BY CONSTANCE GLYNN
Nor'easter Staff

After months of planning and construction, the 20 million dollar Harold Alfond Athletics Complex project is on schedule for its completion in the fall of 2012, according to project manager Gregory Hogan.

The University of New England has an extensive history, complete with a variety of past names. However, it’s not just about the past; UNE also holds a number of future opportunities for students and alumni.

Andre’s parish. This university has over 7,000 students on two campsuses. With help from generous alumni and benefactors, the University of New England consistently expands to provide its students with the best learning environment. Its newest endeavor includes the Harold Alfond Athletics Complex on the Biddeford Campus, funded by a ten million dollar donation from the Harold Alfond Foundation.

This complex, which will feature an ice hockey rink with 900 seats, a basketball court with 1200 seats, classroom spaces, a fitness center, and multi-purpose indoor practice courts, will foster the development of sports at the University of New England, as well as provide a location to house performances and other professional events. Many students believe that the addition of the Alfond Complex will further the campus community across Route 9, adding more life to the area surrounding Sodokis residence hall and the blue turf field—both recent projects, as well.

On September 26, 2011, the university broke ground on its 105,000-square-foot complex. Since then, people such as Vice President Bill Bela (who is in charge of the construction phase), Dan Roy (General Manager of Dining Services), and Gregory Hogan (project manager) along with many other dedicated workers, have made it their job to finish the project for its fall of 2012 deadline. Progress on this complex includes the completion of the structure of the ice arena and field house. Currently, the roof and siding is finished on the ice arena and is underway on the field house and connecting buildings. The steel framework is partially completed as well. Advances have also been made on the wall framing on the second floor, and is finished in the ice rink locker and coaches offices. Hogan comments that, “the project is on budget and on schedule.”

Mark Nahorney, the university’s Dean of Students, believes that, “The Harold Alfond Forum—as a multi-functional academic, athletic, recreation, and event facility—will serve to enhance the university in so many important ways. It will allow UNE to serve students and the entire community in a more complete manner. One can feel the excitement build on campus with every new piece of steel erected.” Nahorney’s anticipation is mimicked among the populace of the university. The new Alfond complex is just another example of the University of New England’s commitment to providing its students with opportunities to grow and achieve, and will soon become a part of the university’s ever-growing history.

New Special Dietary Station in Decary Assists Those in Need

BY MEEGAN BOLDUC
Nor'easter Staff

After months of planning for its completion in the fall of 2012, according to project manager Gregory Hogan.

Erica Avery, a first-year student, recently opened the new Special Dietary Station in Decary to house people who have special dietary needs, such as gluten free, can go back and forth to check if I can eat a certain dish. It’s a huge relief and the workers there are extremely kind and helpful.”

Michaela Hoffman, a first-year studying occupation therapy, uses the station frequently to assist in her vegan diet and dairy allergy. She says, “For many, dealing with allergies, diseases, and other special dietary needs, eating at Decary can be a challenge; so imagine the struggle in the first few weeks at Decary. But since the Special Dietary Section was established in the cafeteria, I finally have a safe eating spot where I don’t have to send Sodexo workers running to check what meets their needs at any of the other food stations in the cafeteria. One can find the special diet section at the end of the hot food line closest to the bread and toaster station. The staff is trained Sunday during dinner and then Monday through Friday at lunch and dinner. For breakfast and brunch, Sodexo is currently working on progressing a call in system that several students can use to call ahead with a special dietary request as needed. So far, this system has proved promising and Sodexo hopes more faculty, staff, and students will take advantage of it.

There have been questions from several students who wonder why they cannot utilize the station themselves. Mary Potter, Food Services Manager, passed along concerns from such students, especially vegetarians, who have questioned why they cannot eat at the section. Potter explained that the station is limited to those who really need it. Also, Sodexo has limited human power in that they only have one person at the station, who also cooks for the exhibition station. Also, this person prepares a limited quantity of food for those he knows have special needs and he has actually run out of food for these needy people because he was a nice guy and served the vegetarians. Potter stressed the fact that Sodexo offers vegetarian options at most stations. There is always a vegetarian option available at Decary Dining Hall.
Controversy Surrounds Maine Caucus, Romney Declared Winner

BY CONSTANCE GLYNN
Nor'easter Staff

On February 18, it was announced that Mitt Romney was the winner of the Maine caucus; however, it was not without controversy. Maine's caucuses are normally an afterthought, seeming as how it's a non-binding poll of the people who attend and the Republican convention delegates will decide in May to support. Yet, the convention delegates generally follow the wishes of the party's members and Maine was in the national spotlight with both Romney and Paul campaigning here. Paul visited the USM campus and both candidates attended the Sanford caucus. At the time, Romney was looking to stop a three-state losing streak, and Paul was hoping to win his first state.

In all, there were 5,585 votes cast, and Romney led Paul by over 150 votes. Yet, these numbers did not include Washington County's caucus, which was postponed a day due to a snowstorm. The Maine Republican Party is reconvening the results and may add the votes to be cast in Washington County to the official totals. The results of the Washington County caucus will be reviewed at the Republican State Committee meeting that is to be held March 10, and a final decision will be made then.

In addition, the vote totals from several communities, including Waterville and Bangor of Waldo County, were left out of the official count because of clerical or computer errors. Some other communities' vote totals were entered but then corrections were cleared up rather quickly and the totals were updated. However, votes were outraged at how long certain websites and television stations took to acknowledge the new numbers. In some cases, websites were not updated until four days following the incident. The recounting is just the eye of the storm. The brunt of it is surely the anger felt by voters. The voters have taken to the media (local and social) and have been getting their message across to those in charge. Party leaders around the state have been getting calls since the caucuses from members who are angry about the handling of the votes, which drew national attention to Maine's usually low-profile caucuses. The national attention is putting pressure on the party leaders and fueling the anger felt by Maine citizens.

It is very possible that Ron Paul received enough votes to surpass Romney in Washington County, a county where he was obviously favored over the other three candidates, and this will be decided in a couple of weeks. If so, Paul will receive his first win and Romney will chalk up yet another loss. As for the other two, Rick Santorum finished up third with only half of the votes Paul received, and Newt Gingrich followed him with only about 7% of the total votes. These numbers will be considered heavily in May when Republican convention delegates decide who to support, thus it's extremely important that they are as accurate as possible. For now, the candidates trudge along the campaign trail, leaving the storm in Maine for the sunny south.

UNE Agreement with Euro-Arab Foundation Institute Opens Doors for Students

On February 29, 2012, the University of New England's Center for Global Humanities signed an agreement with the Euro-Arab Foundation Institute. This agreement details a collaboration which will enable each party to further cultural goals. The Euro-Arab Foundation Institute, based in Madrid, Spain, is a highly respected institution of nationalities and dozens of languages. This exposure to differing cultures is just the kind of cross-cultural collaboration that the agreement with the Euro-Arab Foundation Institute hopes to foster.

Majid and others involved in the agreement hope that UNE students and faculty will be able to utilize the Granada venue for seminars and other similar events. In return, UNE would host those from the University of Granada, as well as other Spanish and Arab cultural programs, here in the U.S. In addition, the Euro-Arab Foundation Institute has a number of partnerships that will allow UNE further access to high-quality relations abroad. Among the Institute's partners is the Spanish Ministry of Foreign Affairs and Cooperation. Other partnerships include the Local Government of Granada, Provincial Government of Granada, the Andalusian Autonomous Government, and the College of Management and Technology. Professor Majid says that "Granada is one of the most stunningly beautiful cities in the world," and the outlook is good for UNE's relations abroad in this city and others.
World News

BY KATELYN KAULBACK
Nor'easter Staff

Continuing Violence in Syria

As reported in the last World News section of the Nor'easter News, there are very violent acts occurring in Syria right now. Syrians have been uprising and protesting their current form of government for nearly a year, similar to numerous countries around their world. Syrian security forces have been killing protestors since March 2011, and attacks have only gotten worse. Sixty countries and organizations have called for Syrian forces to cease fire so aid can arrive to help the injured.

With the violence escalating, the United Nations is working on organizing a peacekeeping force, but hope of a resolution between the government and rebels is not good. The United States, as well as numerous other countries, said they would not offer military aid to Syria. President Obama said, "We will not go to war to keep the pressure up and look for every tool available to prevent the slaughter of innocents in Syria. It is time to stop the killing of Syrian citizens by their own government," He also called for the president of Syria to step down. (www.nytimes.com)

Last Treasure Found at Bottom of the Ocean

Two hundred years ago, 17 tons of silver coins sank to the bottom of the ocean when the Nuestra Senora de las Mercedes went down off of the coast of Portobelo. The wreckage was found in 2007, and at that time, the coins were said to be valued at 500 million dollars. The Spanish ambassador to the United States, Jorge Descalzar de Mazar said, "This is history. We bear witness to that fateful day 200 years ago. This is not money. This is historical heritage." The coins were transferred via plane back to Spain last week. The Peruvian government is attempting to fight for ownership of the coins, since they were mined and minted in the country, which was, at the time, part of the Spanish Empire. The Spanish Culture Ministry ruled that the coins cannot be sold and will instead be put on display in a museum. This angered many who claimed that the selling of the coins would cost their crippling economy. (www.minsbic.com)

Accidental Koran Burning Causing Unrest in Afghanistan

Last week, the Koran was accidentally placed into a garbage incinerator at Bagram air base, near Kabul Afghanistan. This has caused outrage of Afghans and other Muslims, as the Koran is considered a deeply holy book, believed to be the literal word of God. Numerous protests have broken out around the country, and more than 20 people have died so far, including two soldiers. There were protests located outside of the United States Consulate, where several vehicles exploded. President Obama apologized for the burning, saying the Koran had been "unintentionally mishandled." Despite numerous apologies and requests of understanding, protests have not died down, nor are the Muslim people accepting any sort of apology. Nato Officer John Allen said, "I call on everyone throughout the country - Isaf members and Afghans - to exercise patience and restraint as we continue to gather the facts. Working together with the Afghan leadership is the only way for us to correct this major error and ensure that it never happens again.

