does each track have incredible sound quality from artist to artist, making it perfect music to dance to, work out to, or to simply blast in your dorm room for all to hear. Going from song to song, I was surprised each time to see which lyrics, bass, and background music that he pieced together. Not only does each track have incredible sound quality from artist to artist, making it perfect music to dance to, work out to, or to simply blast in your dorm room for all to hear.

The universal sound of his music makes it simple for every college student to be able to enjoy and listen to. If you don’t have this album on your computer already, you can download it at Milkman’s official page: http://milkmaman.com/, which also contains his two previous albums and an EP.
One Heaping Bowl of Self-Esteem Issues

BY LAURA CARTER
Nor'easter Staff

I have an issue with society today. When I say today, I mean that right at this very moment the clouds have opened up and a chorus of angels serenaded me the secret that society is slowly plummets into a vortex of a foreboding death spiral. The only thing the clouds have do so lately is dump several inches of snow, sleet, and other myste-
rious forms of precipitation on our lovely section of Maine, but I digress; what I mean is today as in—my generation—our genera-
tion. The disintegration of classi-
ness has been snowballing for a while now. It has been a long time coming—maybe even since Paris Hilton let America see what goes on during one classless night, or something like that. The point I am trying to get to is: people like this are considered "role models." What, having orange skin and a bit more alcohol and mixed drinks in their systems than their own blood makes them a role model? Oh, alright, I guess I get it—I just don't understand what is going on here.

For as long as I have been able to make my own conscientious decisions (about clothes, music, entertainment, etc.) I have Please see SELF-ESTEEM, page 18.

UNE's Services of In-Convenience

BY ROYALE HARDENSTINE
Nor'easter Staff

So, lately I've realized that there are some small things at UNE that have been getting on my nerves. Nothing major, I don't even care that half of the time I check when I walk at places at night as soon as I pass under a light it turns off. Since I know at one point the creepy horror movie lights that set you up to be attacked by an ax murderer are trying to be removed. It's also not that the parking lots aren't that clear, or the ice isn't always taken care of immediately because I know I would get sick of putting salt on ice all over the campus. And really, just because I'm too lazy or not paying enough attention while walking to avoid the ice and I almost slip (and die) then it's just me being dumb. However, there are three things in particular that I must complain about: one, the mail room service, two, Safe Ride, and, three, parking. So, I guess it's time that I stop being nice or pussyfooting around and get started.

I will begin with the mail room. By saying that, I completely understand that the hours of the employees there will defi-

nately not always jive with the times I would like to get my pack-
ages. Also I must admit that when I check my mail at 11 o'clock at night, of course, there will be no one working there. But, when I sallute into the mail room at one in the afternoon, hoping to retrieve the flowers I'm almost positive willed over the weekend, I'm thinking there got to be someone there; but, alas, no. (This is why I must now give a shout out to the wonderful people who work in the office next to the mailroom who get my packages for me, when the mail room attendants are nowhere to be found. Thank you so much!) From what I understand the mail room (this is the mail room in East I'm talking about, I'm not sure how everyone else does) should be open from approximately nine to four. Last time I checked that is not a very difficult work study job, so keeping those hours there should be pretty simple. I mean, I go to my work study job when I'm supposed to, and there are consequences if I don't go. So shouldn't there be similar consequences for people who can't sort some mail and then sit behind a counter and wait for people to come get said mail? Not that I know exactly what all goes into this job, but in my opinion it doesn't seem that hard; maybe dreadfully dull and boring, at best. All I'm asking is that some hours are posted at the mailroom so that I know when I should drop by and get the things that don't fit in my mailbox. Also if there is anyone who works in the mail room at their assigned time. It's not that hard to be responsible and act like an adult; just fill your obligation and do your job.

My next complaint is about Safe Ride. Like I said, for the most part the drivers are nice and listen to some pretty awesome music (I clearly remember rocking out to The Who one night). However, I feel like the system is a little screwy. My first complaint is the stopping at certain locations and doing a certain route idea. For those of you who weren't around last year, what one would do for a Safe Ride is literally call for a ride, and someone would come pick you up. My beef with this new system is that if I truly feel unsafe (or know someone was going to kidnap me or something), the last thing I'm going to do is stand at a sign and hope that my
A gold star.

