Tuition Set to Increase by 4.5%

Tuition on campus with the Board of Trustees and senior leadership. A couple of weeks ago, the Board of Trustees approved the tuition, fees and room and board costs for the 2012-2013 academic year and there has been an increase in both rates. Over spring break, students received a blanket letter from President Ripich, stating the new approved numbers and that "any increase in costs is to make certain [UNE] remains competitive and delivers the high-quality and personalized education expected from UNE." This high-quality and personalized education is now going to cost students and their families over $42,000. The tuition for the next academic year has increased by 4.5% (about a half of a percent more than the increase last year) to $30,750 for full-time undergraduates. For part time students, it will cost $1,000 per credit hour, $2,200 per room and board has been raised to $12,140 to $13,310 depending upon the residence hall. According to Paul Henderson, Executive Director for Student Financial Services, "Although tuition has increased, UNE's tuition is still below the average tuition charged by other private colleges and universities in New England." Over the past five years, UNE has kept tuition and fees below the national average increase for private colleges and universities. The university fully examines its financial resources and future needs to ensure increased costs are necessary and affordable. Henderson explains that, "These decisions are not easy and we understand the impact it may have on our families. Some of the factors that contribute to an increase in costs are based on costs UNE does not directly control. For example, the increased costs in utilities, health care and other associated costs in running a university." There are also new projects under construction and new positions being created that are reflected in the recent increases. Tuition often does increase each year. Henderson explains that the administration is working hard to keep these increases as low as possible but that in order to secure the future value of UNE's degree and to accommodate both internal and external expenses, it is often inevitable. Despite UNE's strong commitment to financial aid programs, the university has in fact increased the financial aid budget for the 2012-2013 school year. Yet, it is important to remember that each financial aid case is assessed individually; therefore, this does not mean all students will receive an increase in their financial aid. Students are always encouraged to seek outside assistance to help defray costs. Student Financial Services is also available to help any student with questions or concerns about financing their education.

LIMITED INVOLVEMENT COULD BE "DETRIPTUAL TO USG"

Undergraduate Student Government

Given the fear among the USG members that they will not increase the number of participants, and so they have taken initiative to make the student body aware of the problem. Beyond the special elections that are taking place this week, there are advertisements and a list of open positions outside their office in Decary and information on their facebook page.

Questions about the different roles and responsibilities of the government should be directed to the office and all students interested in running for a position should contact the office immediately.
What's Up with the Weather?

TODAY
Mix of sun and clouds. Highs in the low 50s and lows in the upper 30s.

TOMORROW
Times of sun and clouds. Highs in the upper 50s and lows in the low 30s.

WEATHER FORECAST
Friday
Times of sun and clouds. Highs in the mid 50s and lows in the mid 30s.

Saturday
Occasional showers possible. Highs in the upper 40s and lows in the lower 30s.

Sunday
Occasional showers possible. Highs in the upper 50s and highs in the mid 30s.

UNE Chooses 2012 Commencement Speaker

BY JOCELYN KOLLER
Nor'easter Staff

The University of New England announced on March 27 that the commencement speaker for this year’s graduation services will be Chellie Pingree, Maine Congresswoman. Theodora J. Kalikow, the president of the University of Maine at Farmington, will be awarded a doctoral degree for her outstanding service to the University of Maine educational system. Kalikow was inducted into the Maine Women’s Hall of Fame in 2001, due to the positive impact she has had on the state, particularly in relation to Maine women. She will present the University of Maine with an Honorary Doctor of Laws Degree at commencement as well.

Relay for Life Participant Numbers Continue to Grow

BY MEAGAN WHALEN
Nor'easter Staff

With Relay for Life quickly approaching, on April 20 there are currently 350 participants, 51 teams, and over $18,000 dollars has been raised. UNE started hosting Relay for Life in 2007 and every year since then, there has been a growth in participants; in 2007 there were 180, and last year there were 350 participants. Every year that the participant number grows, it means that more and more of the community comes together to fight against cancer and raise money for the cause. Karl Koep pel, Relay for Life faculty advisor, said, “I am truly impressed by the continued dedication and hard work of our students advocating for such a worthy cause. Relay for Life is being held in the gym on April 20 at 6PM until April 21 at 6AM. The event is Disney themed, with a “Wish upon a Cure” logo. Some of the laps will be Disney themed, and will consist of Disney songs being played, Disney trivia, and much more. A few of the lap themes that are happening this year are Team theme, Disney couples, neon, heroes/villains, purple out, pajamas, and even an ice cream sundae lap. Be sure to bring your Disney costumes, your neon clothes, your purple clothes, your pajamas, and an ice cream topping. The Student Health Advisory Committee (SHAC) is also sponsoring a lap at 9PM. The Relay for Life committee has been working on planning the event since October, and has been doing some really great and productive fundraisers that help add to the overall awareness of the event. Each winter sport sponsored “purple-out” games, where people came dressed in purple and purple ribbons were handed out. They also held equipment races at these games. There was a Pizza Hut night, where Pizza Hut agreed to give the Relay fund a percentage of the profit from that night during dinner hours. During “Paint the Campus Purple” week, there were purple ribbons tied around light-poles and trees, purple baked goods sold, and many people dressed in outrageous amounts of purple. There was also a flag football tournament held on the turf field, and many teams competed. Each fundraising event has been a success, with high participation and money raised.

Looking for something NEW to do on campus? Why not write for the Nor’easter News?

Have your voice heard at the next GENERAL STAFF MEETING, TONIGHT (April 4th) at 7 PM in Marci 202!
UNE Art Exhibit Shows Creative Side of Faculty and Staff

BY JOCELYN KOLLER
Northeast Staff

The University of New England’s latest art display, “Another Part of Me,” ran from March 3 to April 3 at the Biddeford campus. The exhibit features multiple kinds of artwork by the UNE faculty that is not affiliated with the art department. These members of the UNE community have a passion outside of their workplace, which they pursue as means of a creative outlet.

Artwork includes paintings, photography, needlework, quilts, and jewelry. More than a dozen faculty and staff members are featured in the exhibit, including Garrett Edwards, Annmar Elmore, Michael Fillyaw, Benjamin Fogg, Patti Genest, Kim Hatch, Liz Hawu, Jeanne Innes, Suzie Johnson, Jessica Davis Knowlton, Lisa Lamberti, Katherine McCarthy, Rick Miller, Kathryn Ona, Kate Roy, Heather Saudler, and Georgette Sutton.

One UNE staff member who contributed was Georgette Sutton, who is the Lead Switchboard Operator and was interviewed by The Courier about her work. Sutton is an avid quilter, whose quilt “Log Cabin Heart” was on display. Sutton has been a part of UNE’s community since 1954, when the campus enrollment was only 300 students. She worked and volunteered for the college, but she has also been an avid quilter for over 25 years. Years ago, Sutton was invited to be featured on the Today Show following 9/11, when she created a quilt depicting images of the World Trade Center and Washington, D.C. Sutton, who is now 80 years old, was able to meet New York Mayor Rudy Giuliani through this experience.

Another faculty artist who was featured in the Courier article was Heather Saudler, an education professor whose photography was showcased in the exhibit. She says about the idea, “I appreciate this opportunity not only to show this side of myself, but to see the other side of my colleagues as well.” Saudler’s chosen works were two photographs, one titled “Dancing Tulips,” which was previously featured in another art exhibition in Augusta as well.

The idea for the faculty and staff exhibit originated in November of last year, when Diane Noble (UNE Campus Center Curator and Adjunct Art Professor) began to ask staff if they would be interested. Noble had heard rumors that UNE’s staff was very creative and talented, so she sent messages out about the idea for the show, and happily received a number of responses. Noble said, “I received art samples from around 17 different staff members. It was too much for me to feature so I had to decide what would stay in the exhibition. Next year there may be room for more artists.” Another faculty and staff exhibit seems to be on the horizon for next year. Saudler says that she hopes seeing the exhibit will convince more faculty and staff to participate next year, and to take note of how great the value of having a creative outlet is. Next year’s show is highly anticipated and there’s promise of it becoming an annual event.