UNE in the News:
UNE Add Verb Productions ‘Out & Allied’ Book Free to Schools, Courtesy of Sprague Foundation

PRESS RELEASE:
February 13, 2012

PORTLAND, Maine — Add Verb Productions, a program of the University of New England, has published a volume of monologues, plays and poems written by LGBTQ youth and allies entitled Out & Allied.

Through the Sprague Foundation, 65 copies of Out & Allied are being distributed free to schools and congregations in Maine. Single copies will be mailed at no charge, and additional copies for those groups would be available at a nominal charge.

The mission of this book is to help groups raise awareness and open conversation about how to create a safe environment for all people, regardless of their orientation or identity. School personnel or congregation representatives only need to submit a request and a short statement about why the book would be helpful to their community and how it will be used.

All of the 34 performance pieces in the book are royalty-free, meaning that teachers can use or present these performances. Accompanying these pieces is a handbook for youth and adults alike who wish to present an educational program for other students, parents, or the community.

Bonny Eagle High School recently participated in an Out & Allied Project, and used the book to help create new works presented for parents and students during No Name Calling Week.

Said one participant: "It allowed me to face my past and have sympathy toward my bullies; it gave me a way to express myself through writing, and finally, I have become less judgmental of others because of it. I believe that this process can do all that and much more for others, both on stage and in the audience."

Another student said, "For me, I was finally able to open up to the bullying I went through my freshman year of high school and it was relieving to finally be able to get that off my chest and feel like I wasn’t alone and it wasn’t okay.”

Participants in the Out & Allied project can use the book to create audio files or short videos that can be uploaded to YouTube or Vimeo, and more importantly, young people are encouraged to create and submit new pieces to Add Verb for other youth groups to present, in Maine or around the country. For more information, contact Add Verb at addverb@une.edu or 221-4491. To receive a free book for your Main school or congregation, please go to the Add Verb Productions website, Add Verb Productions, a nonprofit program of UNE’s Westbrook College of Health Professions, provides health and wellness education through theater performances that address complex social and medical issues such as bullying, eating disorders, domestic violence, and sexual assault.

Education Department Sends 17 to Student Teach

BY JOCELYN KOLLER
Nor'easter Staff

On January 3, seventeen UNE students from the education department began their internships—Marc Vitagliano, Robert Pratt, John Whiting, Jessica Hamel, Briana Chu, Stephen Hewitt, Colleen Fairbrother, Jana Karsil, Sara Giuliano, Mariel Leonard, John Miller, Amber Lane, Karen Morris, Michael Thompson, William Wallis, Kevin Fisher and Fred Connelly. Placements for these internships include numerous schools and districts throughout the local area. UNE currently has student teachers in Scarborough, South Portland, Westbrook, Auburn, RSU 21, RSU 23, RSU 35, RSU 57 and MSAD 60. In addition, the spring student teachers are placed in the grade they are most hoping to teach—currently, the interns range from kindergarten to 12th grade. Each member of the program will student teach for at least 75 days, and depending on snow days and cancellations in each district, most will finish by the beginning of May. Unlike most students, the internship students will not be granted a March spring break; instead, they receive public school breaks during February and April.

These students are completing one of the final steps of their certification in the undergraduate program for elementary or secondary teachers. They may also be completing the Teacher Certification Program for those who wish to become certified to teach in the state of Maine. Fieldwork is built into the education program, and students will complete a number of hours of observation in classrooms prior to their student teaching semester; sophomore and junior students are required to accumulate at least 30 hours of classroom observation for education classes. During the internship semester, elementary certification students will not take any other courses other than the student teaching internship. Secondary and art certification students will take a one credit course to accompany their experience, but no other formal classes. However, admission to the UNE student teaching internship is not always guaranteed, and all students must first apply to the program.

UNE students complete their internships at a number of local schools each year. The university holds an agreement and relationship with certain school districts nearby, allowing students to shadow, observe, and eventually student teach with a cooperating teacher appropriate to their field and grade level. The final step to certification for those enrolled in the student teaching internship is the Professional Educator Certification Review Board, known as PERB.

Please see TEACHING, page 4
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You can now catch up on all the latest articles, pictures, and videos; post your comments, browse the newspaper’s archives; and suggest your own news stories or events!

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TEACHING
CONTINUED FROM PAGE 3

A board of educators from local schools along with faculty from UNE will review portfolios completed by internship students, who will need to demonstrate their ability to meet state standards for teaching.

Cindy Altomari, Certification and Placement Officer for the Education Department, feels that the importance of the teaching profession is mirrored in the student teaching internship. She explains that, "The student teaching semester allows our pre-service teachers the opportunity to apply their learning of theory in a real classroom, under the watchful eye of a masterful teacher."

Several students were interviewed and were eager to share their views on their own teaching experience so far in the 3rd grade! I am very fortunate to be working with the primary teacher for a few weeks, as well as teaching units on fairy tales and sound."

I love my student teaching experience so far in the 3rd grade! I am very fortunate to be working with John Goff as he is a great mentor and someone I can learn a lot from. I look forward to taking over the classroom and becoming familiar with my placement and the experience as a whole; I can't wait to see what the next few months bring.

Stephanie Hewitt writes, "I love my student teaching experience so far in the 3rd grade! I am very fortunate to be working with John Goff as he is a great mentor and someone I can learn a lot from. I look forward to taking over the classroom and becoming familiar with my placement."

Mariel Leonard says, "Student teaching is nothing like I thought it would be. You learn so much in such a short period of time, and in the words of Susan Hillman the whole experience is, "Hands on Minds on," I couldn't be happier with my placement and the experience as a whole; I can't wait to see what the next few months bring."

Fred Connelly writes, "It's been a very interesting and revealing experience for me. It's been tough and full of challenges, but that will all go towards making me a better teacher."

Jessica Hamel says, "Student teaching is nothing like I thought it would be. You learn so much in such a short period of time, and in the words of Susan Hillman the whole experience is, "Hands on Minds on," I couldn't be happier with my placement and the experience as a whole; I can't wait to see what the next few months bring."

The importance of the teaching profession is mirrored in the student teaching internship. A lot of the teachers have contributed to my learning and I am constantly adding to my toolbox. Eight Corners in Scarborough is such a wonderful school. Seeing my students is truly the highlight of my day. I couldn't have asked for a better placement!"

UNE Security Blotter

1/3/2012
- Vehicle struck light pole in facilities parking lot.
- Illegal dumping in a trash receptacle in Sokokis parking lot.
- Smell of marijuana, marijuana, and paraphernalia found.
- UNE employee fell while applying sand or salt to sidewalk.
- Suspicious smell in Featherman Hall.
- Called to East Hall for disturbance or possible threat.
- Student reported being harassed by ex-boyfriend.
- Student sleeping in vehicle.
- Persons found with drug paraphernalia and Marijuana.
- Student in Avila Hall reported that when climbing in her bunk the ladder fell and hit her roommate.
- Burnt Popcorn set off fire alarm in Champlain Hall.
- Officer observed occupants of a vehicle throw bag full of vomit on campus roadway.
- Envelope found in mailroom with two pills and a note.
- Roommate dispute in Assisi Hall.
- Broken window, Padua Hall.
- Car shrink-wrapped and glittered in Lot 10.
- Complaint of pill tampering.
- Student on the ground in back of Champlain, unresponsive.
- Argument and physical contact between two roommates, drug law violation, under age drinking violation.
- Student reported her Ugg boots were missing from Coleman Dental building.

1/21/2012
- Call from Housing to go to Housing to get statement from student who fell/slipped 3 days prior.
- Call from campus center front desk that there was spillage in the driveway in front of the Campus Center.
- Call from campus center front desk that there was spillage in the driveway in front of the Campus Center.
- Call from housekeeping that some personal items were left in a classroom in Featherman Hall.

1/24/2012
- Student called to report a classmate passed out after seeing blood.
- Call from housekeeping that some personal items were left in a classroom in Featherman Hall.

1/25/2012
- Officer observed occupants of a vehicle throw bag full of vomit on campus roadway.
IMM(UNE) Club Travels to Guatemala

By Kate LeGrand
Nor'easter Staff

In January 2012, thirteen members of the undergraduate club, International Medical Missions at UNE, took part in a 10-day volunteer medical mission to Quetzaltenango, Guatemala. The club, commonly known as IMM(UNE), traveled with Faculty Advisor and Assistant Professor of Spanish, Steven Byrd, Ph.D. The members who travelled to Guatemala included Phillip Atherton, Jessica Biggart, Haley Brooks, Sara Capobianco, Samantha de Melen (Treasure), Andrew Emer, Cecilia French, Katie Galishwa, Stephanie Garcia, Kate LeGrand (President), Jordyn Magill, Timothy Newell, and Elizabeth Whitmores.

The group had authentic experiences at the clinics with a local doctor to provide basic physical exams, dental hygiene, and education concerning well-being to an orphanage and several schools and communities. The volunteers learned the primary causes of illness and death in Guatemala and saw the symptoms first-hand. Overall, the volunteers cared for 500-600 patients over the duration of the trip and documented sixty-four hours of community service.

At the clinics, IMM(UNE) members were divided between providing physical screenings and oral hygiene. The physical screenings included checking for general pain, head lice, scoliosis, distended stomachs, parasites, infections, skin conditions, eye dilation, and any abnormalities. The oral hygiene stations brushed patients’ teeth, gave fluoride treatments, and provided education about proper oral hygiene. Every patient received a toothbrush, families received toothpastes, and the schools distributed the fluoride rinse and extra supplies. All supplies were donated by IMM(UNE) members or private donors.

Total donations included 1760 toothbrushes, 550 toothpastes, 300 flosses, 15 bottles of fluoride, 400 paper cups, 10 boxes of medical gloves, 2 balances to weigh patients, 30 coloring books, 50 notebooks, folders, and binders, 1000 sterile swabs, 600 band-aids, 1000 crayons, markers, pens, and pencils, and 28 miscellaneous toys.

Kate LeGrand recalls one child who came to the clinic with severe stomach pain. "Even though physically we could not have helped him, being there was important to me because I realized that people need help. No matter if you teach them how to brush their teeth or give a donation from home, what really matters is to help them in some way."