BY DANIELLE CROPLEY
Northeast Staff

A recent internet search led me to this quote by Robert Townsend, in which he said, "If you shoot for the stars and hit the moon, it's okay, but you've lost your soul for something: a lot of people don't even shoot." Townsend was right in every way except for the fact those who don't shoot especially those who don't try. Our generation has developed an increasingly popular mentality of expecting a reward for doing absolutely nothing, and, honestly, it's getting increasingly ridiculous.

No, we don't all have this idea in our heads that we're going to pass whatever we want when we want it, but a lot of people do. A few too many like you and me. Like Townsend said, it's cool to set goals, shoot for the stars, and take pride in your accomplishments. However, if you don't do the work, you don't have a right to the reward, or the right to complain.

This place called UNE is not an institution established because we all just goofed off and got credit for it. This place became an institution because people did work, and did a good job. This isn't rocket science, people get off your high school high horse and catch up with the rest of us.

When it comes down to it, this work and reward system is not a matter of doing better, it's a matter of doing, at all. Who thought it would be a good idea to just hand us whatever we wanted? It's just put us on the head till our tails wagged, to give us the world when we aren't even grateful for it? Well, clearly this person wasn't thinking at all because they've created a generation of whiny, impatient, lackadaisical people who expect As on everything they put their name on and want a treat for every trick they perform. (Newsflash, kids, this is the big leagues now. Your mommies aren't here to change your diapers and you've got to take notes yourself -- they're not going on Blackboard.)

Okay, so maybe this is a little harsh, but it's the truth. Know that everything I do is not going to get the coveted "A." I know that I'm going to get a hand cramp or two from taking notes for three hours or staying up till two translating some dead language or chemical formula. Yet, what I don't understand is why hasn't this gotten into other's heads? You can't tell one that people didn't already, that college would be work. (Did you get that? WORK! Yeah, that's right; I just wanted to make sure you got it.) College is work, education is work, and your future's on the line too, you know, your future's on the line.

Hard work that you're not going to like, and sometimes, you're not even going to do that well. I'm not a negative person, I just know the difference between reality and fantasy. Those influential people from your pre-collegiate lives created this nonsensical world you now live in and while I understand that not necessarily your fault, you're the one that has the ability to change it, if you want to put the effort in that is. The fact of the matter is, if we don't start repairing the skewed foundation from our youth, the rest of lives are going to be spent as ensnared brass with work ethics the size of a pea and attitudes the size of Oyster's bank account. I don't know if that's how you want to spend your future endeavors throughout the 21st century, but I certainly don't. I'm not going to let our degenerative generation turn me into a demanding, lazy moron, nor am I going to sit back and watch the collapse just happen. Unlike others, some of us are going to work hard until we get those As, those words of merit and achievement. We're not going to let the forming stereotype of our generation infect the minds of our future education. We're not going to let you bring us down as we reach for our stars.

When it comes down to it, I don't want you to think that I'm bashing my cohort. Yes, our age group has its downsfalls, but so did others. (Doesn't anyone remember the 70s' flower children?) What I'm trying to get at is, we can do better and setting for subpar work should not shape the paths we plan on building. No, we should not all run through the tunnel on the first try, and yes, we will all get lost from time to time, but isn't that the beauty of it? Isn't half of the adventure learning what not to do or just about going from point A to point B? Maybe I'm wrong and our generation is perfectly fine. But I'm firmly believing that the paths we've forged, but then again maybe we could all try a little harder on this next go around. Just something to think about.

A gold star.

BY JAY J. JACOB
Northeast Staff

My point ... LEARN TO PARK!

A gold star.

BY JAY J. JACOB
Northeast Staff

I have to admit, I'm kind of ticked off. Just like November 11 last semester, February 21 came and passed us this semester in the same manner. Perhaps you are wondering what's so special about those dates. I guess you can't really blame me. It's not like the school celebrated them, after all. No, this school year, for the first school year of my life, as an American student, both Veteran's Day and President's Day slipped by without any sort of recognition from UNE. Because of my college and university that I am aware of took school off back in November for Veteran's Day, I'm having trouble understanding why we wouldn't. Does UNE care less about the people protecting America than the average school does? Almost every student here at UNE most likely has a connection with a veteran, whether they be a parent, sibling, spouse, grandparent, aunt, uncle, or friend. It is important to recognize the immensity of the sacrifices these veterans have made and the impact that these sacrifices have had on our families and our friends so that we can be free to go to a private university and have the freedom to study to earn a degree instead of being repaired by our government and fearing or fighting for our lives every day. Can't UNE make the sacrifice of taking one day off from a弇 costly holiday?