UNE Security Blotter

3/1/2012
- Debit card found by student in snow outside Champlain Hall
- Criminal trespass and alcohol

3/2/2012
- Medial escort from Avila to Petts Health Center

3/4/2012
- Call to Siena Hall for

3/5/2012
- Drug-related incident

3/9/2012
- Suspicious phone calls

3/10/2012
- Avila fire drill

3/12/2012
- Found drugs and paraphernalia at the Kiosk

3/13/2012
- Security vehicle accident

3/15/2012
- Received an iPod from Student Affairs lost and found
Rotaract in the Dominican Republic: Release the Hero Within

BY RACHEL HARRIS
Northeast Staff

As college students we stress all the time about how we structure our lives. We set endless goals, time manage every minute of every day, and always worry about what we have to do next; it consumes our lives. And just when you think that you’ve got it all figured out, an opportunity comes your way and completely rearranges all your priorities.

After a year and a half of planning, weekly meetings, and multiple fundraisers, a group of ten students from the Rotaract club finally boarded a plane for the Dominican Republic for an alternative spring break trip. Our destination: Monte Cristi, a small coastal city close to the Haitian border. For months we thought we had our trip all figured out, and knew exactly what we were going to be doing while we were down there. But upon our arrival we were hit with the realization that the program we became a part of expanded far beyond our expectations.

Within the flourishing and colorful city of Monte Cristi is a program named Outreach360, started by one man who saw how much the Dominican needed outside support. The program was originally named Orphanage Outreach, and assisted an orphanage in a rural, country town. As the Orphanage Outreach volunteer program grew, more and more volunteer effort was expended on disadvantaged neighboring communities. The focus was on education—English, literacy, and community health. To more accurately represent their community efforts, Outreach began doing business as Outreach360 in 2011 because they now engage in every aspect of the town they are located in.

Throughout the world, children are born in disadvantaged neighborhoods. Basic opportunities, especially educational opportunities, are lacking. Because of this, children reach adulthood without the education necessary to be accepted to a good university, and without the vocational training necessary to obtain a skilled job. These children then have no job or a low-paying unskilled job, turn to crime or prostitution to survive, have more children, and the dead-end cycle continues. With this information in mind, Outreach360’s program vision is to have a transformed world in which every child is able to pursue a college degree or to be gainfully employed upon reaching adulthood, enabling them to live a life of choice. They’d like to see each child become an active citizen, committed to serving those less fortunate, and be an active friend of the environment.

Outreach360 adopts specific disadvantaged neighborhoods and staffs a Neighborhood Center. Volunteers for the program are housed at that center, and specialized educational resources are available for them to lesson plan and structure an educational day for the children of the community to serve.

We only needed one day to realize how important this program is to the people of the Dominican, and how they have made significant changes in the lives of the people they serve. Our first night we went to the town’s community park dedicated to a man who started an orphanage that was under the rule of a cruel and murderous dictator. We had just barely entered the park when we were surrounded with children who wouldn’t stop hugging us and just wanted to be played with. It was apparent that these kids were so thankful for what the program has given them. But even though there are new volunteers that come in every week, they were just as welcoming to all of us and wanted to spend as much time with us as possible. It was great, because we wanted to spend all our time with them.

Every day we worked at the Boys and Girls English Institute which is an out of school program, completely free, and open for anyone who wants to join. This is not a required part of their school, but many children sign up to take these classes because they are so eager to learn English and expand their knowledge so one day they can go to college. Children in the Dominican only go to school for half a day, very similar to how kindergarten works here in the US. So if they have normal school in the morning, they’ll go to the English Institute in the afternoon and vice versa.

I think I can speak for the rest of the group when I say that these children changed our lives with how much the community needed our help. The Dominican Republic is such a genuine, family-oriented country, and welcomed us wherever we went. There is such a sense of respect from the community for all the Outreach volunteers that Monte Cristi instantly felt like a home away from home for all of us.

This program shows how powerful social media can be. We were able to directly see where your donation money is going, whether it is used to continue to build new school buildings (which we saw while we were there) or saved up in order to make scholarships for graduating students who are going off to college.

Outreach360 is such a well organized program, and gives us all an experience we will never forget. The impact that the program and the Dominican people had on us was so profound that even before our trip was over we were already planning on when we could return to volunteer again. This trip was better than what we had ever expected, and has given us memories that will last a lifetime. I had a wonderful time and I owe it all to my group members: Jane Starke, Nick Durand, Sara Cash, Kristin Morris, Sam de Melim, Katie Day, Bryan L’Heureux, Amanda Braithwaite, Lauren Nickerson, and of course our advisor Donna Gaspar Jarvis!

Website of the Week

BY THE TECH GUY
Northeast Contributor

Hey UNE Students! Techguy here with another exciting edition speaking about those hidden gems on the Internet that all of you students should be taking your time studying and not spending hours on end trying to find...speaking of that was there anyone who lost hours of their life playing with StumbleUpon from one of the previous columns? I sure did and I am still trying to find where that time went.

This week I am going to get serious for a minute and talk about some of the dangers of privacy and social media. How many of you all have Facebook pages and Twitter accounts and aboutme pages and linkedin pages and dare I say it perhaps even a MySpace account that they put all different kinds of information about themselves on? I know that I have in the past put such things as my birthdates, where I am currently living, and even my email address. All of this information, while as innocent as it seems, can tell a lot about you to the outside world. What are you portraying about yourself? I know that we talk a lot about what kind of photos are out there and making sure that those do not reflect poorly upon yourself as so many employers are looking at the different social media forums to learn more about potential candidates. One thing that I tell people is to think when you are putting up that Facebook photo is, how would they feel if it was attached to their resume? I know that some of the photos that I have seen on Facebook do not accurately represent some people. I also have asked people to think, what would a grandparent think if he/she saw some of the photos in question?

Thinking about this I want to direct all of you to an intriguing website called youropenbook that you can find at www.youropenbook.org that searches people’s status updates on Facebook. Many people do their privacy settings and think they are all set with keeping certain information away from the outside world. But how many people post an update in an emotional state that later they regret? This site will actually search people’s updates and you can find out a lot of information on people. That’s right: people can see these statuses no matter what your privacy settings are.

Just a simple search for “Bidford” opened up an entire slew of comments and feedback. Everything from someone’s reaction to people’s fashions at the Bidford Wal-mart to a house that is for sale in Bidford to a whole lot of comments of people’s townies for the past few days. It would pretty be easy to start following people using their status updates and learn about people’s habits.

Reading though some of these searches is very eye opening as to just how many people do truly disclose everything and some things that the public did not need to know.

I challenge all of you out there to keep this in mind when you start updating your status updates because just think how easy it is for someone to find you and digest all of your information. So in closing the Tech Guy encourages all of you to use social media and use it to put out there and continue to use social media for the connections and for the general sharing of information that might not be as revealing. After all, social media is quickly becoming a staple to our culture as we know it and can be a great tool if it’s used correctly. Don’t ruin this.
**Kickin' It With Kristin**

**BY KRISTIN ROBERT**
Nor'easter Staff

Spring Break is sadly over and now we are on the home stretch. There are only six more weeks left for the year. I can believe how fast this year has gone by. Which leads me to something that I want to share with all of you, especially the underclassmen. I don't know how many of you know, but I am a Junior Med Bio/Pre Physicians Assistant Major, and to me it's very scary that I am going to be a senior next year.

Thinking back on my past three years here, there are so many things that I wish I had done that now I don't have the chance to do. I wish I had decided that I wanted to switch my major earlier, I wish I had studied abroad, I wish that I had gotten involved earlier. This third regret is quite possibly my biggest. I want to tell all of you about the road I took in terms of college and the demands we all face in daily activities, it's all on! Ever daily demands are called stressors. These demands we all face in any demand or pressure. These things you’re really passion about. Looking back, I realize this would have helped clear up some of those days where I didn't really enjoy myself or the school.

My sophomore year I branched out a little bit more. I made more friends, I was an Ori­entation Leader, got a work study job, and I participated in a lot more on campus events. I began to go to the comedians and must events held by ASU. Sure I each week, I still wasn't as involved as I wished I had been. This year, I took the initiative and joined two clubs that really interest me. I joined ROTARACT and Relay for Life. Both clubs offered things that I am truly interested in and so far I have enjoyed them immensely. I have met a lot of new people that maybe I wouldn't have otherwise and to me that means a lot. It's taking me three years, but I'm finally at the point I think I need to be in terms of how connected I am to the university.