There was work and play outside of the clinics as well. While the volunteers were painting the walls of the Antonia de Marure elementary school, Dr. Byrd presented an invited lecture on improving literacy and cultural learning in the community. Outside the clinics, the students explored the Guatemalan culture with a multitude of activities including hiking Santa Maria Volcano, playing games with children at an orphanage, cooking a traditional Guatemalan meal, touring two organic coffee and banana plantations, and spending a day visiting the colonial city of Antigua.

One of the more inspiring experiences was the overnight excursion to La Finca La Florida, a community-sustained organic coffee, banana, honey, and macadamia plantation. La Finca has an astonishingly rich history but was also the most impoverished community visited by the volunteers during the 10-day mission. The land on which La Finca is situated was abandoned by a wealthy landowner and local peasants seized the opportunity to establish a farming community though they technically did not own the property. The peasants appealed to the government for ownership of the land and the government granted them the ownership. There are currently thirty-four families working and living in the community and have established a school for the children. IMM(UNE) volunteers were divided into small groups at La Finca and assigned to host families that would provide the groups with meals. Samantha de Melen says of the experience, "We really got to know the local host families, who were so welcoming, open and friendly. They prepared an authentic Guatemalan meal over an open fire. They had no electricity...we ate by candlelight." IMM(UNE) listened to a lecture about the history of the plantations, provided oral hygiene, and played with the children until it turned pitch black. There were only a handful of dim light bulbs, hardly any running water, and the silence of the night. Early the next morning, the students were led by one of the workers and his puppy "Mike" on a tour of the plantation and learned about the frit-trade and organic process of producing coffee. After the tour, everyone enjoyed the best cup of coffee they had ever drunk.

In all, the IMM(UNE) volunteers experienced the diverse Guatemalan culture, learned some Spanish, and made a positive impact in the communities. Other communities have been impacted by this UNE club as well in the past. IMM(UNE) has travelled to provide free healthcare with local doctors and explore the culture in Cosco, Peru (2010), Tena, Ecuador (2011), and Quetzaltenango, Guatemala (2012). Regardless of academic major, IMM(UNE) enables students to have the unforgettable experience of travelling and providing help to those who need it most.

For more information about the club IMM(UNE), email the officers at immune@une.edu, visit the website https://sites.google.com/a/une.edu/immune, follow them on Twitter @IMMUNEclub, or attend a meeting, IMM(UNE) meets every Sunday at 8:00PM in Alfond 113.

By Steve Scriver
Nor'easter Staff

Many of you may know him as Sharon Cox, winner of the 2011 Miss UNE pageant last spring. Yes, he strutted his stuff in his high heels and pink bikini during his infamous "ho-down throw-down." If you are freshman, maybe you recognize him better as number nine on the University of New England men's competitive ice hockey team or for his recent portrayals of LMFACO and his "part rock swagger." Whatever your experience is with, I'm sure you notice his ever changing hairstyles, from his blonde mullet to blue mohawk.

When I sat down with Mr. Zach Lokey for an exclusive one-on-one interview, I learned a much different and more sensitive side than most of us are accustomed to. A native of Elizabethtown, Pennsylvania, sophomore Zach Lokey majoring in Sports Management, with a minor in Business Administration. Although he was recruited to UNE for his skilled play on the ice, Zach has taken his opportunity at the U to become a better, well-rounded person in aspects of life far beyond ice hockey.

With his womanizing smile and shiny diamond earnings, some may be surprised to learn some of his darkest secrets which he was generous enough to share to the world. For instance, when he was only 9 years old, Zach won a tap dancing competition. Also he notes, "at the age of 22, I have decided to take a leap of faith and go to my first ever concert, Eric Church." Yes, there's a music man under the hockey jersey.

Upon graduation, Mr. Lokey plans to continue his involvement with hockey through either coaching or scouting, and hopes in addition to one day open up a sports facility to help keep kids off the streets by providing them a positive environment and giving them hope. Zach commented that his inspiration came from working with youth hockey players in the local Biddeford community.

Please see LOKEY, page 6.
According to Scrivs

BY STEVE SCRIVENER
Nor'easter Staff

As I continue writing my bi-weekly rants, I continuously try to relate my content to a wide range of students around the UNE community. In effect, there is something I would like to draw attention to that has caused many students’ minds on a daily basis that needs to be discussed. So with that, I would like to offer a brief note on potty talk.

"Dear Student Affairs, While I understand the importance of your role on campus and do not question your motives, please stop overwhelming us with constant emails requesting us to take surveys, offer insight or enter to win a prize. I know that many of your messages are important and there are only so many ways to campaign your insights; however, there is not enough time in the day to respond to all of your emails. If you wish to maximize your efficiency, reach a larger audience, and generates more student responses, consider promoting your thoughts through Potty Talk. I mean everyone reads them."

I want to know who was responsible for coming up with the brilliant idea to give incentives to students to fill out anonymous course evaluations, access to our grades a week early. Let’s clear the air, anyone who fills those things out is because we like our professors, and we feel bad that they keep repeating themselves at the beginning of class. If you wanted to give us real reasons to fill those things out, allowing us to get our grades a week early does nothing for anyone. After cramming for finals and everyone leaving for break, the last thing on anyone’s mind is what they got on their ceramics project. Try offering students a free meal at the hang, or a free massage; everyone could certainly use one of those by the time school ends. Or think about some extra credit. Had Professor Mason offered a few helpful points I surely would’ve felt out an evaluation and not had to spend two weeks trying to figure out how I landed an 89.5 B+

It’s unlikely anyone will even know of an incentive though. Given the vast number of emails we students get every day, the chances of them getting out and even being likely to get deleted. If it wasn’t for professors reminding us towards the end of the semester, no one would know.

There is to be a better way to get information to us. Maybe it would be useful to lay off on the number of emails and send one big email instead. Or send emails on just the important stuff, like the incentives for filling out course evaluations. When we wake up with a dozen emails, I tend to delete all but ten, and I know I’m not the only one. Put some of the stuff on Poetry Talk. Or update the Facebook and twitter accounts with all of it.

Well there’s a lot more I could ramble on about but I don’t want to bore you with my words. Thanks for reading, I hope you could relate to the email dilemma.

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Student Reflection Series: The Seville Experience

BY COLIN LONGHURST
Nor’easter Staff

Five months ago I thought going to Spain was the adventure, but really it was just the beginning. After flying from Denver, Dallas to Germany, Germany to Barcelona, and finally Barcelona to Seville, I thought that I’d be able to take a break from flights and drives, what a fool I was.

After only being there a week, we made our trip to the southern beach town of Jerez. I couldn’t even remember the name of my street in Seville and here I was trying to navigate a whole new place already. I should’ve taken this as a sign of what was to come.

Soon we were traveling to small mountain towns and taking day hikes through olive fields and grape groves. Each town had something new to offer; the people’s Spanish had just enough of an accent that we could notice and we had enough of an accent that they couldn’t understand.

Within a month we crossed the border for the first time in our group trip to Lagos, Portugal. There we were, all 45 of us on an air-conditioned bus driving to a country none of us had ever seen. The language spoken was Portuguese but this wasn’t a problem because if there’s one thing you learn abroad, it’s that language barriers are easily scaled. Between hours spent on beaches you only see in magazines, we slept in our four star hotel and cooked in our personal kitchens.

After only a week or two more in Seville, we were off to a southern Spanish city called Granada. Famous for its Mosque, La Alhambara, and unique population (comparable to Portland), here we spent a night exploring one of the oldest cities of Spain. After this weekend trip, we found ourselves growing more and more anxious to explore the entirety of the Spanish continent and vowed to find ourselves booking bus tickets to Madrid.

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13 Random Facts About Maine

BY STEVE SCRIVENER
Nor’easter Staff

Each semester brings new changes to UNE and keeping with that social tradition, the Nor’easter News has decided to change up some of the featured columns. This column is meant to provide other students with excuses why, reasons for, and solutions to typical UNE student predicaments. For this issue, we are featuring random facts, but if you’d like to have your top 13 stories published. Enjoy!

1. Jane Fonda’s offices in Buxton.
2. Maine is the only state in the United States whose name has only one syllable.
3. Maine produces 99% of the nation’s blueberries.
4. It is illegal to park in front of the Dunkin Donuts in South Berwick.
5. Maine is the only U.S. state to share its borders with one state.
6. The skateboarding scene in the movie "The Preacher’s Wife" was filmed in Deering Oaks Park in Portland.
7. York is the nation’s first incorporated city in 1642.
8. The honey bee is Maine’s official state insect.
9. Portland was the birthplace to poet Henry Wadsworth Longfellow.
10. Stephen King lives in Bangor.
11. In the film "Shawshank Redemption" Andy talks Red to go to Buxton and find the hayfield with the big oak tree, which is 20 minutes from Biddleford.
12. Maine has 63 lighthouses.
13. Geographically, Maine is bigger than the other five New England states combined.

LOKEY

Continued From Page 5

As a final insight to the world of Zach Lokey, in regards to his favorite part about being a part of the UNE community he notes, "I love how you can walk anywhere around campus in less than five minutes, and during that walk it’s a given that you will run into at least 10 people that you know."

While he is certainly a recognized and popular figure around campus, Lokey is a much deeper, sensitive, and motivated person than the likable social media image that some may portray him. You should get to know him; ask him about his secrets.
Recap: RSLA Twisted Tour

BYCHRISTINAJANSSENS  
Northeast Staff

Residential Student Life Association (RSLA) is a student-run organization and forum for on campus residents to improve their residential experience through voicing their opinions, programming and social interaction with others on campus. Last fall, delegates from RSLA attended the NEACURH (New England Association of College and University Residence Halls) Conference held at UCONN. At the conference, the delegates attended boardrooms and programs to learn more about planning and executing fun events for their fellow campus residents.

One particular program that was runner up for program of the year for the region caught the attention of the delegates. "Campus Crawl" was a three part event presented by Suffolk University where students were led through three separate events, culminating in a rave style dance. Since returning from the conference, RSLA worked hard to create an event based off of this for UNE students.

Although many different versions were proposed, and the event changed forms many times during the planning, Twisted Tour was a very successful event, with more than half of the residential student population attending some part of the program. The popularity of the event and the positive feedback received so far makes it sure to be a traditional event hosted by RSLA.

