The purpose of this case report was to document the utilization and outcomes of CBT along with traditional physical therapy for a medically complex patient diagnosed with end stage renal disease and multiple co-morbidities.

The patient demonstrated objective and subjective improvements in activity tolerance, trunk control and confidence during sitting and standing activities.

The patient’s plan of care was not completed and he was re-admitted to the hospital due to an exacerbation in his medical condition requiring a transtibial amputation (TTA) on his left lower extremity.

The patient reported a higher level of confidence and found the inclusion of CBT helpful.

It was unclear whether the addition of CBT or traditional PT interventions were the primary factor in the gains made.

CBT may be a helpful tool for the PT treating a medically complex patient.

The author acknowledges Kirsten Buchanan, PhD, PT, ATC for assistance with case report conceptualization and guidance and Teodoro Cirujales, PT, DPT, CEEAA, WCC, CKTP for supervision and assistance with the collection of data.

References