One event that I love is Ketchin' up with Kate. If you haven't been yet, GO. Kate St. Peter is hilarious and won't disappoint you. She has guest "Stars" each week and really tries to get the audience involved. She is a HUGE fan of Ellen DeGeneres and is doing a great job at aspiring to be like her. This week she discussed bullying, which is a huge crisis effecting America right now. She has also interviewed the Chairs of the Relay for Life Committee. If you ap­proach her with something that you want to get out there she will do her best to reference it. Who knows, she may even invite you on her show as a guest. She also has a column called "Evia segment" co-hosted by Area Coordinator Karl Koppel. She gives away tons of prizes including the cov­eted Ketchin' up with Kate t-shirt. Kate is one of the newer events on campus and is one of several ways anyone can get involved. It doesn't matter if you are a first-year, sophomore, junior or senior: get involved. Because I trust me, these four years fly by.

**Student Health Corner**

**BY CHERRY BAKER**
Nor'easter Contributor

You are all now on the downward slide to the end of the school year....the pressure is on! Ever feel anxious? Ever have the blues? Do you get stressed out when the semester heats up? These are all normal reactions to the demands we all face in daily activities, it's time to look at them in a more detailed way.

Stress is the body's response to any demand or pressure. These daily demands are called stressors. Constant stressors can take a toll on mental and physical health. Anxiety is a normal reaction to stress. It helps you deal with tense situatuons, study harder for an exam, keep your focus while giving a speech, etc. But, if you can not shake your worries and concerns, or if these feelings make you avoid everyday life activities, you may have an anxiety disorder. Depression is very different from the occasional blues we all experience. Depression can inter­fere with the way you sleep, eat, feel about yourself, and how you live your life. Depression can run in families, have physical and emotional symptoms, and cannot be wished away. Most people with depression can't just pull themselves together. If you are experi­encing any of the above symp­toms, you have a few quick tips.

**Student Reflection Series: Decisions**

**BY COLIN LONGHURST**
Nor'easter Staff

Ah Biddeford, the city with a double digit crime rate and a single digit graduation rate (Kid­ding, I think) nestled right in the southern tip of the state where a marriage between cousins is only a geneic counseling session away (not kidding, unfortunately). If you're like me, which you may not be, the thought of spending more time in Biddeford than you have to probably leaves you looking up to the sky and asking: "Why me? God, why me?"

Now don't get me wrong, I love the friendly Biddeford Wal­Mart greeters and the drab skies of UNE, but when sophomore year rolled around, I knew I had to get out of here. Having re­cently returned from a semester abroad, I was asked to write this article to spark interest in UNE's study abroad programs. Being said, choosing to study abroad is a big decision and shouldn't be taken lightly. So in order to help with the decision, I'll ad­dress some concerns that students may have when deciding whether or not the Spanish study abroad program is for them:

Concern: I just love Thanksgiving so much; I don't want to spend it in a country that doesn't even celebrate it.

Answer: The average Ameri­can lives for 78 years, I don't think you'll regret spending 3-13 of your Thanksgivings abroad.

Concern: I can't get enough American girls/boys!

Answer: Gentlemen, what Spanish girls wear makes American college girls look like chaste nuns. Ladies, try tall, dark, hand­some, light-eyed and well dressed on for size. The men won't disap­point.

Concern: I can't speak any Spanish!

Answer: From 1836-1914, over 30 million people immi­grated to the United States. They couldn't speak English nor could they afford the latest version of Rosetta Stone, but that didn't stop them. Trust me, you'll pick up all the Spanish you'll need in just a few weeks.

Concern: What if I don't like the food?

Answer: Now I know every­one loves the weekly cycle of Decary's four different meals, but you really have nothing to worry about. Your Seniors (best mom) will prepare you homemade meals every single day you're there. But if you really hate it that much, don't worry because they have Burger King, McDonalds and Dominos right there in the city.

Concern: I've never traveled alone before; I don't know if I can do it.

Answer: Conveniently, you're blessed with being fully fluent in the world's most ubiqui­tous language, English! Don't worry, in most all of Europe it is a job requirement for people working at train stations or airports to be fluent in English, so you can do it!

Concern: I don't want to miss out on anything at UNE.

Answer: Ha! Like what cops busting parties, the Big Big Event, 'Bingo' nights? I mean there really isn't much to miss out on when it comes down to it. When you come back here, how's the conversation going to go:

"How was UNE last semes­ter, did I miss anything?"

"Did you ever! They have Reese's Puffs twice a month now instead of once!"

(As I said, missing out won't be an issue.)

Concern: What if I never want to come back to UNE after going to Spain?

Answer: This is the only real concern of going abroad, and unfortunately, I don't have an an­swer.

Regardless, I highly recom­mend studying abroad to any student who possibly can. Although some may like it more than oth­ers, nobody ever regrets it.

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According to Scrivs

I have been a member of the Nor'easter News for three years now, in addition to a full-time undergraduate student. I have written countless rants on pointless subjects. I usually have no trouble whatsoever coming up with things to discuss in my articles that most are able to relate to.

As I sat down with a pad and paper to brainstorm ideas for this week's edition of According to Scrivs, I thought to myself that I have inevitably hit the wall; the wall that I have finally run out of things to talk about. For those of you who know me, that doesn't seem remotely possible; which you are actually correct. Because just when I thought that my brain had completely run out of things to complain about, I looked over and saw that there was a letter from the wonderful people at the Financial Aid office.

What I am about to say will more than likely grant me an earful from some authoritative figure, but oh well, that's what happens when you give me the freedom to voice my opinion, and plus, part of being an American citizen is my right to complain. So I open the letter and read as it begins to inform me of the obvious fact that our school has spent a substantial amount of time and effort in the past few years to expand and add many wonderful amenities to the UNE community.

Then I get to the real purpose of the letter which reads something along the lines of "For all returning undergraduate students, beginning in the next fall semester, all students will be required to submit a $100 re-admission fee." Okay, so without scholarships or financial aid, it costs over $60,000 a year to attend this fine institution, and if I do remember correctly just a few weeks ago I got a letter in the mail informing me of a tuition increase for the upcoming year, as wherefore I wrote the friendly letter tried to sarcasitize the fact and state something along the lines of the fact that our schools annual cost is "well below" the national average. It is one thing to write and tell me that I have to take out more loans to pay for the ridiculously high tuition costs as it is, but I find it disrespective (for lack of a better word) to claim that our school rates are among the lower portion of further education institutions. What list is this from? But what really grinded my gears was the $100 re-admission fee.

First of all, I already got accepted into the university once and nowhere in the letter did it say that I had to "re-admit" to UNE, so calling the fee an admission fee doesn't make much sense. Furthermore, the letter also failed to tell me that this payment was being invested in. All I am saying is, if you're going to spend the time and money to send out thousands of e-mails and some letters to inform us students that we are being heckled for more money, at least tell us why.

Like I said at the beginning of this rant, I am sure I will get some beef for my questionable antics, but to be quite honest, this is something that really aggravates not just me, but many of my fellow peers, and I truly believe that someone should explain in further detail just what all the money I'm spending is going towards and why I need to suddenly pay a re-admission fee.

13 Things To Do When the Weather's Nice

BY STEVE SCRIVENER
Nor'aster Staff

This column is meant to provide other students with excuses why, reasons for, solutions to, et.的设计. For this issue, we are featuring 13 inexpensive things to do when it's nice outside. Knowing that everyone at UNE is on a tight budget and the weather is getting nicer with each passing day, this list should be very helpful. Spring fever has hit and you should get outside ASAP and start checking things off! Just don't skip class to do any of this; we're not completely done yet. If you'd like to have your top 13 heard, send your list to eic@norcesternews.com to be published. Enjoy!

1. Wear flip-flops.
2. Rollerblade.
3. Play wiffleball.
4. Go for an ice cream.
5. Showcase the guns.
6. Hit the beach.
7. Play frisbee and/or hopscotch.
8. Call up your buddy and go for a drive.
9. Listen to Kenny.
10. Eat fried dough and greasey pizza.
11. Clean your ear.
12. Walk your dog (or car).
13. Absorb the natural rays.

Ketchin' Up With Kate

I have learned through this experience thus far, I am also beyond excited about the tips and support I have received from my peers. When the show was first brought up as an idea, I thought about how I could continue to keep people interested week by week, and I have come to learn that people enjoy what I have to say when I am just being myself.