Twisted Tour was a two part event, consisting of a carnival and a glow themed dance featuring talented student DJs. The entire event was held in the campus center MPRs on February 17.

The carnival began at 5:30PM on Friday evening, and was full of fun games and activities for students to participate in. There was sign and face painting for the UNE hockey game versus St. Anselm as well. Students played the carnival games that were all designed and run by RSLA to win raffle tickets for some amazing prizes. Booths included a hula hoop competition, bubble blowing contest, and ring toss. There was also a photo booth and a "guess how many" game with jars full of candy. (Attendees that had their pictures taken at the photo booth can find their pictures on RSLA's facebook page.)

Throughout the evening event t-shirts were raffled off, and at the end of the night, three main prizes were raffled. The winners of the "guess how many" game were announced, and the winners got to keep the candy and were given an event t-shirt. The prizes given away were $30 worth of iTunes gift cards, a movie basket worth $50, and a Keurig coffee maker. The carnival truly exceeded RSLA's expectation, and had a great turnout.

After a quick turnover of the MPH's by the amazing event support team, the dance was ready to go. The DJs were UNE students Andy Guthrie aka "DJ Hydraulix", Shane Stevano, and Josh Hamilton aka "DJ Dirty Socks". They mixed house, dubstep, moombah, dance mixes and mashups live on stage and were a huge hit with the crowd.

RSLA staffed the dance while providing free giveaways for students and bringing in a black light large enough to make the entirety of the MRRs glow. At the door, glow necklaces, sticks, and sunglasses were given away on a first-come first-served basis and water was provided as well.

The overall attendance of the dance was approximately 450 students and guests, making it one of the biggest and best events hosted by RSLA to date. Dance goers had fun well into the night, and showed up in some amazing glowing attire.

During Twisted Tour, the new campaign on campus known as "The After-Effect" was launched. This campaign is geared toward educating students on the effects of irresponsible alcohol use on relationships, friendships, and other aspects of student's lives. Posters featuring student actors that can now be seen in the residence halls and around campus were unveiled and key chains with the logo for the campaign were handed out as well.

Please see RSLA, page 8

Professors Say the Darndest Things

BY DANIELLE CROPLEY  
Northeast Staff

Now that Spring Break is fast approaching, I often find myself day-dreaming of far away (and usually sunny) places. My paying attention skills have become a touch lackluster and my notes may not be as up to par as I'd like to believe they are. It's not that I don't care anymore, because I can tell you that I do, I just find myself interested in things very unrelated to medical terminology or healthcare ethics. That "stuff" is going to be a huge part of my life for many years to come, but for a little while I'd like to think that I don't need to be all about that all the time. Thankfully, to break up the monotony (and bring me back into focus mode) the random bursts of awesomeness that my professors provide me with seem to ease the pain; and they certainly help spice up my notes! Take a look:

"If you can't talk about vaginal jelly, you can't be a pharmacists."  
"I've never held a tube of vaginal lubricant in a church before."

"In order to understand Hitler's charisma, think about The Beatles. Or better yet, Justin Bieber. Except there wasn't 12-year-old girls after Hitler."

"Mexico can take back Texas. They can take back the Bush's. They can have the Dallas Cowboys. But they can't have the Dallas Cowboy cheerleaders."

"Blackboard is the devil!"  
"They're whoring after our votes."

"It wasn't like sex with Mick Jagger."

"I just heard someone say crabs can be catchy... oh, this is going downhill."

Not all parts of education should be boring, lifeless or confusing. Yes, learning isn't always fun and easy but the educators at UNE bring some quirk that is lacking at other scholastic institutions. Sure we all could use a holiday vacation far away from the books and folders and never-ending parade of paper-cuts, but who cares? We're all here to learn, and misery loves company, so stop the pouting and get to writing! But, if you STILL don't want to focus on those nasty notes, jot down a few of those things your professors say. You could always whip them out for extra credit in an exam to prove you actually were paying attention.
Ketchin' Up with Kate

BY KATE ST. PETER
Nor'easter Staff

Have you seen that girl with the cut-out picture of Ellen DeGeneres on a stick? Well, I guess you can say that is me. I'm doing a project geared towards achieving my life goal, to be on The Ellen DeGeneres Show. Taking a picture with a cut-out of Ellen and posting it on Facebook every day isn't enough, so I felt that it was time to take the next step. With a little help from some UNE friends, we have come up with the idea of Ketchin’ Up with Kate.

The idea came after UNE Idol, when I was approached by APB and we jokingly talked about how it would be great to have a “talk show” where I just went up on stage and did my thing. Of course, they were joking, but I took it to a whole new idea and came up with a proposal that night. After presenting the idea to the student involvement office, the show was underway in a matter of days.

The thought of this show actually happening runs through my mind at random points of the day, and I get beyond excited. I’m excited about the fact that I can share my thoughts about what is happening in the UNE community and the Biddleford area, and people will listen. I’m also excited to interview a faculty or staff member weekly to get to know them better and see what advice they have to offer to the student(s). I will also interview a student to get their perspectives on what is happening on campus. The thing I am most excited about is being able to go on stage, be myself, and make people happy. Knowing that I can just go up there, strut my stuff (but not too much strut, because that’s tacky) and make people happy, makes me happy.

Overall, the goal is to have fun, become informed about activities happening on campus, get to know our peers and faculty or staff, and be entertained at the same time! I want to remind my dear readers that I am open to new ideas, and actual guests for that matter, so please send in your ideas to me! If you would like to be on the show, or have something to share, feel free to e-mail me as well!

If you are interested in coming to the show, I am reminded tentatively at 9:30PM on Thursday nights in the Hang. Each week there will be 2 guests that I will interview and a musical performer! As promised, there will also be small prizes, and ALWAYS a good time. I hope to see you there! Peace & Hair Grease!

UNE 4-Square Club Takes Home World Championship, Third Year in a Row

BY CONSTANCE GLYNN
Nor'easter Staff

Not many people are aware, but UNE has had a 4-Square team for the past few years. Every year around this time, UNE students may hear the team’s chant echoing throughout campus: “Norwhal! Norwhal!” Norwhals. The Raging Narwhals. They have dominated the 4-Square World Championships for the past three years, and they deserve some recognition.

Junior Kevin Connell, who is now President, recalls having started the team when he first came to UNE. He says, “When I was in high school, my friends and I remembered how much fun we had playing 4-Square, so we went on Wikipedia and found out that there was a World Championships held every year in Maine (I am originally from Massachusetts).” I decided with two of my friends to check it out during the first time I visited UNE. We showed up not really expecting much of anything, but found an amazingly skilled group of players and a whole 4-square community. When I decided to come to UNE in 2009, I started up the club here.”

The name Raging Narwhals came about after some team members watched a Flash movie about narwhals on the internet one too many times. Wanting to sound intimidating, they decided to precede it with “raging.”

The team can be found practicing down in the River Lot when it’s nice out. They utilize that blue square that some students may have noticed. Yet for most of the year, they play in the raquetball court. The game is played in a 16x16 square divided into four with big, red dodgeballs. It’s understood that there are two important rules to the game. One, there are no friends in four square. And two, there is only one square worth getting our. Every year, around the end of February, every able team member heads to the Championships at Bridgton Academy in Bridgton, ME. 4-Square is akin to a track team in that when they go to the championships, they all have separate scores and still compete against each other; they just all happen to go wearing the team shirt. At the championships, everyone is allowed to play, but there are periodic cuts during the various rounds, so one must have so many points or risk being eliminated.

For the past three years at the Raging Narwhals, the team has come back with three Judge’s Choice Team Champions, and they also won the 2010-2011 UNE ULead Phoenix Award. On Saturday, February 15, the team was named the Judges Choice for the third year running. Tiffany Terrio was named runner up and Brittany Dunay has the official title of Women’s Four Square World Champion.

The team intends to keep their winning streak going even after graduating seniors. Connell says of the future, “Members come and go, but the Raging Narwhals are here to stay.” To follow the team, join their facebook page, The Raging Narwhals (UNE 4-Square Club).

RSLA CONTINUED FROM PAGE 7

RSLA is extremely excited about the positive reaction to Twisted Tour, and looks forward to planning new events for residents that are just as successful. This semester looks to be a very busy one for RSLA, with many exciting events currently in the planning stages. Some great programs for residents to look for include a game of Assassins, Hall Olympics, and Fiesta for Finals.

Website of the Week

BY THE TECH GUY
Nor'easter Contributor

Hey, I am The Tech Guy! I am going to be writing in the Nor'easter News regarding websites that have information that is good to share with members of the UNE Community. Many times most of us take the internet for granted and just have it in the background but there are many different times that it is great to use the internet to actually get some information that is relevant.

This first edition I have picked some websites that are showcasing local things to do. Many times people say that there is nothing to do in the area and I challenge you all, especially since most everyone has a computer, to go to some of these sites and get out and explore.

In this great big wide world of technology and the internet, many times we focus on using the internet for searching random information or for keep us up-to-date on the latest happenings with our favorite movie stars. I find myself seldom using the internet to find things to do that take my away from my home and my computer.

Having lived in this area and having been a part of the UNE community something that I always encourage students to take a look at is Heart of Biddeford. Heart of Biddeford has a great website, http://www.hearthofbiddeford.org/.

Please see TECH GUY, page 9
Looking for something NEW to do on campus? Why not write for the Nor'easter News?

The Nor'easter News is always looking for new writers, photographers, and even editors for next year! This student-run publication is one of UNE’s largest sources of information sharing and a great forum for change.

Have your voice heard at the next GENERAL STAFF MEETING, TONIGHT (February 29) at 7 PM in Marcil 202!

Featured Photo of the Issue

The Heart of Biddeford website points out many of the great activities that Heart of Biddeford puts together each year also pointing out some of the master planning that is taking place for downtown Biddeford. I challenge people who say that Biddeford is an inactive area, because if you take one look at this website you will see a lot of the different work that is going on.

