Forgiveness, introspection, patience, love, reflection, strength.

Prescription to heal one's soul.

Listen to the world around you.

Appreciate every opportunity granted to you.

Lend a hand to those in need.

Unconditional love.

Let it pour out.

...And just keep swimming.

Healing is an art. It takes time. It takes practice. And it takes love." - Maya Pottia

Float above your worries.