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First of all, I already got accepted into the university once and nowhere in the letter did it say that I had to "re-admit" to UNE, so calling the fee an admission fee doesn't make much sense. Furthermore, the letter also failed to tell me that this payment was being invested in. All I am saying is, if you're going to spend the time and money to send out thousands of e-mails and some letters to inform us students that we are being heckled for more money, at least tell us why.

Like I said at the beginning of this rant, I am sure I will get some beef for my questionable antics, but to be quite honest, this is something that really aggravates not just me, but many of my fellow peers, and I truly believe that someone should explain in further detail just what all the money I'm spending is going towards and why I need to suddenly pay a re-admission fee.

13 Things To Do When the Weather's Nice

BY STEVE SCRIVENER
Nor'aster Staff

This column is meant to provide other students with excuses why, reasons for, solutions to, et.的设计. For this issue, we are featuring 13 inexpensive things to do when it's nice outside. Knowing that everyone at UNE is on a tight budget and the weather is getting nicer with each passing day, this list should be very helpful. Spring fever has hit and you should get outside ASAP and start checking things off! Just don't skip class to do any of this; we're not completely done yet. If you'd like to have your top 13 heard, send your list to eic@norcesternews.com to be published. Enjoy!

1. Wear flip-flops.
2. Rollerblade.
3. Play wiffleball.
4. Go for an ice cream.
5. Showcase the guns.
6. Hit the beach.
7. Play frisbee and/or hopscotch.
8. Call up your buddy and go for a drive.
9. Listen to Kenny.
10. Eat fried dough and greasey pizza.
11. Clean your ear.
12. Walk your dog (or car).
13. Absorb the natural rays.

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Professors Say the Darndest Things

BY DANIELLE CROPLEY
Northeast Staff

"First cousins? Kinda creepy. Brothers and sisters? REALLY creepy."

"I am stuck in 60's hell."

"Grad students and single wide trailers were made for each other."

"Always be careful of people who say God has asked them to do something."

"Additionally, not everything needed to have cheese."

As students we spend hours upon hours in the classroom, listening to our professors lecture on about what we need to know. At any point during these hours have you thought to yourself that you just couldn't believe what came out of your professor's mouth? Often times do you find yourself wondering how exactly what they said was relevant to the lecture? If you said yes to at least one of these questions, it is likely that your professors say the darndest things and you should write these random and obscure gems down. By doing so, your anonymous professor quotations could appear in upcoming issues of the Nor'easter News. Don't pass up the chance to share something funny that your professor said; these things are priceless. If you would like to add a quote to this column, contact EIC, Danielle Cropley, at eic@northeasternms.com.

UNE Safe Space Training

The UNE Safe Space program is a type of training put on by Multicultural and Diversity Services to help students understand the challenges and experiences of LGBTQ+ people. The goal of this program is to increase the presence of allies (both faculty and student) in order to form an educational community that accepts all people, regardless of sexual orientation, gender identity/expression, or any other difference. After being trained through a series of self-reflective exercises, discussions, and interactive activities, the following individuals are to be identified as Safe Spaced trained, as signified by the Safe Space sign placed on their doors:

- Nick Adriance
- Harmony Bell
- Brianna Bierst
- Amanda Braithwaite
- Matthew Brown
- Vernon Chan
- Heather Coleman
- Kate Coller
- Danielle Cropley
- Miriah Dworskie
- Brendan Emanuel
- Perri Fine
- Constance Glynn
- Kyle Hong
- Elyse Johnson
- Jennifer Killmer
- Ryan Kibler
- Vesandra Kirby
- Erin Koehne
- Jocelyn Koller
- Evrika Kovace
- Rebecca Linder
- Joselle O'Brien
- Daniel O'Gorman
- Jessica Perkins
- Beatt Peterson
- Anthony Preissler
- Drew Ramsay
- Sarah Robiche
- Hillary Roten
- Michael Sarg
- Sara Shea
- Danielle Smerald
- Cassandra Smith
- Kayla Smith
- Kate St. Peter
- Howard Theberge
- Devon Thomson
- Ashley Tomaszew
- Kayla Triplov
- Mathijs van den Berg
- Jessica Woodworth
- Mariah Colby
- Sara Swett
- Alyssa Finke
- Katelyn Butler
- Cherry Baker
- Mary Sibley
- Barbara Shuman
- Sandra Green
- Shawn Krouth
- Amanda Eidor
- Jack Hadlitch

Don’t Panic!

So... you did not get the building/suite you wanted?
So... you did not get with the roommates you wanted?
You are on the waitlist?
Don’t Panic!

- Come to the Office of Residential Education and Housing in East Hall on Friday, April 6, 2012 from 9:00 a.m. to 4:30 p.m. and complete a Room Change Form.
- If your whole suite is looking at switching each one of your roommates must complete the form.
- If you are looking to get into a specific suite the Room Change Form needs to be signed by the roommates you want to live with.
- If you reach the facebook kind. They're cool.
- Hopefully you've found a little nugget of happiness to carry with you, not only for the rest of the semester, but for many years to come.
- Every day is a chance to learn something new and spread the words of UNE's fine educators. Just think of how the ridiculous things we say as students must stick with them even after we're done and gone!
Sports

Men's Lacrosse Heads into Midseason

BY DEANNA BAUMERT  
Nor'easter Staff

As the men's lacrosse team heads into the middle of the season, they are fighting to keep their record a winning one.

The Nor'easters were dealt their fourth loss of the season when they went up against Western Connecticut on March 24 in an away contest.

The Big Blue Turf This miscue on the Big Blue Turf.

The third period saw no goals being scored with one goal apiece. New England College Pilgrims senior midfielder Eleni Hatsis, and senior midfielder Chantale Lacroix, as well as junior defense Hannah Tavella, who scored three before the Pilgrims would answer in the first period, scoring two goals within two minutes of the second period to even the score up but Gillis made sure that Western Connecticut stayed on top by scoring all three of his team's second period goals.

The third period saw no goals and a total of three saves between both teams.

The final quarter started off with a pair of goals from the Colonials that put them five points above UNE. The Nor'easters tried to fight back but were only able to score in the last few minutes of the game. Junior Tyler Thomas made his 18th goal of the season with 2:34 left to play and senior Derek Arnold scored his first goal of the season with only nine seconds left in the game, bringing the end result to an 8-5 decision in the host's favor.

The Nor'easters did add to their wins in a conference match against Wentworth a few days later. UNE out shot the Leopards 35-20 to end with a game winning score of seven to Wentworth's three. Senior Nate Porter made eight saves total during his 66 minutes in the goal. Gross started the scoring again, this time with an unassisted goal that would end up being the only one scored for either team in the first period.

Wentworth's Steve Glover scored twice during the next period but the Leopards were unable to pull ahead thanks to Dylan Thomas' goal off an assist by senior Mike Pennacchio. The 2-2 tie stayed unbroken until the last few minutes of the third quarter when UNE first-year Shamus Higgins put in his first goal of the season followed shortly by a goal a piece from Pennacchio and Tyler Thomas.

The hosts remained at two points until the final period when they answered back to Nick Gross' two unassisted points with one of their own. By that time though, it was too late and Big Blue went home with the victory.

A conference match against Roger Williams and a non conference match against Colby were up next on the schedule for Big Blue. The team hopes to improve on its record as it heads into the home stretch with a home game against Nichols on April 7.

Women's Lacrosse Earns Seventh Win of the Season

BY ADRIENNE CHASE  
Nor'easter Staff

On March 27, the Nor'easters (6-2) matched up against the New England College Pilgrims (2-3) in a non-conference skirmish on the Big Blue Turf. This was the second game for UNE after coming back from their successful Florida trip over Spring Break, where they would pick up two victories versus Franklin Pierce and UMass Dartmouth.

In the first half of the game the Big Blue got off to a quick start, scoring two goals within the first four minutes of the game before the Pilgrims would answer with one of their own. By the end of the half UNE was cruising by the Pilgrims, leading the game nine to three. Leading goal scorer for the first half for the Nor'easters was sophomore attack Hannah Tavella, who scored three goals and would later add four more before the game closed out, bringing her season total to forty goals.

New England College senior midfielder Amanda Neumie scored two out of the three goals scored in the first half, and would finish off the game with four goals.

Both teams picked up their offensive attack in the second half yet it was Nor'easters who ended up on top winning the game 21 to 11. This was the Big Blue's fifth straight win bringing their season total to seven. Other key contributors to the Nor'easters victory were junior midfielder/attack Cara Cole, who had five goals and four assists on the afternoon, as well as first year midfielder Rachel Schwaner who added three goals, and first-year midfielder Nikki Smith with two goals.