If you are still looking for a connection to downtown, another great website to check out is City Theater located at http://www.citytheater.org/. For people that do not know, Biddeford has this hidden gem that has been there since 1896 and has gone through many different changes throughout its history including vaudeville and movies. One of the more interesting anecdotes is the story of after the building was closed in 1963 the theater for a time was a storage facility for the city and also had sand dumped in it turning the orchestra pit into a horseshoe pit. With the revitalization in 1977 and 1978, the theater was reopened to support local plays, concerts and community events. The city theater is home to many of the different theater events in the UNE Community so take a look at the website to see what is coming up. Upcoming events include Doc Samuel’s Variety Show on March 2 and Seussical the Musical on April 13, 14 and 15. Always check on this website because you never know what local productions are happening and it is a great night out.

Do you have an idea for a great website to review and share? Send it along to eic@noreasternews.com and see if it gets chosen to be reviewed.
Men's Hockey Closes Out Regular Season

BY DEANNA BAUMERT
Nor'easter Staff

The hockey team saw a four win season this year with the last victory coming on their last game of the regular season.

Their last loss of the season was against St. Anselm on February 17th. Scoring first for the Nor'easters was senior Kyle MacLennan with an unsucessful goal a little over five minutes into the game. This would be the only goal made during the first period but not the last goal for MacLennan who made his third goal of the season near the end of the second period. St. Anselm pushed the score to a one point lead in their favor by the end of the same period thanks to four goals made throughout. UNE had MacLennan's point and an earlier one as well from junior Adam Laite off a goal by senior Zach Lokey who made his third goal of the season the next day. The Pilgrim's had nine.

UNE held the lead by as much as 12 points three times during the game. The last 12 point lead came in the first minute of the second half when St. Anselm took away the hope of a win leaving. The new Alfond Athletics Complex is sure to help the team as did teammate Suggs who also had 18 rebounds during the contest.

Earlier the same week, UNE had overcome #8 Nichols College in the quarterfinals held on the Nor'easter's court. The home team had the first basket and from there on out, it was UNE's game. The Bison could not overcome the Nor'easters and were only able to get within 2 points of the lead when they scored with about seven minutes left in the first half. By the end of the period, they were trailing by eight. UNE held the lead by as much as 12 points three times during the game. The last 12 point lead came in the first minute of the second half when St. Anselm took away the hope of a win leaving the visitors soon to be leaving the team.

Three of the new senior class include Kyle MacLennan, Classmates Eric Hines and Brendan Brickley along with senior Ted Fabian. The team will graduate five seniors this year. They include captain Scott McManaman and assistant captains Ted Fabian and Kyle MacLennan. Classmates Eric Hines and Brendan Brickley will also be leaving the team.

The future looks bright with this team, even with the large amount of players graduating and leaving. The new Alfond Athletics Complex is sure to help the team continue to grow and UNE hockey will soon become a tradition. The entire community is excited to see what comes of this sport in the following years.
Golden Bears Too Much to Handle for Winn and the Nor'easters

BY ADRIENNE CHASE
Nor'easter Staff

The Nor'easters hosted the Western New England University Golden Bears this past Saturday to close out their regular season. This game would also mark as the final chapter in the very successful careers for several seniors on the Big Blue squad. Among the graduating class were J.D. Winn, Cumaru Rosignol, Senior Guard Jarrod Rossignol, and Captains Marcus Winn and Ryan Knotek. Each proved to be key components in their team’s past four years of play.

In a game that started off with five lead changes, the Golden Bears took hold of match with a 12 – 4 run in the opening half, in which they would end with a comfortable 24 to 14 lead going into the final half of regular season match-up. The Nor'easters would put up a good fight in the second half but with a Golden Bear lead that would stretch all the way out to 20 there was no hope for the Big Blue to pull a miracle in the closing minutes as the final score ended up being 57 to 47.

Senior Guard Marcus Winn had 11 points on the night with 3-threes beyond the arc bringing his career three point total to 208. Winn would add his name to the record books, becoming the fifth greatest three point shooter in Nor'easter history.

Senior Guard Jarrod Rosignol led the team on the night with six boards, four of which were defensive. Also contributing to the team’s strong effort were Junior Guard Charles Fenner III who finished off the season with 12 points and two steals, as well as Senior Forward Ryan Knotek, who added 7 points and an assist to the mix.

Both Knotek and Fenner III collected CCC honors at the end of the game. Fenner III was named to the Commonwealth Coast Conference honorable mention team for his effort of 13.4 points per game, including a career best 31 points in a game versus Curry College earlier in the season, along with 4.3 rebounds and 2.0 steals. Knotek was honored with Commonwealth Coast Conference Senior Scholar-Athlete of the year. Knotek was previously on the CCC’s all-academic team twice and is currently in the Chi Alpha Sigma National College Athlete Honor Society.

The Nor’easters unfortunately did not have a strong enough season to make it into the CCC playoffs, finishing off with a record of 6-12 in conference play and an overall record of 6-19. The squad will more than likely miss the leadership and dedication the five seniors brought to the team day in and day out and wish them good luck in their upcoming futures. The team will look to move on with a young talented core of players in hopes of reaching the playoffs for years to come.

Spring Sports Preview: Let The Games Begin!

BY DEANNA BAUMERT
Nor'easter Staff

Now that the winter sports are wrapping up their seasons, the spring teams are kicking it into high gear to prove that even though they are the last group on the athletic calendar, they have just as much to offer as everyone else.

Men’s lacrosse will be hoping to build on last season when they had one of the best in the program’s history. Their performance on the field put them at a winning 10-8 record in regular play and a 4-4 record in conference play. This lead them to seventh seed in the conference, the highest that the program has seen since it’s beginning. They will start off the season as #6 in the CCC pre-season poll and, led by captains Matt Anderson, Chuck Dowd, Nate Porter, and Dylan Thomas. They started their season with a contest win against Husson on the road.

The team’s counterpart will be kicking off their season on February 27 with a home opener against Thomas. Seniors Jeslyn Dvorak and Jenna Barton will be captains of the team, which was also ranked sixth in the conference pre-season poll. The team will be facing less conference opponents this year as the field has been narrowed from 12 to eight.

The softball team has been ranked third out of 10 schools in their pre-season poll this year. The ladies had a 29-18-1 winning record for regular play during their 2011 season and a 17-7 conference record. This year’s team will be led by seniors Ashley Gott and Erin Lyons and junior Megan Guager. After the spring break Gene Cusic Collegiate Classic in Florida, the team will begin their regular season with a double header on their home field against Gordon College.

Good luck to all the teams during the 2012 season!

Intramurals: All Access

BY TRAVIS CARIGNAN
Nor'easter Staff

Indoor soccer is kicking up the intensity with a great showing of 18 teams. The season is all most at an end with the regular season ending on March 11, 2012. The single elimination playoff tournament will start after spring break with all teams (except those with more or forfeits) going head to head for an intramural championship. Water polo is also making a splash on Sundays with only having five teams signed up. Stop by the Campus Center pool and see what water polo is all about.

Broomball has ten teams competing for an intramural title. With the weird winter weather there have been some difficulties scheduling games making days of play very limited. Pond hockey, only having five teams signed up, is running into some of the same problems as broomball with the ice melting, which is making days of play very difficult.

The shooting competition preliminaries on February 16 had a good showing for the men, however, only three women participated in both events. The men’s foul shot competition finals were Regan Sargent and Dan O’Gorman with the final round ending with Dan making 19 out of 25 and Regan making 15 out of 25. The women’s foul shot competition was a more heated battle between our two participants, Casey Brigham and Courtney Dowen. In the final round, Casey shot 16 out of 25 and Courtney shot 15 out of 25. Casey Brigham also won the women’s 3-point shootout which concluded on the 16th due to one of the finalists being unavailable on the 18th. Casey edged out the other finalist Lauren Ball by a score of 14-1.

The finals for the men’s three-point competition was held on Saturday, February 18, during the half of the men’s game against Western New England University. The men’s competition started off with an exciting battle between Andy Emery vs. Josh Butler during Saturday’s game with Josh scoring six points and Andy scoring five. It was a competitive end to a great shootout between these two finalists.

The deadline to sign up a team for 5v5 basketball is past and the men’s and women’s leagues will begin in early March. Also in March, Intramural Sports and the department of Health and Wellness Education are co-hosting a dodgeball tournament. The tournament is scheduled for March 10 at 4PM in the Campus Center gym. Grab a registration form and sign up now for more information on our Facebook, twitter, flyers, and on our website.

Please check out the intramural webpage on the athletics website for intramural brackets, information, and updated on leagues. Also follow us on twitter @UNEintramurals for updates or join our Facebook group UNE intramurals for the latest news on games, deadlines, etc. Don’t forget, any questions, comments, or concerns e-mail intramurals@une.edu.
Deidre’s Pick of the Issue:
Portland Art Museum

BY DEIDRE DICKER
Nor’Easter Staff

Making it down to the Portland Museum of Art this weekend is a must. The constantly revolving flow of new artwork makes visiting the museum a surprise every time. And from now until May 28, the museum will be featuring an exhibition by Edgar Degas: The Private Impressionist. In the words of Coastal Living Magazine, “...never miss a chance to stop in at this jewel of a museum.”

Edgar Degas is a nineteenth century French artist who is famous for his works featuring ballet dancers. The current collection features 70 of Degas’ drawings, prints, sculptures, and pastels paired with pieces loaned from private collectors. The exhibit will also feature the art of some of Degas’ nineteenth century contemporaries, including the work of Mary Cassatt, Paul Cézanne, Jean-Auguste Dominique Ingres, and Henri de Toulouse-Lautrec.

Degas’ work brings forth a mystical whimsy. His fantastic ability to add feeling to his art and invoke strong emotions with his art makes viewing it not just some night out looking at pretty art, but an experience that will make a lasting impression on you, and surely make you fall in love with Degas.

If you have never been to the Portland Museum of Art, you will appreciate perusing their year-round galleries, as well. Galleries feature an entire floor of glass and ceramics, with special emphasis on historical Portland pieces, contemporary art, Maine art, the Gilded Age, Winslow Homer, American landscape, American Neoclassical sculpture (which is mesmerizing), cubism, realism, surrealism, modernism, Post-Impressionism, Arts of the New Republic, American Impressionism, and of course, French Impressionism.

