

Year 2- A Year has gone by

Several issues in and a year gone by, as a current editor of *Akesis*, I wanted to take a moment and reach out to all of you. It was only a year ago when the three new editors embarked on our own personal journeys of narrative medicine, undertaking the helm of this ambitious, yet, precarious project, *Akesis*. *Akesis*, a word that comes from Greek Mythology and in its original form is *Aceso*, stands as a symbol for the goddess of healing and curing. It can also be noted that the goddess emphasized the process of curing, rather than the cure. A process that in many ways is the cornerstone, nay the foundation, behind narrative medicine. Our patients are simply more than their list of case histories, symptoms, and signs. They are human beings first, people molded by their experiences and culture. Hence, it has been the goal through this year to emphasize this theme in these past issues. The editors of *Akesis* invite you to submit to future issues and start your own journey through narrative medicine!

Thank you,

Nihit Mehta

Editor of *Akesis*