Senior attack Jenna Barton and junior midfielder Emily Lodge rounded out the Nor'easter scoring with one goal apiece.

New England College goal scorers were first year attack Christine Belanger with four on the evening, as well as junior defense Meredith Merce, sophomore midfielder Eleni Hatsis, and senior midfielder Chantale Lacroix, who each contributed one goal to the Pilgrim total.

In UNE's first conference game this season they faced off against Curry College, which needed to be settled in overtime before the Nor'easters would pull out the 15 to 13 "W". Hannah Tavella would provide the offensive spark for the Nor'easters in the game with six goals and two assists on the night, including the game tying goal that would send the match into OT as well as the game winning goal. Other goal scorers for the Nor'easters were Senior midfielder Jesalyn Dvorak with three goals, Jenna Barton with three goals, Emily Lodge with one goal, Nicole Steed with one goal, and Nikki Smith with a goal. Curry's leading scorers were sophomore defense McBricky with five goals and sophomore midfielder Haley Carey with four goals and three assists.

After this week's performances, sophomore defense Johann Currier was recognized as Defensive Commonwealth Coast Conference of the week. Currier had nine caused turnovers as well as six ground balls after UNE's two wins versus UMass Dartmouth and Curry College.

The Big Blue will now look to continue their win streak with a handful of Commonwealth Coast Conference games in a row. It is expected they will be adding more wins during this time.
Early Upsets in March Madness

BY DEANNA BAUMERT
Nor'easter Staff

This year’s March Madness started off with a truly Wild Friday that saw upsets popping up left and right.

One of the biggest upsets of the second round happened in Omaha, Nebraska. Seeded 16th in the West, Norfolk State managed to out score #2 Mississippi State 70-68. This upset was a shocker for many, knocking the second ranked team out of the tournament.

Florida continued to build on its double digit lead throughout the second half, ending with an 84-50 win against the University of California, Los Angeles. Florida dominated the game from start to finish, keeping UCLA from scoring more than 40 points.

The Tuesday after spring break brought a conference opener against Gordon College, a double header thatUNE took both with a win and a loss against the Fighting Scots.

The first two rounds were played on March 10 with 7 teams competing for an intramural championship t-shirt. The top four teams in the tournament are determined by earning a seven point victory.

The Pond Hockey playoff tournament was played at MIF Ice Centre in Saco on Saturday March 10. “Leadership 2” led by Russ Simms and Ty Little took the championship in a 5-0 win over the #2 seed. The winning team consisted of Christian Brown, Luke Haggerty, and Matt Libman. The trophy was awarded to the winning team.

The Alien Tournament took place in Biddeford on April 7 from 5-8PM in The Student Fitness Center. Students can also co-sponsor Intramural Sports on Facebook, Twitter, or our website for more information. Recent news and updates can be found on the Barbara Hazard Field 2. Students should contact sfc@une.edu, intramurals@une.edu, or intramurals@une.edu for rules, sign-up documents or more information.

BY TRAVIS CARIGNAN
Nor'easter Staff

Indoor Soccer playoffs started on April 1, 2012 with 16 men’s teams competing for an intramural championship t-shirt. The top four teams in the tournament are determined by earning a seven point victory.

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Intramural Sports is co-sponsoring a Bodybuilding and Table Tennis Tournament with APB on April 7 from 5-8PM in The Hang and MP & R. Tournament winners will win a championship t-shirt. Free Food will be provided at the event.

Intramural Sports will also be co-sponsoring a few more events this semester with the Health & Wellness Education Department. They are trying to hold a tennis tournament at Clifford Park in Biddeford and the tentative date is April 21. Look for flyers around campus for more information. In addition, the group is also co-sponsoring 11 vs. 11 Soccer taking place April 23-26 on the Barbara Hazard Field 2. Students should contact sfc@une.edu, intramurals@une.edu, or intramurals@une.edu for more information.

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ARTS & ENTERTAINMENT

Detidre's Pick of the Issue:
Megan Grumbling Poetry Reading

BY DEIDRE DICKER
Nor'easter Staff

Clear your schedules for Wednesday, April 11 from 12:00 - 2:00 PM. Megan Grumbling will be sharing her poetry in a reading at the Bush Center Board Room on the Biddeford Campus, and the event promises to both be intriguing and to solve pizza.

You may recognize Megan Grumbling from the Writing Assistance Center, where she is a Writing Specialist. It is a lesser known fact among students that she doubles as a poet. The talk on April 11.

I had the opportunity to get inside information from the poet herself about what readings the may present. She described her three manuscripts she plans to draw from as "very different." Here are her descriptions of each.

"Boozer's Point" is a book-length portrait-in-verse of an old Maine cogan who lived across the pond near where I grew up in Wells. He was sort of your wonderful wise-ass Maine maverick-of-all-trades, and knew everything about the tides, woods, granite, junkyards, etc. of where I grew up, and I originally intended to write an oral history about him (have background in oral history, ethnography, and journalism) and the land of my hometown. We hung out once a week digging a well, walking in the woods, sneaking good white rocks out of somebody's back yard, etc. Soon I realized I had a strong connection with him, with what he knew, and with how he lived, and I knew that what I wrote would have to be verse, instead.

"Dwelling" is a collection based loosely around ideas of how we dwell — how we exist for example, inside a body, a neighborhood, an apartment, a relationship — and around the exhilarating awareness of dwelling, itself. It includes poems about vertigo, big poodles, graveyard encounters, and architectural thievery.

The third manuscript is the one I'm currently working on, and I've never read from it before, so this part will be a bit of an experiment! The collection draws on American history and documentary sources in narrative and lyrical poetry that explores the significance of gold in American culture and history. The inspiration is a quote about American culture (by the British novelist John Fowles): "America is, in a sense, the inability to think of gold metaphorically." So the book handles the concept of gold from various angles and styles.

So besides being an essay lifesaver, Megan Grumbling is a well-known, well-written poet who has background in oral history, anthropology, and architectural thievery. She is also a reviews editor for The Café Review, which is a poetry and arts journal, and also a poet's critic for The Portland Phoenix. The book circulating as a poem is what Megan "has held poetry workshops with cops, prisoners and Buddhists." So she has done it all.

For those of you who don't know Sparks the Rescue, you're going to want to be aware of their band, because they are awesome. (the same label as The All American Rejects and My Chemical Romance), and you're going to want to be aware of their music. Their current music is about life, love, and everything in between. If you're into bands that have been around for a while, you're going to want to be aware of Sparks the Rescue. Since forming they have played throughout multiple line-up changes (a main reason they are dropping from Fearless Records in late 2011). However, that doesn't mean this new STR doesn't have a few tricks up their sleeves and their music is great.

Local Music Expo: Sparks the Rescue

BY COURTNEY GOULET
Nor'easter Staff

Living only 30 minutes away from Portland, Maine, I had to have at least HEARD of Sparks the Rescue. But lucky me, I basically grew up with them.

For those of you who don't know who Sparks the Rescue are, I'll give you a bit of information on Maine's 'Best Kept Secret'. I have had the joy of listening to this 5 member Portland-based American Rock band since their formation in 2005. Since forming they have released two EP's and two albums. Their latest album, Worst Thing For All The Casual Mystics, was released through Fearless Records (the same label as The All American Rejects and My Chemical Romance), which is pretty big deal for those of us who remember seeing them playing small live shows based out of small bars and clubs. In a matter of 7 years, these boys formed a band and grew to fame; something their local fan base is incredibly proud of.

Sparks the Rescue is one of those bands who really knows how to put on a show. With lead singer Alex Roy throwing himself at, instruments, and other band members at the audience and swaying around the mic, he really knows how to get the crowd pumped and ready for more. Lead guitarist, Toby McAllister, is known for putting the music before the fame. Having met him at multiple occasions (including Conversion in the Maine Mall on a random weekend), he is also obvious he loves meeting and talking with fans. In his eyes, that's what the whole point of starting STR was about.