On the weekends, the Portland Museum of Art also offers foreign, classical, and art films. This Friday at 6:30PM and Saturday and Sunday at 2:00PM, they will be showcasing A Talking Picture, a film about a mother and daughter on a ship with three captivating, international beauties aboard with whom the captain becomes involved. The movie is in Portuguese, French, Italian and Greek, with English subtitles. It was directed by Manoel de Oliveira in 2003. Tickets are $7 a person and can be purchased at the Admissions Desk the day of the shows. Visit the Portland Museum of Art website to get the full schedule of weekend movies.

The Portland Museum of Art is open Tuesday, Wednesday, Thursday, Saturday and Sunday from 10:00AM to 5:00PM, and Friday from 10:00AM to 9:00PM. Admission for students and faculty is free with your school I.D.

If you have never visited the Portland Museum of Art, make it a point to go this weekend. The galleries are captivating and the experience is one you will treasure. If you have been to the Portland Museum of Art before, go this weekend and see Edgar Degas’ work, anyway — the opportunity to see the private pieces from local collectors alongside his entire Private Impressionist Collection simply cannot be missed.


RES HALL RECIPES WONDERS

BY DEIDRE DICKER
Nor’Easter Staff

Let’s face it. Ramen gets old. Even if it is only $0.18 a meal, it’s now time to let your late night study snack evolve into something more lively. We want to give your old recipes some jazz and your pick-me-ups some pizzazz. So send us your recipes that can be made in the dorm room or in the dorm kitchen, and all your Easy Mac exhausted classmates will thank you. Feel free to improvise and experiment if you don’t have all the ingredients, and Bon appétit!

GREEK YOGURT DIP RECIPES

Sweet Raspberry Dip
(Serves 6)

Ingredients:
• Greek Yogurt
• 1/2 cup fresh or (thawed) frozen raspberries
• 1 tablespoon sugar

Directions:
1. In a small bowl, mash the raspberries with the sugar
2. Stir in yogurt
3. Serve with cut-up veggies (or chips)

Spinach Pesto Dip
(Serves 6)

Ingredients:
• Greek Yogurt (I recommend Danon or Stonyfield Oikos)
• 1/2 10-ounce package of frozen chopped spinach, thawed and squeezed dry
• 1/4 cup pesto

Directions:
*Recipes taken directly from Real Simple magazine, March 2012 Issue

Try these recipes out, and let me know how you like them! I would love your reviews, and I’d love your dorm room recipes even more! Send all recipe ideas to ae@northeasternews.com to see your recipe in the newspaper next issue!
**MOVIE REVIEW: The Vow**

BY CONSTANCE GLYNN
Nor'easter Staff

The Vow came out just in time for Valentine’s Day and was advertised as being one of the most romantic movies of the year. So of course people indulged in it. Lined with tissues and their significant others, the movie theaters in Biddeford and Saco were packed on opening night and the following couple of days. Bringing together the stars of The Notebook and Dear John, the film seemed promising. Yet, it fell short of the hype and left audience members with a feeling of disappointment.

The film, directed by Michael Sucsy, follows the bittersweet love story between Paige (Rachel McAdams) and Leo (Channing Tatum). In the very beginning of the movie, the two are in a car one snowy night in Chicago when they are struck from behind by a truck. Paige falls into a coma and when she wakes up, she does not remember her husband or her middle-class parents, whose big secret is long withheld from the audience, and who are bent on wooing her back from Leo and his mildly countercultural life. She goes back to her ex-fiance, whose love is the only thing she remembers, and her husband becomes a stranger. Leo has to fight to retain her and make her remember her row with her parents, her abandoning law school, and her new life as a free-spirited sculptor. He also has to make her fall in love with him again. This process is complete with him sobbing on the floor, punching the wall in front of her, and getting on the good side of the sister. No spoilers, but the ending was satisfying enough and realistic.

The questions raised about the nature of love sort of make up for the film’s shortcomings. These emotional dilemmas are the highlight of the movie. How can Leo love someone who is a stranger to herself? Can he make her fall in love with him? Is it even fair to try? All these questions are left up to the audience members to answer. Or perhaps the answers lie within the book that recounts real-life and that inspired the movie, The Vow written by Kim and Krissi Carpenter. (In real-life, the two get back together and have children and remain happily married.)

It was easy to see Rachel McAdams as a starring, passionate artist. She looks the part. She portrays well the lively artist that she was in her happy days and is realistic as the blank, lost person after the accident. This is a testament to McAdam’s acting ability. Yet, Channing Tatum was a bit miscast. Just because he wears a hat does not make him artsy. His acting was a bit limited. His only role in the movie is to look bruised and brooding, and he manages these two emotions well enough. Overall, the film was lacking humor, which makes sense as how it a movie about a terrible car accident resulting in amnesia. Yet Tatum did have a couple of clever lines which were pretty funny.

The beginning of the movie was entertaining because the audience got to see how Paige and Leo fell in love. It’s refreshing to see the way the two were; in a non-traditional way. They said their vows in an art gallery, not a church. They were surrounded by their close friends, not two hundred guests that they hardly know. The audience experienced the first few years of their marriage in hindsight, and it seemed pretty perfect. The middle of the film seemed to drag on and on. This is the part where Paige reverts into the life that she knew. It was interesting to see her transformation from a law student into an artist and audience members can easily relate to her rebellion.

The movie had a quick ending, complete with a cliff hanger. No one really knows in the end if Paige and Leo get back together or just remain friends.

One of the most important parts about a romance movie is the chemistry. Perhaps this was the biggest shortcoming of the movie. The chemistry between the two actors was lacking and unbelievable. This of course effects the audience trying to make connections that aren’t really there. For a movie that’s supposed to explore the idea of love dying right in front of your eyes, chemistry is important. Just because you have two go good looking people who have played the roles of star-crossed lovers before, does not mean you can just put the two together on screen and call it good. If the love is not there in the first place, how can you lose it?

In all, don’t go by “The best film of the year.” It’s February. It’s one of the only films of the year.

In the end, it was no The Notebook.

**UNE to Host 37th Annual Doc Samuel’s Variety Show**

BY CONSTANCE GLYNN
Nor’easter Staff

On Friday, March 2, UNE will host the 37th Annual Doc Samuel’s Variety Show. The show is a time-honored UNE tradition. It allows students, faculty, and staff to share their talents with the Biddeford/Saco community as well as with the Biddeford community. The show will begin at 8PM at the Biddeford City Theater and is free to attend. The show will be directed by Student Activities Intern Bri- ana Chiu. It will be hosted by two faculty members, Amanda Hare and Craig Tennenhouse. The four student hosts include Tara Connell, Sara Shea, Nate O’Neill, and Ryan Kingston. The show always features singing, dancing, musical instruments, comedy and acting. TABS, the UNE Dance Team, and Storm Surge usually perform every year. Joel Wente, Area Coordinator of Sokolowski Residence Hall, is one of the performers who are well known around campus. Last year, Mark Nahorney, Tim St. John, Shannon Martin, Hillary Rowan, and Matt Capaldo ended the show with a bang with a medley of songs, including one from Lady Gaga. There is sure to be another performance of this sort this year as well.

This year’s show will have Irish step dancing, a stop-motion film, and performance from the recently named UNE Idol, Maria Demetrios. Staff and faculty member performances include Dave Sandmire and Geoff Ganter as well as Mark Nahorney, Tim St. John, and Provost Jack Williams. A crowd favorite, senior Justin LaChance, is also planning to perform another one of his captivating and talented dances.

The show is being with history and tradition covering close to four decades. The Variety Show was started by Doc Samuel, who is still a professor at UNE. He normally comes to the show every year and is honored with front row seats from himself and his guests. He is introduced to the crowd and one of the student involvement interns walks him to his seat. The show was originally held in the UNE gymnasium, but made the move to the City Theater two years ago, which helps in connecting UNE to the Biddeford/Saco community.

The theater is normally packed with members of the UNE community and it’s understandably labeled as “the show you don’t want to miss.” Past performances have been buzzed about for weeks and it proves to be a great way to get to know people outside of their element. When else would you get to see a Medical Biology major bust a move to Michael Jackson or the Provost perform a musical number? It is the perfect mix of serious and funny, with some people belting out old classics and others having fun with their friends doing a sketch. The hosts are always amusing and it’s refreshing to see students and faculty and staff interacting with each other on stage and not inside a classroom. This year, join the UNE community at the Doc Samuel’s Variety Show and become a spectator of a Nor’easter tradition.

Tweet the Nor’easter News during the show! Follow us @noareasternews!
Have you ever wanted one album that has not only great vocals, but also dance worthy backing tracks? I know I have. Earlier this week I came across Breathe Carolina’s latest masterpiece Hell Is What You Make It. I have known of the Denver, Colorado American-electric-rock duo for about three years now, and up until recently I knew nothing about them or even their style. If you were to see a picture of Kyle Even and David Schmitt they look like punks. No really, with their tattooed up arms and skinny jean/band t-shirt style you wouldn’t peg them to be electro-punk-pop-rock at all. However, never judge a book by its cover. The only song I knew by the two was there 2009 hit Hello Fascination, and the only reason I knew it was because I got it for free. No one ever told me about them or introduced me to any other songs, I just acquired this one track. And it was very good, but I never looked for more. Until this weekend when I stumbled across Hell Is What You Make It, until I have to say, I really enjoyed it.

The introduction was just that, nothing too special. But the succeeding song, Wooly blew me away. It is a very polished song, just not what I have to say, I really enjoyed it. It is a very polished song, just not what I am used to hearing from the band. But I never looked for more. Until this weekend when I stumbled across Hell Is What You Make It, until I have to say, I really enjoyed it. It is a very polished song, just not what I have to say, I really enjoyed it.

This song does just that, it gives you a taste for what you're in for. The next track is one I personally love (as do many radio stations that I found have been playing it for a while), Blackout. At the first single off the album, it sets the bar pretty high and certainly doesn't disappoint. Edge of Heaven was a bit slow, but really a dance worthy song and I found wasn’t a disappointment. Last Night (Vegas) too started off slow, but eventually picked up the beat, again morphing into the perfect dance song. Sweat It Out, Gone So Long, Get Off Easy, and Waiting were nothing I haven't described before: club sounding songs with a bit of an edge. Once we get to Take It Back I found to really enjoy this track. The backing tracks were not as over-powering and you could defiantly hear the lyrics a great deal easier, and they aren't bad at all! Take away the synthesizer and other instruments and Breathe Carolina has some killer lyrics.