When President's Day arrived in February, I was disappointed to find that, once again, we Nor’easters ceased to celebrate another holiday. I’m not trying to make the significance of our national leaders and the thanks we owe them to the success of this county. As far as I could tell, the only thing that was done to acknowledge President’s Day was the display of former and current president’s portraits in the lobby of the campus center. Ketchum Library is connected to the George and Barbara Bush Center, donated to the university by a former president. The Bush family has a home in Kennebunkport, and George H W Bush made a point to visit UNE during his presidency. This probably ignored, no one could argue it was not significant. This holiday to celebrate Veteran’s Day and President’s Day is not about getting a day off from classes. Though all students and, probably professors, too (don’t worry professors, we promise not to tell), could admit that a long weekend would be very much appreciated and that it stinks to go to school on a day that everyone else in the country seems to have off, it is important to remember that these holidays are acknowledged nationally. Not just because we have to, but because we have been deemed to be important in the construction of America, as well as in the values and customs we, as a people, of the country, revered. And, they are important holidays for the United States, citizen or not, has been and is being affected by the changes and progress made both by veterans and presidents. We owe respect to these men and women. They have shaped our country. They are our protectors. They are our leaders. They are our neighbors. They are our relatives. They are our friends. We are patriots. And to show our enthusiasm, our respect, our gratefulness, and our support, it seems like the honorable thing to do to take two days off from school at UNE to reflect on the selflessness and significance of these two very important groups of people: our United States Veterans and our United States President.
Voices in the Crowd: What are you doing for Spring Break?

BY DANIELLE CROPLEY
Nor'easter Staff

"Scuba-diving and windsurfing off the coast of Costa Rica."
- Francis Flisik

"I'm going to be spending my vacation at my house relaxing with my family."
- Brittany Farrell

"Going home to spend time with my family and work."
- Tara Kaminiski

"Yeah... I think I'm going to Disney World... or whatever, with some people..."
-Jacob Wirth

"T'm at my house relaxing (Windsurfing coast of Costa Rica."

18

Th e Ou tin on Questio n of
- Francis Flisik
- Brian Farrell

O P INION

"How do you feel about America's potential increase in involvement in Libya?"

Please email responses to dcropley@une.edu.

BY LAURA CARTER
Nor'easter Staff

"I Don't Want No Scrubs"

BY LAURA CARTER
Nor'easter Staff

By the title of this, I am assuming that most of you will be thinking of the TLC hit "I don't want No Scrubs" because— why wouldn't you? When I say "Scrubs" I don't mean that dirt bag of a guy that's been trying to "hold at me" or whatever the line is from the catchy 90's tune, but the clothing that people of the medical profession are often seen wearing, especially the medical students of UNE. Scrubs—it's a show on TV, it's a line in a song, it's the apparel of pimpy jerks everywhere.

I shouldn't make such sweeping generalizations. Not everyone here at UNE who has donned a pair of scrubs or two in a jersey. My main issue is those select few who have a sense of entitlement; like wearing this sheet-thin, monochromatic, statue uniform centering with the entire universe or something. I hate to break it to you—all of those who've purchased a pair with this in mind... IT DOESN'T. Though this is a more recent development in my strong dislike for arrogant left-brained folks, I do have good reason.

A week ago, I was attending a meeting for one of the more "humanities friendly" academic-related clubs on campus. The room that the advisor had reserved was occupied by two medical students during the time that our club was to occupy said space. When the advisor arrived and politely informed them of the situation, one of the students sighed loudly like an angry toddler and slammed their laptop closed in a fit of angst.

Though I do not know the age of this particular student, it is safe to assume that this person was well into their mid-late twenties and perhaps even thirty (hopefully) by now how to act when one

SELF-ESTEEM

(contradicted by the fact)

Self-esteem

(self-esteem)

Self-esteem

(self-esteem)

Does not get their way. I guess you can never be too old for temper tantrum. Anyway, after bullying and puffing, this medical student left and we were finally able to get our meeting underway. In the meantime (while Med Kid A was going into cardiac arrest because he had to move his books) Med Kid B trucked out without a sound; Med Kid A had enough of an opinion for the both of them, I guess. As the commotion ended, I sat at my meeting disgusted at what unnecessary event had just taken place. I mean really? We're in college right? This then got me thinking—where has respect gone? Respect for others, respect for education, just overall respect in general.