Unfortunately Roy and McAllister are the only remaining members of the original Sparks the Rescue. Since forming they have gone through multiple line-up changes (a main reason they were dropped from Fearless

Res Hall Recipe Wonders

BY DEIDRE DICKER
Nor'easter Staff

Let's face it. Ramen gets old. Even if it is only $0.18 a meal, it's now time to let your late room study snack evolve into something more lively. We want to give your old recipes some jazz and your pick-me-ups some pizzazz. So send us recipes that can be made in the residence hall, and all your Easy Mac-haunted classmates will thank you. Here are this issue's recipes, but feel free to improvise and experiment with the ingredients. Be sure to email us at noreaster.com to tell us what you think and send in more recipes. Bon appetit!

Thin Mint Trifles

Ingredients:
1 ½ oz Jello Instant Chocolate Fudge Pudding (Sugar-free if you want to be healthy)
1 Container of Cool Whip - Lite, thawed
1 box Thin Mint girl scout cookies
Fresh mint

Directions:
1. Make Jello according to the directions on the box. Let it set for about 10 minutes in the fridge. Place cookies in a zipper lock bag and crumble with a rolling pin.
2. In small glasses, layer heaping tablespoons of Jello, Cool Whip, and crushed Thin Mints. Top with a fresh mint sprig and whole cookie. Place in fridge until ready to serve.
3. Microwave 2 large bananas in 15 second increments until you can wrinkle them together. You want it to be a dipable consistency, not spreadable. Add a splash more milk if necessary.
4. Dip the banana chunks using a fork as a little chocolate-coating fork, dipping them into the melted chocolate. Place chocolate coated bananas on the pre-pared sheet and place in freezer until completely frozen (3-5 hours).
5. Remove frozen banana chunks from the sheet and store in a freezer container.

Ingredients:
2 large bananas
1/4 cup natural peanut but-ter
2 tbsp/1/4 cup milk of choice

Directions:
1. Line a cookie sheet with waxed paper or parchment. Slice bananas into coins about 1/2-3/4 inch thick. Spread a little dollop of peanut butter on top of each one. In a small bowl, combine the chocolate chips and milk (remember, less is more).
2. Microwave in 15 second increments until you can wrinkle them together. You want it to be a dipable consistency, not spreadable. Add a splash more milk if necessary.
3. Dip the banana chunks using a fork as a little chocolate-coating fork, dipping them into the melted chocolate.
4. Place chocolate coated bananas on the pre-pared sheet and place in freezer until completely frozen (3-5 hours).
5. Remove frozen banana chunks from the sheet and store in a freezer container.

*Taken directly from http://unonnomemblog.com/2011/05/11/summer-of-summer-and-a-new-video/
BY COURTNEY GOULET
Nor'aster Staff

This issue I’m going to be doing something a bit different. Rather than listen to one album by one single artist and give a review on it, I am going to introduce you, my fellow readers, to THE BEST IDEA EVER! Punk Goes... is a series developed by Fearless Records. The idea behind it is to take their signed artists (which are classified under the alternative rock/ punk genre) and record them performing various chart toppers. There have been multiple albums from Punk Goes... including Punk Goes Crunk (punk artists performing covers of rap or crunk tracks), Punk Goes Acoustic, and Punk Goes Pop. Each album of this nature features the different artists from cover their own spin on a song of whatever category. Depending on the musician or band, sometimes the cover they record is significantly under the original (HIGHLY recommend! The Devil Wears Prada’s rendition of Still Fly from Punk Goes Crunk). So here it is, my thoughts on the recent Punk Goes Crunk.

The first song we get to hear is Pierce the Veil performing Bring Me Just the Way You Are. I personally cannot stand Chris Mars, I find his voice whiny and annoying (sorry). But this song, especially performed by a great artist such as Pierce the Veil, was tolerable to my ears. The cover definitely had a more upbeat rhythm as well as some harmonies that I appreciate guitar parts. This is a prime example of what I mean when I say the cover is better than the original. The next track is Little Lion Man by Mumford and Sons performed by Tonight Alive. The fact. obvious difference is the fact Tonight Alive’s frontman is actually a female, so the song to start has a softer touch. That is until the drums and guitars kick in and bring the usually slow song to a fast pace.

Kat’s Percy’s Last Friday Night (TGIF) was covered by Woe, Is Me. Woe, Is Me is a very heavy/scream type band so I was very excited to see how they would make this song their own. As it turns out they turned Kat’s bouncy tongue-in-cheek pop hit into a mosh-pit ready hit. The guitars and drums explode and I am moved in your face along with the vocalist screaming. The band also took it upon themselves to change around a few lyrics to better fit them as a band (and being men rather than women they do not have to worry about lip-syncing by Taylor Swift). Following Woe, Is Me came The Ready Set with Wiz Khalia’s Roll Up. Unfortunately I was not that impressed with this song. I have been looking for a good fit to perform it since TRS and Wiz are on far different spectrums of the musical industry song wise. Sleeping With Sirens covered Got Your Name by For’Us and overall did a good job with it. Other than changing the tune to fit their guitar and drum parts, the lyrics weren’t changed around at all. I was a bit disappointed with this, SW5 should have made the lyrics their own, added some original lines and have fun with it.

As we can’t go without an Adele song for this album, so Go Radio did Rolling in the Deep. Sorry Adele fans, Go Radio’s version is way better. Their version stays true to the song, but changed the tone. Rather than somber with a touch of power in the chorus, Go Radio keeps it exciting and upbeat the entire track. The lead singer was also able to keep up with the vocals screaming. The band also took it upon themselves to change around a few lyrics to better fit them as a band (and being men rather than women they do not have to worry about lip-syncing by Taylor Swift). Following Go Radio comes For All Those Sleeping rendition of Taylor Swift’s You Belong With Me. Now, I know my roommate is going to kill me for saying this (sorry B-Dawg), but I don’t like this song by Taylor. I don’t know why, there’s just something about it I don’t like, although I do enjoy her as an artist. I found it much more enjoyable when performed by All Those Sleeping. There was a lot more edge to it which I enjoyed, but maybe the lead singer could have toned down on the screaming just a tad. Other than that, this song was great. Chuck! No Captain, Chuck performed Ke$ha’s We R Who We R. And I hated it. There was not a single thing I liked about it, and I normally really enjoy both Ke$ha as well as Chuck! No Captain, Chuck. But together they made a terrible mix. Thurs down for this track.

Following next on the album was A Skylit Drive with Eminem’s Love the Way You Lie. I did enjoy this track, it was a bit more edgy and had equal focuses between the vocals as well as the backing tracks. As far as I could tell, the lyrics were not altered just the tone of the song as a whole. Allstar Weekend performed the Adele song, ‘Rolling in the Deep’ which I hate. I mean the movie is PG-13, after all. Also, I wish the lyrics were not altered at all. I normally really enjoy both Adele and Nicki’s in the verses, but TDF made up for it in the chorus. Overall it is a good cover.

So that’s it everyone, I hope you enjoyed. And please give this album a listen, it’s well worth it!

Movie Review: The Hunger Games

BY IMMA RITTER
Nor'aster Staff

Finally, a young adult movie-crossover that delivers to all audiences! As a piece of entertainment, separate from Suzanne Collins’ trilogy, I have to say I was pleasantly surprised. Actually, even as a book-to-movie, Hollywood didn’t screw this one up.

If you have no clue what The Hunger Games is, I’ll fill you in, especially since the movie-condensed version of The Hunger Games gives little background of the real story. The Games take place in a society known as Panem, which is split into twelve districts. Many years before, the districts rebelled against the Capitol, the government of Panem, but failed. As punishment for the uprising, the Capitol invented the Hunger Games. This televised “game” is a fight to the death between twenty-four Tributes aged twelve to eighteen, whose names are chosen from a lottery; two contestants from each district: one boy, one girl.

Our story’s heroine, Katniss Everdeen (Jennifer Lawrence) volunteers to fight in the Hunger Games when her younger sister’s name is picked in the Reaping. When Katniss volunteers she seems to unleash more than just a struggle for her life (hints of what will come in the next movie), but also a possible rebellion, and what no movie would be complete without these days—a love triangle. Katniss’ lovers are the hunky Gale Hawthorne (Liam Hemsworth), the best friend, and Peeta Mellark (Josh Hutcherson), her fellow Hunger Game’s tribute.