Hell Is What You Make It is an excellent album, one that even myself (an individual who does not enjoy dancing) will find wanting to bust a move. I highly recommend this album to everyone reading this. Breathe Carolina, as I stated before, has a style that everyone can enjoy, it is the perfect mix.
BY DANIELLE CROPLEY
Nor'aster Staff

I thought I knew what a hipster was, but after attending the Biddeford ArtWalk on February 24, I'd have to say I now know the true meaning. Upon entering one of the spaces, I was immediately enveloped in catchy music, the ambience of happy people, and the smell of creative juices flowing. Although there was great work all around me (and a man sporting a tie made out of cardboard), the piece I was drawn to immediately was a boat fashioned out of cardboard with the word "UNLESS" written on the stern. I felt that this work summed up my experience at the ArtWalk, and showed me just how open the Biddeford community is to change.

The event, held at various galleries at the North Dam Mill Hallway Gallery, open studios at the lower end of Main Street, and the newest gallery, Engine, at the upper end of Main Street, provided me with a whole new (and well-rounded) learning experience. Now, I'm not one who knows much about art, and definitely not enough to critique it, but I'd have to say that by going to this event I found myself coming out with a little better understanding of this part of our world.

Several artists have been featured at this series of ArtWalk events since its establishment in August 2007. But the exhibit that I found particularly interesting was the one put on by the Mainers Recycling Cardboard, MERC. This exhibit was housed at the new gallery Engine, located at 365 Main Street, and will continue to remain hanging through the month of March. This exhibit features the work of 18 creators and artists who put together 2D and 3D pieces. However, there was one key component to each of these pieces that made them that much more interesting: they were all made of recyclable materials.

In an effort to showcase the local talent of Maine artists and students, the February 24 ArtWalk showed the Biddeford community just what can be done with seemingly useless things. Particularly at the MERC exhibit, all of the pieces were prepared with and inspired by various items such as corrugated cardboard, reused paper, and other tossed-aside materials, all done by local artists. The Engine Executive Director & Biddeford ArtWalk Coordinator, Tammy Ackerman was excited about the event and "hoped to call attention to the need for more recycling in Biddeford."

Another component of this past week's ArtWalk was the Maine Reef Crochet project featured in the Heart of Biddeford office. These pieces were also put to use, to spread the word about recycling and protecting the land that we have. I'm not sure if you've seen these pieces, but it's really amazing what can be done with a few balls of yarn and some old cardboard boxes.

Even though I was only one of a few that attended the event, Ackerman said she'd love to see more students head downtown for the ArtWalk events. She says that "through the efforts of City Theater, UNE's Art Department, and the Multicultural Affairs Department," the participation of students is really beginning to grow. Since ArtWalk happens monthly, Ackerman reveals that there is always something "different" going on that could really appeal to UNE students.

One event in particular that actually working with Engine in the upcoming Spring Student Art Show, opening on April 27. Along with UNE professors teaching classes here, this gallery space plans to create a student area that will offer free Wi-Fi to encourage students to come downtown and stay there. Just like building the right aesthetic is key in any piece of art, putting together the right kind of environment for students is key.

So, now that Biddeford has put the effort in to make the community fit for us, we should show our appreciation and get involved!

If you're still not quite sure how to check it out, check out other local events such as the music at The Oak + The Axe (140 Main Street), the upcoming Biddeford Mill Museum La Fete du Printemps Festival this spring, and the Chalk on the Walk festival in September. You never know what you could find, or what you'll learn about yourself along the way.

You Know You're From Maine When...

- You've had arguments over the comparative quality of Fried Dough.
- You call four inches of snow "a drizzle." You actually get these jokes.
- You don't understand why there aren't fried clam shacks elsewhere in the country.
- You know what an Irving is and the location of 15 of them.
- You know all the flavors at Perry's Nut House.
- Your car is covered in yellow-green dust in May.
- You can drive the Augusta traffic circle without slowing down.
- You've hung out at a gravel pit.
- You think a mosquito could be a species of bird.
- You once skipped school and went to Bar Harbor, Old Orchard Beach or Reid State Park.
- Even your school cafeteria made good chowder.
- You've almost fallen asleep driving between Houlton and Presque Isle.
- You know how to pronounce Celery.
- You've gone to a Grange bean supper.
- In high school, you (or a friend) packed Deering Ice Cream cones.
- At least once in your life, you said, "It smells like the mill in here."
- There's a fruit and vegetable stand within 10 minutes of your house.
- You crave Italian sandwiches at least weekly.
- Your house connects to a B&B every July and August for people from away that you happen to know.
- All year long you're tracking sand in the house—from the beach in the summer and the roads and sidewalks in the winter.
- You have to have the sand cleaned out of your brake system every spring.
- You do the majority of your shopping out of Uncle Henry's.
- You've ditched the car on the side of the road somewhere because you thought you saw some good fiddler crabs.
- You know a lobster pot is a trap, not a lattice.
- You know not to plant tender crops until the last full moon in May.
- You go to the dump and bring back more than you brought.
- You've watched "Murder she wrote" and snickered at the stupid fake accents.
- You know how to find the rope swing at the quarry.
- You take the New Hampshire toll personally.
- You always wake when you see a Maine license plate in another state.
- When you're supposed to dress up, you wear flannel with a tie.
- There's too much "stuff" in your 2 "call" garage to get either of your ears into it.
- You know what a frappe is.
- You know that "stove up" has aloon a snow storm without hat, mittens, scarf and with your jacket open because it was just a little cool.
- The area around your back yard is referred to as "the dooryard."
- You eat potato chips with flavors such as "clam dip", "ketchup" and "dill pickles."
- You call the basement "downcellah."
- There is only one shopping plaza in town.
- You use "wicked" as a multi-purpose part of speech.
- Your pickup has more mud on it than the ground around it for a 15 foot radius.
- More than 1/2 the meat in your freezer is mooose.
- You enjoy a hot chocolate more than a margarita.
- If your "luxury vehicle" is a twelve-year-old Ford pickup on wheels.
- If your dog eats better than you do, and more often too.
- If you never say what you paid for an item but how much you "give for it."
- You know that "stove up has nothing to do with cooking.
- You actually get these jokes and pass them on to other friends from Maine.

You can find out more information about the ArtWalk here:

http://gsglin.scott.wordpress.com

Courtesy of http://greglin.scott.wordpress.com
Am I Ugly?

BY SHARRA PAQUEREAU
Nor'easter Staff

I remember being a little girl playing dress up in my mother's clothing, running around the house in too big shoes and a dress that dragged behind me like a train and incessantly asking "do I look pretty Mommy?" every time a new outfit was tried on. As I got older this question was asked in various forms with increasing seriousness as I experienced the typical insecurities of a teenage girl. I can only assume that it is this type of insecurity that has driven many young girls to make "Am I Ugly?" videos and posting them to You Tube for the deenizens of the internet to comment on.

I first became aware of this trend when reading an article on msnbc.com which contained some reactions from parents. I was shocked and immediately went to You Tube to see what all the fuss was about. After watching one video I was beginning to feel my faith in humanity slip away. All the videos that I viewed contained girls who could not have been older than 13 posing and showing pictures of themselves all in the hopes of determining if they were ugly or pretty. I watched video after video of girls throwing the internet in some twisted variation of Snow White's Evil Queen's famous quarry to her mirror. Is this the only way that girls feel they can measure themselves? Are they looking for reassurances or compliments? If they are then they are sure to be disappointed by the contents of the comment sections.

The comment sections attached to the videos is possibly the most troubling thing about this trend. There were hundreds of pages of comments for each video filled with the unfiltered, unfriended, and unspell checked opinions of the inhabitants of the internet, and almost none of it was kind. The majority of the comments were negative, ranging from simple declarations of "UGLY!" to more specific criticisms of particular features. Then there were the posts filled with slurs and derogatory terms directed at the video makers insulting their intelligence among other things. To be sure there were a few positive comments urging the girls to love themselves and assuring them that beauty is more than skin deep, but those few voices of kindness and reason were all but drowned out by the storm of cruelty that dominated the discussion. Normally, I do not let the angry and cruel comments of the internet get me down, or even occupy my thoughts for any substantial amount of time, but the level of venom that was being directed at these young girls was truly shocking. I fail to understand how these people can justify posting such hateful things without any guilt or concern. Maybe it is the anonymity of a username, the removal of any sort of identifying mark, which allows such undisguised cruelty to be displayed.

Whatever the reasoning, I was appalled at the response that the videos received, granted the videos themselves were troubling but the feedback that these vulnerable young girls were getting was even more concerning. It seemed as though the commenters did not view these girls as real people with feelings, but rather as an opportunity to subject the general public to their unpleasantness.

What can be done to end this trend? Honestly, I am not sure there is anything to be done. The generation that is currently in high school has grown up in a world where internet and social media is the preferred way of contact and every detail your day is public knowledge via your face book and Twitter accounts. This generation is connected to everything all the time and is always looking for a new way to be seen, heard and recognized. The approval of a small group of friends is not enough. Given this, it is not really surprising that young girls now require the assurances of the faceless masses of the internet in order to develop some modicum of self esteem.

I hope that the makers of the "Am I Ugly?" videos take them down, that they realize that the approval or disapproval of a collection of bitter and hateful cowardly individuals should not matter in any way or have any bearing on their self worth. However, I know that for every video that gets taken down there will be two more posted. There seems to be no end to the lengths people will go to in order to feel recognized and loved, even if it is only the empty recognition of thousands of faceless usernames looking for the exact same thing.

Math Problem of the Issue!

BY WENDY OSKOSKIE
Nor'easter Staff

Simplify the expression below:

\[
\log_2 100! + \log_4 100! + \log_8 100! + \ldots + \log_{100} 100!
\]

Win a $10 gift card to the Winward cafe.

Check out the UNE Math Club! Link below.

To submit your entry, email mathprob@une.edu, your answer and the Problem Statement on the subject line. The winner of the Gift Card will be selected at random from all correct submissions and notified by email. One submission per person only. Please, entries from students only. The winning entry will be selected Monday, March 5th at 4 pm.