I will channel my inner Aretha right now and say for the rest of the majors on this campus, "all I'm asking for is a little respect." We all came to UNE to study what we wanted, and I feel like the rest of us who are not eating, sleeping and breathing the endocrine system or the tidies effects on sediments should be given a bad more credit than what we do get. Okay, so as an English major I won't be ridding someone's

The Opinion Question of the Issue:

"How do you feel about America's potential increase in involvement in Libya?"

I don't know what I am going to be doing in thirty years, but there are things to learn from the world and the things I do know is that the thing we are going to do is going to be wrenching and wrenching and wrenching and wrenching and wrenching... and it will hurt and it will hurt and it will hurt and it will hurt...

Contrary to popular belief, being a humanities major isn't just sitting, locked in a room, thinking about life, being philosophical. We have real work (just like you), and papers and assignments that take just as many hours of dedication as all of your labs do. I have overheard on numerous occasions, and been told to my face several times, how easy the classes I take must be, how eighteen credit hours worth of thumping through gold leafed pages of ancient literature is simple. I have friends who are science majors, or pre-med, in the health field, and I respect what they do. I don't constantly attack them with insults about how they're doing is meaningless and simple.

I went to school for English Literature. I plan on doing amazing things with my degree, and furthering my education after my undergraduate studies are complete. I know that I will never work with scalps or conduct research in a laboratory—because I chose a different path for myself. For those of you in scrubs, remember that there are other people that attend this university, that there are other people who do meaningful things, and that you should respect that. Purchasing plastic wrapped clothing doesn't come with the world as a cool separate item, so stop thinking you own it.

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Maine's beautiful wildlife.

Outdoor Recreation.

Last issue's "What is it?" was a picture of hula hoops. Check out the next issue for this issue's answer.
College Community Mentoring Program

Do you want to get involved in local communities? Like working with children?

CCMP is a student volunteer organization that works with children and youth in local area schools, and we want YOU to be a mentor!

You don’t have to be perfect, or experienced, you just have to be YOU! All it takes is one hour a week.

Pick up an application outside of Decary 330 today!

For more information, contact:
Marie Hubbard, CCMP Coordinator
mhubbard@une.edu / x 2294 / Decary 330

CARDIO CLUB
Spring 2011 SCHEDULE

CLASSES START JANUARY 24

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SUNDAY</th>
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<tbody>
<tr>
<td>No Need to Sign Up Just Show Up!!</td>
<td>Vinyasa Yoga 10:00-11:30 am Pettapiece MPR/RBC</td>
<td>Vinyasa Yoga 2:30-4:00 pm Pettapiece/RBC</td>
<td>Hatha Yoga* 4:00 - 5:00 pm RBC</td>
<td>Ballet 4:00 - 5:00 pm Pool</td>
<td>Treading 3:00-4:00 pm Pool</td>
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<tr>
<td>Hard Core 3:00 - 3:45 pm RBC</td>
<td>Strength &amp; Conditioning 4:00-5:00 pm Pettapiece MPR/RBC</td>
<td>Ballet 4:00 - 5:00 pm RBC</td>
<td>Ballet 4:00 - 5:00 pm Pool</td>
<td>Boot Camp 4:00 - 5:00 pm Wescott MPR/RBC</td>
<td>AquAerobics** 3:00 - 4:00 pm Pool</td>
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<td>Kickboxing 6:00-7:00 pm Pettapiece MPR/RBC</td>
<td>Boot Camp 6:00-7:00 pm Pettapiece MPR/RBC</td>
<td>Kickboxing 6:00 - 7:00 pm RBC</td>
<td>Boot Camp 6:00-7:00 pm Pettapiece MPR/RBC</td>
<td>FMI:</td>
<td>E-mail Margaret <a href="mailto:mhutton@une.edu">mhutton@une.edu</a></td>
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<tr>
<td>Zumba 7:00-8:00 pm Pettapiece MPR/RBC</td>
<td>Osaka Dance 7:00-8:00 pm Pool</td>
<td>Zumba 5:00-6:00 pm Pettapiece MPR/RBC</td>
<td>Pool</td>
<td>**Another AquAerobics class will be coming in March</td>
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PLEASE CHECK ROOM SCHEDULE AS LOCATIONS DO CHANGE.
RBC = Racquetball Court
MPR = Multi-Purpose Room

*Hatha Yoga starts on February 2