I have to say, the hype that this movie has received is justified. There’s action, rebellion, fighting, love, death, plotting and strategy. Director Gary Ross did a great job developing the story closely to the books in the timeframe he had. While I doubt The Hunger Games will win any awards, the graphics and acting were phenomenal. Those who say that Jennifer Lawrence performance left her more weight to play the role should have their eyes checked. The way Lawrence portrayed Katniss was beyond words; she has the perfect balance of emotion and aggression, and makes empathy from the viewer. Peter Travers of Rolling Stone Magazine writes, “My advice is to keep your eyes on Lawrence, when the film turns into a victory by presenting a middle-class character from principle instead of hooking up with the cutest boy.” Her performance gave viewers a heroine to admire.

Other characters to look out for in the movie: Stanley Tucci, Donald Sutherland, and Woody Harrelson. All of whom encapsulate their characters extremely well and their personalities flourish onscreen. Whether they are providing comedic relief, creeping you out, or making you feel confident in your ability to kick some butt, they are quite entertaining.

Some parts of the movie that didn’t please didn’t include the underdevelopment of the other Tributes (especially Rue) and the relationship between Peeta and Katniss being a bit dry. I felt that Katniss’ feelings for Peeta were overshadowed by the possibility of Gale. I know that was how it was supposed to play out, but I expected it to be hotter. I mean the movie is PG-13, after all. Also, I wish the movie had established more of the back-story and information about District 13. One of the people I saw this movie with hadn’t read the books and kept asking me questions about the details of the rebellion, and why parents would just let their kids fight to death in a reality TV show—so if you haven’t read the books, you may find it slightly difficult to follow at some points.

Overall, I recommend seeing this movie and I highly suggest that you read the books. The hand-to-hand combat is exciting, and there is enough suspense and interest in the exposition to keep the viewer engaged. In addition, the actors and actresses do a wonderful job of portraying the characters. Fans can only hope that the next film in the Hunger Games series, Catching Fire, is as much of a success.

Beauty Tip: The Sock Bun

BY REBECCA LYON
Nor’aster Staff

It’s always been a mystery: how does one perfect the ballerina bun? Well...good news! Your answer is here and it’s called the Sock Bun. It’s the perfect go-to style for one of those lazy days when you’re late for class or work, or just want to look pretty and professional at the same time.

1. Take a sock and cut the toe off. I suggest choosing a sock that is a similar color to your hair so that your vibrant striped sock isn’t showing—unless you want that look.

2. Roll the sock until it looks like a donut.

3. Gather your hair into a ponytail on top of your head or lower on the back of your head depending what prefers.

4. Place your ponytail through the middle of your dough shaped sock and start rolling the edges under, inside out.

This fun tip taken from: http://www.threesidedsquare.com

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Then you should find out how to become an editor for the Nor’aster News

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The Nor'easter News is a student-run bi-weekly publication dedicated to providing news and information relevant to the UNE community. Editorialy independent of the university and its administrators, the Nor'easter News pursues such content freely and thoroughly, follow ing professional journalistic standards in writing and reporting. The Nor'easter News is committed to serving as an open forum for thoughtful and diverse discussion and debate on issues of interest to the UNE community.

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Opinion Question of the Issue:
How do you feel about the increase of tuition and fees for the 2012-2013 academic year?

Email responses to eic@noreasternews.com.

Bleak Futures

By Sharra Paquereau
Nor’Easter Staff

As I am sure you are aware, unless you live under a rock or are particularly skilled at dodging screens of any kind as well as human interactions, you have most likely heard or read about the latest dystopian novel, The Hunger Games. While the idea may seem rather simple and even a bit unoriginal, after all the Roman society partaking in similar behavior centuries ago, the novels have been massively popular with many different age groups. While the books are accessible and quick to read, last weekend I do not believe that the appeal lies solely in the quality of the storytelling, but rather in the content of the story.

Now, I am not talking about the "love triangle" or the violence, or even any solid aspect of the plot; I am talking about the setting of the tale. The bleak future, where the government is all-knowing and all-powerful, and where one repressed individual sets a rebellion in motion with one small act. This is all incredibly appealing to us. There have been a slew of films and books dealing with the possible future of the human race, ranging from nuclear wastelands to societies where individuality has been all but erased, where your thoughts are not even your own. We seem to eat up the idea of these terrible, horrifying futures, where none of the freedoms or rights that we currently enjoy exists. What exactly is it about a bleak future that is so much more interesting to us than a bright one?

I cannot imagine that a book series about a society that had risen above the problems of the present and discovered the secret to world peace would sell very well. We like our future seasoned with a healthy portion of darkness and just a sprinkle of hope, anything more than that and it becomes almost impossible to believe. It is much easier to buy into the idea of society becoming the worst it could be than the opposite.

However, I do not think it is simply a matter of what we are willing to believe, but also a matter of how we view the present. If the future, even a fictional one, is markedly better than the present that we live in, we have no choice but to feel disappointed with our situation. After all, if this imagined future is so wonderful then why are we stuck in this ordinary present? As crazy as it sounds I believe we would become jealous of the fiction, and as such would not want to read the book, see the movie, watch the television show, or have anything at all to do with it. On the other hand, give us an unpleasant or downright unsettling version of the future and we can take comfort in the fact that things in this mundane little world are not as bad as they could be. A glimpse of a futuristic society that is worse off than our own gives us something to feel good, almost superior, about.

Also, such fiction gives us a sense, however unrealistic, that we in the present may actually be able to prevent this future from occurring. We feel as though, now that this terrible vision has been presented to us in the realm of fiction, we can take steps to ensure that it does not become a reality.

But, perhaps the biggest reason that bleak futures have such mass appeal is not quite as complex as some grand idea that we can build a better future, but rather the simple fact that imagining the future is fun and creating a dark world is somehow more amusing and engaging than creating a bright shiny one. It may sound horrible, but there are many more ways for things to go wrong than for them to go right, and imagining goodness and equality for all quickly becomes boring. However, I don't think we will ever grow tired of reading about or watching things go wrong, whether it be in a book about the latest dystopian future or in the supermarket tabloids. So get used to the bleak futures depicted in fiction and as a culture, let's try to prevent them while enjoying the present.
Everyday Citizen:
The War on Religion

BY DANNY HUY
Nor'easter Staff

So how was your spring break? Mine was relaxing, elo­quent, and filled with secularism. On Saturday March 24, the biggest gathering of atheists, agnostics, and humanists took place at Washington D.C. As a humanist myself, I tagged along with a friend to listen to guest speakers and watch Christian fundamentalists spread hate to notable leaders like Richard Dawkins. It was an interesting trip, especially when they bashed Rick Santorum’s “war on religion.”

It is important to understand the status of the atheist. They are more common in college (hence the reason why Santorum prefer Christians to not go to college) and many were born Christians, which is the reason why they target Christians more than any other religion. They do not believe in violence or confrontation and let religious figures be, but will use their intelligence to defend themselves if preached to. If anything, this rally was to unite all atheists; they had no intentions of taking down churches or whatsoever.

So Christians really seem to hate atheists. As a humanist (Dann Huy is a Taoist) I agree with atheists and their views, but I do respect religion. Religion is culture. It is the foundation of egregious interactions between all people. It is the core development of humanities. But many Christians despise us secular folks mainly because we do not believe in a supreme being outside the human world. Here is a thought: Mind your business?

My philosophy for faith is to believe what you want to believe in. Believe that Jesus is the savior, or that Allah is the one true god. Believe that there is an afterlife, that there is karma. Believe that gay marriage is wrong and abortion is a horror story. Just don’t worry about what others believe in. We are all humans, and we all have different perspectives to the bigger questions, but let people as individuals make their own decisions. Atheists are treated as second-class citizens because some Christians see them more of a threat than Islam fundamentalists.

The epitome of atheists is that they are fascists and would kill anyone that is religious. People always bring up leaders that are atheists such as Kim Jong II, Pol Pot, Mao, Stalin, and Hitler. These leaders did not do these killings because of their religion, but because they were all fascists. But not every atheist out there is a fascist. These before said figures didn’t kill their people because of their religion, but because of fear and to spread fear. When you look to the past there are plenty of examples where religious leaders killed a substantial amount of people. Protestant and Catholics violated always erupted in England and can be seen even to this day. Some other examples of thousands of deaths resulting in fascist (not atheist) rule include:

- Christian Crusades = 9,000,000
- Hong Xinquann = 20,000,000
- Thirty Year’s War = 11,500,000
- French Religious Wars = 4,000,000
- Second Sundaese Civil War = 2,000,000
- Lebanon Civil War = 250,000

There are plenty of examples of countries that have a secular population that are doing just fine. Japan is 80% atheists (mostly Shinto and Buddhists which are considered humanists) and the Netherlands, along with Denmark, are nearly all atheists. There has been more violence in our generation that has to do with religion than secularism. 9/11, the Norwegian shooting, and the West India bombings are just some examples. Now, this was just an outline of the atheists debates. I could continue this in more detail in another issue pertaining to the famous Separation of Church and State debate, but that is for another time.