FEBRUARY 29, 2012
Everyday Citizen: Those Big Issues between the Conservatives and the Liberals

BY DANNY HUY
Nor'easter Staff

We face controversy everywhere in this country. As an avid follower of media, I analyze and rant about the problems we Americans face in society. Rather than going into specifics, this article will focus on a basic overlay of some controversial topics.

Is there ever a time when you just want to complain about this country? Is it because of the politicians? The media? As residents of this fine country, there will always be something that we don't all agree on. Whether it's the ignorance that an individual or a group of people have, or the painful processes of our democratic system, we all complain sometime in our lives. What I particularly don't understand is the alterations between the Democrats and the Republicans. I myself am an Independent, but I do lean left. For those who couldn't care less about politics, you are the lucky ones. For those who do, you know what I'm talking about. As a basic outline, the Democratic Party currently symbolizes federal regulations and liberal values such as human rights. The Republican Party currently symbolizes less government and promotes conservative values, most of which is about preserving faith and family. So what makes me an Independent? I do consider myself a liberal, but I prefer state government to regulate their respected territories rather than the federal government intervening, hence the reason why gay marriage should stay as a state decision. GOP candidates Rick Santorum and Newt Gingrich both plan to create a federal ban on gay marriage if elected president. Conservatives tend to be viewed as hypocrites by the liberals, and in this case, they are. Did I not state earlier that Republicans prefer state choice rather than federal choice? I guess Romney and Paul are the only Republican candidates I can see as being truly conservative in this aspect. (They are against gay marriage but prefer to leave it to the states.) But I don't understand why this country is making such a big deal about this issue.

First off, I would like to say that I am for marriage equality. If two people love each other, they deserve to be with each other. If you don't like it, why do you care? How do two strangers of the same sex getting married affect your life in any way? They probably affect you the same as two straight strangers getting married somewhere in Alaska. Recently, both the house and the senate passed a bill to allow same-sex marriage in New Jersey. The governor vetoed the bill and we are now awaiting a vote from the senate. Conservatives often say it is a violation of the church, but marriage practices have been happening even before the bible existed, and since I am bringing up the bible, I will say that not everyone is the same religion as yours. I was raised a Buddhist and I'm studying the philosophy of Taoism. Because I prefer to focus on ethics, morals, body, and mind, believing in a superior being is not my cup of tea. So I also do consider myself an atheist. I respect other peoples' religion and love to learn about other cultures and faith, but when our American leaders and charismatic professionals drive their faith down our throats, I can only shake my head with disappointment. It was just last year when a high school senior was disowned by his parents because he questioned the school district why he had to pray at his high school graduation (he was an atheist). Why was the school praying in the first place? Well, it was in Texas.

Gun rights baffle me the most. I could care less about owning a gun, or if someone owns a gun. The 2nd Amendment allows American citizens to own firearms. This amendment was created under the Bill of Rights in 1791, mostly influenced by British occupation. Well they aren't occupying us anymore. But I do respect the constitution, so if citizens want to own guns, let them own guns. I'm not the one who is going to break into someone's house. However, as a leftist, what is it that arouses the relationship between an individual and possessing a firearm? Did "Love thy Neighbor" become "Kill thy Neighbor" to conservatives? Why not just have a tax for protection? It gets the job done without the mess...kind of.

All in all there are many controversial issues we face as a nation. Though some may see it as a taboo to put them into discussion, I think it is time to shed some light onto them. From the environment, abortion, and how the economy is looking, I'm always looking for comments, complaints, and curiosity. So I am asking the UNE community, what issues or current events shall we uncover? Have a response or a comment? A counterargument towards my thoughts? Email me at dhuy@une.edu. We'll explore more in the next issue.

Voices in the Crowd:
What reality television show would you want to be a part of?

BY SHARRA PAQUEREAU
Nor'easter Staff

"I would pick Pimp My Ride, because really, who wouldn't want a flat screen and a hot tub in their backseat?"

-Mary-Kate Cushing, Class of 2013

"I would want to be on Cupcake Wars because I love to bake!"

-Sarah Tremblay, Class of 2014

"Say Yes to the Dress!"

-Bella Rushing, Class of 2015

"Any of the Real Housewives shows because I would love to have their lifestyle."

-Molly Lower, Class of 2015
Cell Phones: Get Off Them

I know I occasionally break this rule. Shooting out a quick text is no big deal, but limit the texting and Facebook updating and email checking. Spending time with real people and talking to them in person and face to face is fun. Also a slight side note on this one, if you and one other person are riding in a car it’s okay to talk to someone on the phone. I’m just saying...keep down the lights on and the hot water flowing. Everyone around you does not care about your life situation and does not want to hear half of a conversation.

Rule #2: When you go out to eat with someone or a group, limit your texting and talking and phone use in general. I assume if you are going out for dinner with someone, not like Denny’s or McDonald’s but a nice dinner to somewhere relatively classy, you clearly enjoy company and would like to spend time with them. Therefore, WHY WOULD YOU BE ON YOUR PHONE?

Why not spend time and talk to the person you want to talk to?

I really thought I had more than this, but they have all seemed to slip my mind. What comes down to is to use your common sense. Remember that you are not the only person on this planet. Sure, I’m just as bad as the rest of the world and really could never find some of my friends if I didn’t have my phone, but be considerate. Also, when you have children don’t give your seven-year-old a phone, they really don’t need one. My kids aren’t getting phones until they’re like 70 or 8th grade. Now I’m doing ranting, until next time, stay classy UNE.

Change: Embracing the Transition to the Real World

I have been a student at the University of New England for almost three years and as I prepare to enter my fourth and final year I find myself faced with the scary prospect of entering in the “real world”! This strange and utterly foreign world is filled with words like “rent” and “grocery shopping” and questions like “does that in the apartment?”. You have to be a resident student, and I find a way to stay in the same place (physically or mentally) that I was astonished at how much his life was so adaptable that we lose our home as UNE has it.

BY SHARRA PAQUEREAU
Nor’easter Staff

BY ROYALE HARDENSTINE
Nor’Easter Staff

Cell phones. Where would we be in life without cell phones? How did people ever meet up to go to Disney for lunch before they were in existence? How did we manage to find friends at Windward before the cell phone made it possible to simply text and find said friend? Oh the glorious world of cell phones. However, I feel there are some aspects of cell phone etiquette missing, or maybe me and my not-so-smart phone are just behind on the times, because I still like to have some freedom from the technological world. Despite just discovering that even though I don’t have a smart phone, I can get emails on my phone. The etiquette“rules” I’m talking about are usual, and really I doubt many people other than myself get annoyed about these things, but I will rant and ramble about them for a little and each individual can be the one to judge whether or not I’m being an old person or actually slightly reasonable.

Rule #1: Don’t talk on your phone in the library. I don’t know why this one even needs to be covered. I understand that one floor is for absolute silent study and filled with people whose looks would possibly kill you if you talked on the phone there, and I know that the main floor where the computers are isn’t completely silent. However, there have a little consideration. There’s talking and printers and such I know, but I know that I generally talk rather loud on the phone. But you can take that fact with a grain of salt, because any one who knows me knows that my voice carries and I naturally have problems controlling the volume of my voice. (Which I honestly just shotted in my head like the scene in Austin Powers.) It just seems to me that if you really had to take the call, quickly whisper into the phone “hold on” and then scamper outside or into the stairwell to take your call. I do it all the time, because my mom always calls and texts when I’m in class or doing a mountain of homework in the library. Truthfully, I even go outside to talk on the phone when there are people around me in Windward doing homework, but I’m weird and don’t think everybody needs to hear half of a conversation.

Rule #2: If you are eating in a restaurant; they go stand in the lobby or outside to talk. Everyone around you does not care about your life situation and does not want to hear half of a conversation. There is almost nothing I hate more than loud cell phone talkers in a restaurant; they get so many evil stares from me.
CAMPUS EVENTS & ANNOUNCEMENTS

GRE Study Group

Organized by the Psi Chi Honors Society

Because she was so____, Abhy rarely spoke in groups of people.
A. nervouse
B. genial
C. introvert
D. gregarious
E. scurrilous

Habring trouble answering this question?

Do you plan on taking the GRE General Test or Subject Test in Psychology, but are having trouble motivating yourself to study?

Well, we have great news for you! UNE’s PSI CH chapter has formed a study group to help students tackle the GRE material. We have a few GRE General Test and GRE Subject Test in Psychology books but we encourage students to bring their own. During the meeting times, you can not only study, but practice tests and share resources, but also exchange advice on successful study strategies.

This study group is open to ALL UNE students.

When: Every 2nd and 4th Thur. Time: 5:30-7:00pm Where: Dec 03, 2012
Spring semester meeting dates: Jan 26, Feb 9 & 23, March 8, April 12 & 26.

If you have any questions contact the group leader, Krystal Shoboda at kshoboda@une.edu or the PSI CH faculty advisor Dr. Stiegler-Balfour at jsiegler@une.edu

Sponsored by the Psychology Department

If your club or organization would like to advertise with the Nor’easter News, please contact our Advertising Manager at adbus@noreasternews.com

Cardio Club Group Exercise Spring 2012 Schedule

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<td>E-mail Margaret</td>
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<td>STRONG 9:00-10:00 PM RBC</td>
<td>BALLET 4:00-5:00 PM RBC</td>
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<td><a href="mailto:nhutton@une.edu">nhutton@une.edu</a></td>
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<td>S. ASIAN FUSION DANCE 5:00-6:00 PM</td>
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<td>STEP IT UP 7:00-8:00 PM RBC</td>
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<td>*PLEASE NOTE WATER POLO WILL BEGIN ON FEBRUARY 17.</td>
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Please see the calendar on the Nor’easter News website for a complete schedule of all events.

No Experience Necessary! No Need to Sign Up!
PHOTO HIGHLIGHTS

Photo of the Issue!

Pine cone protected against the cold

Washed ashore mussel against the smooth rocks at Fortunes Beach

What is it?

Last Issue's "What is it?" was a clue. (It's not fishweed)

Lighthouse on the coast of Fortunes Beach