

Quarantine

A time of deep, involuntary introspection

A natural result of circumstance

Leading us into the limitless nooks of our mind

Unearthing the seeded thoughts

Which otherwise have been wantonly avoided

But kept by resilient synapses

Keeping our minds awake when we seek reprieve

Sheer avoidance does not forgo a subconscious fixation

Coming to term with these dwelling thoughts

An opportunity

Declutter

Forgive

*Grow*