So my point is this: A secular government is not the end of the world. There is no “war on religion.” President Obama is not trying to destroy freedom of religion. Santorum needs to understand that he is causing this “war on religion” because not everyone in this country is Christian. If a woman desires her birth control, let her have her birth control. What is going on here might be more accurately called a “war for religion” specifically a “war for a Christian nation.” Atheists are not the cause of the supposed war and there are many myths about atheism. People should take the type to debunk such myths and get their religions straight.

There is a bigger question, but let people as individuals make their own decisions. We are all humans, and we all have different perspectives to the bigger questions, but let people as individuals make their own decisions. So how was your spring break? Mine was relaxing, eloquent, and filled with secularism.

“Everyday Citizen: The War on Religion” by Danny Huy

Voices in the Crowd:
What was the most exciting thing you did over spring break?

BY SHARRA PAQUEREAU
Nor'easter Staff

“I went costume shopping for the UNE Players production of Sus­eccia and the Musical.”
- Danielle Behn, Class of 2013

“I didn’t really do anything exciting. I just worked.”
- Andre Libbey, Class of 2014

“I went to the Dominican Republic and taught English to kids in Monte Cristi as an alternate spring break. It was an amazing experience!”
- Lauren Nickerson, Class of 2014
The Beach: A Universal Token of Enjoyment

BY ROYALE HARDENSTINE
Nor'easter Staff

The beach is one of the reasons that I chose to come to UNE. A campus with beach access? I'm in! At least it sounded good, not to knock UNE's beach, but it's only useful if an individual is here for the summer or for the first and last two weeks of school. Maybe I'm purely in love with the beach because I'm a marine biology major, but I can pretty much promise you that the only time I hated the beach was the first time my parents took me. That time I only extremely disliked it because I was around one year of age and thought that the sand shifting under my feet when I tried to walk was so not cool. From that point on despite the various "what if you be when you grow up" scenarios, I didn't care what I wanted to do but I still loved the beach.

There seems to be a fascination with beaches that is shared by nearly everyone. I know one person in particular that is not a fan because they don't understand what to do at the beach, and thinks that getting sand all over herself and possessions is kind of stupid. So I understand that maybe not everyone LOVES the beach, but most people at least kind of like it. If we were in a room and I was to ask for a show of hands of people who went to the beach for spring break, or knows someone who did, I would guess that at least half of the people would raise their hand. So what is so magical about the beach that draws people there and makes millions love it?

Let's think historically for a moment. In the olden times, where did the majority of societies begin? The answer is near some form of water, whether this came in the form of an ocean, river, or lake, the ability to trade normally goes along with living near some kind of water and water provided a food and drink source. Societies began near water, and let's be honest, the majority of people live somewhere near some form of water. I digress just to show that a love of water has always been a part of us. There is also just something interesting about the ocean in general because there is so little known about some elements of it. There's a great mystery that surrounds the ocean and there are some people that just always need to know more.

Also, there is just, in my opinion, something incredibly relaxing about the ocean. Personally I was disgustedly stressed the other night, and decided it was time to go for a walk. I bundled up at 9:30 at night and headed to the only place I know I would have room to think and feel better about the way my day was going. I left my house and walked out to the island, because it was low tide, and then walked half way to UNE. That was all I needed to relax and feel better about the day. Everyone has that one place they go to in order to unwind and think over things. The beach is one place that many find to be relaxing. I think that this is because the ocean has a rhythm, and it's the perfect white noise. There are tons of machines that try to drown out other sounds or are made to calm babies and all of them have an ocean setting, but none of them can match the real thing.

In the end, the conclusions you draw about the beach are your own, and if you don't enjoy sand, the idea that Jaws may come and consume you, or don't enjoy the fact that nearly every time you spend time at the beach you end up with a sunburn, you may want to look for another location to relax in. But for me and my marine biology occupied mind, the beach and ocean are the most wonderful places in the world. Almost everyone agrees. I even enjoy UNE's frigid beach, and find that despite our school having quite a chilly beach we are pretty lucky to have one at all. So next time you are feeling stressed, take a walk down to the beach and take some time to relax on the beach, even if you are not a big fan of the sand and surf, you might find it as beneficial as I do.

College Problems

BY DANIELLE CROPLEY
Nor'easter Staff

I have noticed, as I'm sure you all have, that the problems we face as college students are far from what we expect. College is supposed to be a time of learning, growth, and finding oneself. We are supposed to blossom into unique individuals who contribute something special to society and the environment we live in. However, we face problems that get in the way of all of this. These problems almost always stem from the way we put the inevitable off to the last minute. However, in the end, things aren't that bad.

Recently, it came to me that we all sort of go through our day having to make the same decisions about our lives. From the start of the day we must choose to hit the Snooze button once, twice, or seven times, to the end of the night when it's 11:30 and one has to decide if staying up to finish homework or scrambling to finish it before class tomorrow is a better option. Either way, it always comes down to one procrastination-driven decision after another, and none of us do anything to change that.

Now, I'm not saying we're all like this; I'm sure there are plenty of go-getters out there who don't put things (at least not everything) off until the last minute. But, for the rest of you who don't get the required hours of sleep and must make the daily decision of nap versus homework, I just want you to know that you aren't alone. In fact, there's a whole population of students (and internet junkies) that experience similar day-to-day conundrums, and in our laziness we should unite!

"This is not to say that our ways of procrastination are by any means helpful to our way of life, and I'm entirely certain that we would be better off if we actually did things on time. But, why should we change? This is really the only time in life when we sort of have a "get out of jail free" card on the clock and you only life young once, right? Maybe the real point behind this whole college experience "thing" is to get us to appreciate how valuable time is. Not every decision in our lives needs to revolve around what we have to or need to do next; sometimes it's just about saying "I'll deal with that later" and spending the day in sweatsuits just because you can.

Sure, some of us could probably devote a little less time to procrastinating and a little more time to actually getting things done, but let's not get into that just yet. The real point is, we all share similar college kid problems that tie us together when we're all at our wits end trying to figure out who we are as people, and where we intend to go from here. At the end of the day, it's these small moments that get us through and make the best anecdotes for our future children. Take every chance you get to go off and ignore the real world; you never know when this opportunity will be gone. These college problems aren't always problematic.
CAMPUS EVENTS & ANNOUNCEMENTS

GRE Study Group
Organized by the PSI Chi Honors Society

Because she was so ____, Abby rarely spoke in groups of people.

A. reticent
B. congenial
C. brusque
D. gregarious
E. surly

Having trouble answering this question?
Do you plan on taking the GRE General Test or Subject Test in Psychology, but are having trouble motivating yourself to study?

Well, we have great news for you! UNE’s PSI Chi chapter has formed a study group to help students tackle the GRE material.
We have a few GRE General Test and GRE Subject Test in Psychology books but we encourage students to bring their own. During the meeting times, you can not only study, but practice tests and share resources, but also exchange advice on successful study strategies.

This study group is open to ALL UNE students.

When: Every 2nd and 4th Thur. Time: 5:30-7:00 pm Where: Decary 222A
Spring semester meeting dates: Jan 26, Feb 9 & 23, March 8, April 12 & 26

If you have any questions contact the group leader Krystal Siebada at ksiebada@une.edu or the PSI Chi faculty advisor, Dr. Stieglitze-Balfour at jsieglit@une.edu.

Cardio Club Group Exercise Spring 2012 Schedule

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If you have any questions contact the group leader Krystal Siebada at ksiebada@une.edu or the PSI Chi faculty advisor, Dr. Stieglitze-Balfour at jsieglit@une.edu.

*Please check room schedule with your instructor(s) as locations do change. RBC = Racquetball Court MPR = Multi-Purpose Room

**Please note Water Polo will begin on February 17.
PHOTO HIGHLIGHTS

Photo of the Issue!

A gull just about to go into flight.

A gull just missed a winter wave in Maine waters.

What is it?

Last Week's "What is it" was a clooky.

A tropical sunset over the Bahamas over Spring Break.